



SWIM-MASTER

VOL XI - No 1

USA NATIONAL PUBLICATION FOR MASTERS SWIMMERS

JANUARY 1982

a new beginning... happy 1982

1982

UNITED STATES MASTERS SWIMMING, INC.

TECHNICAL RULES AND CODE OF REGULATIONS

DEFINITIONS

Association—a group of athletic clubs in a certain geographic area which has been recognized as an affiliated subsidiary member of USMS (Appendix D).

Club—any organization or group of permanent character that actively promotes and/or participates in sports or games.

District—the geographic territory of an Association.

Zone—a geographical section and includes all Associations within that area. There are four zones (See 106.15 of this Code).

Region—the 60 LMSCs are divided into 15 regions (See 106.14 of this Code).

—Local Swimming Committee: a division of United States Swimming, Inc., with supervisory responsibilities within the geographic territory of an Association.

LMSC—Local Masters Swimming Committee; a division of United States Masters Swimming, Inc., with supervisory responsibilities within the geographic territory of an Association.

LDMSC—Long Distance Masters Swimming Committee, the Masters section of the Long Distance Committee of USS.

USMS—United States Masters Swimming, Inc., the entire national organization.

USS—United States Swimming, Inc., the entire national organization.

FINA—Federation Internationale de Natation Amateur, the world governing body for swimming, diving, water polo and synchronized swimming.

Registration—refers to the registration of an individual member of the Corporation deemed eligible for competition in Masters swimming (25 years of age and older).

Sanction—the written approval of an LMSC to authorize registered Masters swimmers to participate in a specific competition, demonstration, clinic, exhibition or Swim-A-Thon.

International Competition—competition in which all competitors and/or teams represent their countries, not clubs or other organizations (not permitted in Masters swimming).

1. OBJECTIVES OF UNITED STATES MASTERS SWIMMING PROGRAMS

- (A) To offer the opportunity to continue conditioning or reinstitute conditioning in those 25 years of age and over who were formerly athletes or swimming enthusiasts.
- (B) To encourage and promote physical fitness and improvements in health in those older individuals not previously involved in competitive or recreational programs.
- (C) To offer encouragement to individuals, clubs, organizations, and communities in the organizing and conducting of life-long physical, recreational, and competitive masters programs.
- (D) To enhance fellowship amongst participants in masters programs.
- (E) To stimulate interest in masters programs at all levels of involvement — physical educators, clubs, organizations, recreation directors, communities medical societies, and higher educational institutions.
- (F) To stimulate research in the physiology and psychology of masters participation at basic and clinical research levels, and further to investigate the benefits of continued exercise programs on aging pro-

cesses, cardiopulmonary involvement, orthopedic problems, and other preventable debilitating processes.

II. GOALS OF UNITED STATES MASTERS SWIMMING PROGRAMS

- (A) To outline safe masters programs in swimming for individuals 25 years of age or over, taking cognizance of previous swimming prowess or participation, non-participation, gradual programming, physical condition, and "medical wellness" proposed participants.
- (B) To propose proper swim training for older age groups.
- (C) To consider programs which will provide goals towards which older participants can work, and motivation for continuing exercise regimens in spite of the inconveniences and the stresses of adult life.
- (D) To set up proper age and ability groupings in the establishment of masters swimming programs, with well-planned balancing of events, and limitation of duration and stresses of competitive programs with relation to these factors.
- (E) To promote adequate medical examination, and certification of participants for masters programs, and suggest minimal requirements (standardized otherwise).
- (F) To seek assistance for research programs in the medical aspects of masters programs, and coordinate, if possible, present programs in these areas.

III. CODE OF REGULATIONS OF THE UNITED STATES MASTERS SWIMMING COMMITTEE

(A) Membership

- (1) The membership of the United States Masters Swimming Committee, hereinafter sometimes referred to as the Corporation, shall consist of two classes: group members and individual members.
- (2) Group members are swimming clubs with master swimmers, and any other organizations interested in masters swimming. Every swimming club which competes in masters swimming competition sponsored by the Corporation shall be members of the respective Local Masters Swimming Committee (LMSC) and/or the Corporation.
- (3) Individual members are those individuals who register with the Corporation.
- (4) All members of the Board of Governors and Board of Directors, and all members of any committee of the Corporation must hold an individual membership in the Corporation.

(B) Board of Governors

- (1) The Board of Governors of the Corporation shall consist of the following
 - (a) Each LMSC is entitled to one member; and if the LMSC has a registration of over 300 athletes in masters swimming it is entitled to one additional member, and if over 1,000, a third member.
 - (b) All members of the Rules Committee and the chairman of any other committee appointed by the President shall be be at-large members if not already members.
 - (c) The President of the Corporation shall be empowered to appoint up to ten percent of the total membership as at-large members of the Board of Governors.
 - (d) All members of the Board of Governors shall remain until their successors are selected, except that membership may be terminated by resignation filed with the Secretary.
- (2) The powers of the Board of Governors shall be as follows
 - (a) To admit to group membership or individual membership any organization or person eligible under this code and who applies.
 - (b) To prescribe and amend the code for the government of the

Corporation.

