

USMS Long Distance All-Americans - Women (1)

Age Group	Name	Age	Time or Distance	Club	Event
19-24	Erin McCleave	19	0:33:17	INWM	3000 Postal
19-24	Sasha Taylor	21	1:10:01	INWM	6000 Postal
19-24	Bonnie Schwartz	24	2:58:51	METR	10-K
19-24	Emily Wang	24	5,075	NEM	1-Hour
19-24	Kelsey G Holmberg	21	1:12:14	OREG	5-K
19-24	Sarah Lepp	21	1:09.21.99	HOTS	2-Mile Cable
19-24	Glenna Asmus	24	22:25.3	ISF	1-Mile
19-24	Malaika Homo	24	1:09.27.16	Doc	5-K Postal
25-29	Miriam Carlson	26	0:36:01	MICH	3000 Postal
25-29	Miriam Carlson	26	1:13:16	MICH	6000 Postal
25-29	Anjuna M. Malley	26	3:14:32	CRUZ	10-K
25-29	Meghan Hast	27	5,275	METR	1-Hour
25-29	Liz Sullivan	29	0:41:05	NCMS	3-K
25-29	Gina Dhom	25	1:14:23	OREG	5-K
25-29	Tobie Smith	29	0:39:51	UNAT	2-Mile Cable
25-29	Miriam Carlson	26	20:09.8	MM	1-Mile
25-29	Miriam Carlson	26	1:09.27.42	Mich	5-K Postal
30-34	Nadine Day	33	0:34:23	IM	3000 Postal
30-34	Nadine Day	33	1:08:51	IM	6000 Postal
30-34	Michelle C. Deasy	31	2:32:52	TOC	10-K
30-34	Sara Quan	30	5,125	OREG	1-Hour
30-34	Heidi Williams	34	0:41:23	NCMS	3-K
30-34	Sara Quan	30	1:09:54	OREG	5-K
30-34	Karla Rees	30	2:58.32.60	Mountain Vw.	10-K Postal
30-34	Alexa Wesner	30	0:50:36	HOTS	2-Mile Cable
30-34	Nadine K. Day	32	19:50.5	IM	1-Mile
30-34	Nadine Day	33	1:04.24.99	IM	5-K Postal
35-39	Victoria Rian	37	0:38:38	ISF	3000 Postal
35-39	Marcia Cleveland	39	1:17:09	CONN	6000 Postal
35-39	Lauren Welting	37	2:26:24	TOC	10-K
35-39	Jill Gellatly	35	5,320	HOTS	1-Hour
35-39	Cyris R Sanders	39	1:10:42	LJCS	5-K
35-39	Victoria Rian	37	.35.50 Indy SwimFit		10-K Postal
35-39	Jill Gellatly	35	0:42:23	HOTS	2-Mile Cable
35-39	Jill Gellatly	35	19:58.0	HOTS	1-Mile
35-39	Lisa Hazen	39	1:06.59.18	Stanford	5-K Postal
40-44	Karlyn Pipes-Neilsen	41	0:33:19	SDSM	3000 Postal
40-44	Joni Young	42	1:25:25	OREG	6000 Postal
40-44	Heidi L. Christensen	44	2:27:03	DSSM	10-K
40-44	Karlyn Pipes-Neilsen	40	5,325	SDSM	1-Hour
40-44	Karlyn Pipes-Neilsen	41	0:38:17	SDSM	3-K
40-44	Joni D Young	42	1:22:00	OREG	5-K
40-44	Christine Pedersen	44	2:53.11.21	Indy SwimFit	10-K Postal

USMS Long Distance All-Americans - Women (2)

Age Group	Name	Age	Time or Distance	Club	Event
40-44	Sally Maddox	44	0:45:40	HOTS	2-Mile Cable
40-44	Christine Pedersen	44	24:05.4	ISF	1-Mile
40-44	Karlyn Pipes-Neilson	41	1:02.52.42	S.Diego	5-K Postal
45-49	Mary Sweat	46	0:37:40	OREG	3000 Postal
45-49	Mary Sweat	46	1:17:31	OREG	6000 Postal
45-49	Karen Einsidler	46	4,950	CONN	1-Hour
45-49	Luanne Beinke	49	0:43:10	IAMA	3-K
45-49	Mary Sweat	46	1:10:23	OREG	5-K
45-49	Mary Sweat	45	2:32.34.21	Oregon	10-K Postal
45-49	Elaine Fincham	47	0:50:44	SMM	2-Mile Cable
45-49	Joan Byrne	49	23:58.7	ISF	1-Mile
45-49	Mary Sweat	46	1:12.11.75	Oregon	5-K Postal
50-54	Danielle Ogier	51	0:36:34	UNAT	3000 Postal
50-54	Jill Wright	52	1:42:47	SAWS	6000 Postal
50-54	Marianne Brems	54	2:58:09	MELO	10-K
50-54	Danielle Ogier	50	4,930	UNAT	1-Hour
50-54	Danielle Ogier	50	0:43:02	UNAT	3-K
50-54	Jill M Wright	52	1:38:47	SAWS	5-K
50-54	Barbara Dunbar	54	2:26.41.84	San Diego	10-K Postal
50-54	Danielle Ogier	50	0:46:37	UNAT	2-Mile Cable
50-54	Danielle Ogier	50	21:58.2	UNAT	1-Mile
50-54	Barbara Dunbar	54	1:10.29.29	S.Diego	5-K Postal
55-59	Andrea Haines	55	0:43:10	DCM	3000 Postal
55-59	Katherine Watson	55	1:37:26	OJAI	6000 Postal
55-59	Sally Dillon	56	4,155	PNA	1-Hour
55-59	Kim Baxter	55	01:02.1	TGM	3-K
55-59	Sally A Dillion	56	1:33:56	PNA	5-K
55-59	Tam Jenkins	55	3:37.51.00	Oregon	10-K Postal
55-59	Linda Shoenberger	55	0:53:46	SNM	2-Mile Cable
55-59	Kirstin Beeler	56	29:48.4	ISF	1-Mile
55-59	Suzanne Dills	58	1:23.02.22	Inland NW	5-K Postal
60-64	Claire O'Brien	64	0:47:39	NEM	3000 Postal
60-64	Jennifer Parks	60	1:50:34	MICH	6000 Postal
60-64	Elaine Bromwich	60	4,170	SPM	1-Hour
60-64	Susan L Munn	64	1:39:22	DAM	5-K
60-64	Lille Thompson	61	1:29:23	HOTS	2-Mile Cable
60-64	Susan Meyers	61	30:02.2	ISF	1-Mile
60-64	Sarah Kopsky	61	1:27.08.00	Tulsa Mast.	5-K Postal
65-69	Susan Munn	65	0:45:42	DAM	3000 Postal
65-69	Betsy Jordan	66	1:41:45	SDSM	6000 Postal
65-69	Ronnie Kamphausen	68	3,755	CONN	1-Hour
65-69	Adrienne Pipes	69	1:00:57	SDSM	3-K

USMS Long Distance All-Americans - Women (3)

Age Group	Name	Age	Time or Distance	Club	Event
65-69	Betsy T Jordan	66	1:38:59	SDSM	5-K
65-69	Betsy Jordan	66	1:01:54	SDSM	2-Mile Cable
65-69	Betsy Jordan	66	29:32.2	SDSM	1-Mile
65-69	Betsy Jordan	66	1:34.27.09	S.Diego	5-K Postal
70-74	Joan Campbell	73	0:57:41	CATM	3000 Postal
70-74	Nancy Durstein	73	2:14:38	CATM	6000 Postal
70-74	Lavelle Stoinoff	70	3,960	MACO	1-Hour
70-74	Joyce E Bahler	73	2:31:56	MACO	5-K
70-74	Nancy Durstein	73	2:00.43.56	Clearwater Aq.	5-K Postal
75-79	Lois Kivi Nochman	78	1:03:13	MICH	3000 Postal
75-79	Suzanne Graham	76	3,015	CONN	1-Hour
75-79	Lois Kivi Nochman	78	42:35.9	MM	1-Mile
80-84	Rita Simonton	85	0:59:48	GWSC	3000 Postal
80-84	Bunny Cederlund	81	2,755	SPCO	1-Hour
80-84	Marion Chadwick	81	01:00.0	PNA	1-Mile
85-89	Kay Schimpf	85	2,240	FMM	1-Hour