- (c) To impose and enforce penalties for any violation of the code of the Corporation.
- (d) To call regular and special meetings of the Corporation and to fix the time and place for holding all meetings not fixed by this code.
- (e) To collect the dues and/or funds of the Corporation and to expend the same.
- (f) To institute, locate, conduct and manage all national championships.
- (g) To explain, define, and interpret any provisions of this code or other rules of the Corporation, including the rules of competition.

(C) Meetings of the Board of Governors

- (1) The annual meeting of the Board of Governors shall be held at such time and place, within or without the State of Ohio, as may be fixed in the notice of such meeting
- (2) Special meetings of the Board of Governors may be held at any time, pursuant to a resolution of either the Board of Directors or the Board of Governors.
- (3) A written notice of all annual and special meetings of the Board of Governors, stating the time, place and preliminary agenda, shall be given to each member of the Board of Governors by mailing the same to each member's last known address at least three (3) weeks prior to the meeting date.
- (4) Each member of the Board of Governors shall have one vote on each matter submitted to the Board of Governors of the Corporation for his vote, consent, waiver, release or other action. There shall be no voting by proxy.
- (5) A quorum shall consist of those members of the Board of Governors present and voting.

(D) Officers

- (1) The elected officers of the Corporation shall be a President, a Vice-President, a Secretary and a Treasurer. No person may concurrently hold more than one of such offices.
- (2) All officers of the Corporation shall be elected by the members of the Board of Governors at annual meetings held in odd numbered years. Elected officers shall hold office for two years, or until their successors are elected and qualified.
- (3) Vacancies in any office of the Corporation may be filled for the expired term by the Board of Directors at any meeting of the Board of Directors.
- (4) The duties of the officers shall be as follows
 - (a) The President orders meetings of the Corporation as provided in the Code and presides at all meetings of the Corporation. He has the right to exercise all the duties pertaining to this office in accordance with the Code. He is an ex-officio member of all committees.
 - (b) The Vice-President has duties as assigned to him by the President and has all the powers and performs the duties of the President if he is unable or incapable of performing such duties.
 - (c) The Secretary shall make proper arrangements for
 - (i) Keeping the records of the Corporation and the Board of Governors.
 - (ii) Conducting all official correspondence of the Corporation.
 - (iii) Issuing all official notices of all meetings of the Board of Governors and Board of Directors.
 - (iv) Shall serve as Secretary of the Board of Governors and the Board of Directors.
 - (d) The Treasurer shall
 - (i) Receive all moneys of the Corporation and deposit same to accounts in the name of the Corporation.
 - (ii) Pay all bills approved by a duly authorized officer or by the Board of Governors, provided same is within the authorized current budget of the Corporation.
 - (iii) Turn over to the Finance Committee or Board of Governors when requested all money, accounts, books, papers, vouchers and records pertaining to his office for audit or other purposes.
 - (iv) Prepare an annual financial report to be presented to the Board of Governors at the annual meeting.
 - (v) Receive monthly moneys and statements.

(E) Board of Directors

- (1) The Board of Directors of this Corporation shall consist of
 - (a) The President, the Vice-President, the Secretary and the Treasurer.
 - (b) One representative from each Zone.
 - (c) Past Presidents not already on the Board.
 - (d) The Chairman of the following committees: Historian, Membership/Registration, Medicine, Rules, Records, Tabulation, Legislation, Planning, International Masters Swimming, Long Distance Swimming and Championship.
 - (e) The Legal advisor.
 - (f) An ex-officio member from U.S. Swimming.
- (2) Directors shall be elected or appointed for a two year term.
- (3) The Board of Directors of the Corporation shall at all times be composed of individuals at least 80% of whom are at the time of their election active masters swimmers in the United States.
- (4) Any vacancies that may occur on the Board of Directors caused by death, resignation or otherwise, shall be filled by a majority vote of the remaining members thereof, from among the members of the Board of Governors for the unexpired term.
- (5) The Board of Directors shall have the authority to act for the Corporation between meetings of the Board of Governors.
- (6) Meetings of the Board of Directors shall be held at any time or place, within or without the State of Ohio, pursuant to resolution of the Board of Directors or to a call signed by the President or any three Directors. Two (2) weeks written notice of such meeting shall be given to each Director. Notice of any meeting may be waived in writing either before or after such meeting. Special matters may be voted upon by the Board of Directors by mail, but no action can thus be taken without the endorsement of a majority of all Directors.
- (7) The presence of a majority of the Directors shall constitute a quorum at any meeting of the Board of Directors.
- (8) Each member of the Board of Directors shall have one vote with the exception of the Past Presidents. The immediate Past President shall have one vote and all other Past Presidents shall be ex-officio members. Ex-officio members shall have voice but no vote.
- (9) The election of Zone members to the Board of Directors shall be based upon the zones in which the proposed Directors maintain his or her legal residency.
- (10) Members of the Board of Governors of each LMSC (with one vote per LMSC) in each zone shall meet at the annual meeting for the purpose of electing one member of the Board of Directors from each zone.

(F) Committees

- (1) The Finance Committee shall consist of the Treasurer, who shall serve as chairman, and three (3) members appointed by the President for two-year terms. With the approval of the Board of Governors and under the supervision of the Board of Directors, the Finance Committee shall prepare the annual budget, invest assets of the Corporation and seek sources of revenue.
- (2) The Sports Medicine Committee shall consist of the chairman appointed by the President for a two-year term, and others who can stimulate research in the physiology and psychology of masters participation at basic and clinical research levels, and further to investigate the benefits of continued exercise programs on aging processes, cardiopulmonary involvement, orthopedic problems, and other preventable debilitating processes.
- (3) The Rules Committee chairman shall be appointed by the President for a two-year term. The chairman shall choose from the Board of Governors 10 members with at least 2 members from each Zone. The Rules Committee considers and recommends for adoption, adoption as amended, or rejection to the Board of Governors all rule proposals submitted by members of the national masters swimming committee and local masters swimming committees. A proposed amendment to a sports rule may not be adopted unless it is first submitted to the Rules Committee in writing and in the proper form by the deadline established by the chairman of the Rules Committee. Any rule proposals not submitted in this way must be passed by a two-thirds vote of the Board of Governors at the annual meeting.
- (4) The Records Committee shall consist of the chairman, appointed by the President for a two-year term, and as many members as necessary to carry out the duties of the committee appointed by

the Chairman. The duties of this committee are to establish a standardized process of recording and verifying times. Records shall be kept in the following categories.

- (a) American USMS Records
- (b) Open USMS Records
- (c) USMS National Championship Meet Records

- (5) The Tabulation committee shall consist of the chairman, appointed by the President for a two year-term, and as many members as necessary to carry out the duties of the committees appointed by the chairmen. The ten best times in each event shall be published annually.
- (6) The Championship Committee shall consist of the chairman, appointed by the President for a two-year term, and one member from each of the four zones, a representative of the Sports Medicine Committee, and any other members the chairman shall deem necessary to carry out the work of the committee. Duties of the committee include receiving bid proposals for national championships, coordinating the date and site with other national swimming championships, and reviewing the bids and making recommendations for the award to the Board of Directors. In addition the Championship Committee shall serve in an advisory capacity to the winners of the bids for each championship and shall endeavor to maintain a consistent approach to the running of all national championships, including the production of pre-meet and post-meet literature and results.
- (7) The Nominating Committee shall consist of the four elected zone representatives with the chairman being selected from among the members for two year terms on a rotating basis. They will a) canvas qualified and interested persons, b) present a slate at least one month before the Annual Meeting. Additional nominees will be accepted at the Annual Meeting upon nomination of a person by two (2) delegates to the Board of Governors and with the written consent of the nominee(s).
- (8) The Membership/Registration committee shall consist of the chairman appointed by the President for a two year term and one member from each of the four zones. Duties of the committee include preparing regulations and fees for Membership and Registration to present to the Board of Governors.
- (9) The Legislation Committee shall consist of the chairman, appointed by the president for a two-year term. The chairman shall choose from the Board of Governors 10 members, with at least 2 members from each zone. The Legislation Committee may initiate and shall consider proposed amendments to all parts of the Code except those relating to Section V, Masters Swimming Rules, and shall present them to the annual meeting of the Board of Governors with recommendations.
- (10) The Planning Committee shall consist of the chairman, appointed by the president for a two-year term, one member from each of the zones, and the other members as may be appropriate. The committee will prepare and revise as appropriate a long range plan including short and long range objectives dealing with the vitality and quality of the organization, meet promotion, sponsorship and other concerns of interest to Masters Swimming. Such a plan would include guidelines and/or criteria that would be used in improving the administrative organization, organizing and conducting national and regional meets soliciting, administering and evaluating the sources and uses of extramural support, and other appropriate matters.
- (11) The International Swimming Committee shall consist of the Chairman, appointed by the president for a two-year term, and other members as may be appropriate. The committee will encourage, promote and coordinate Masters swimming on an international basis.
- (12) The Long Distance Masters Swimming Committee shall consist of the Masters Section of the Long Distance Swimming Committee of USS. The chairman of the Masters Section shall be appointed by the president.
- (13) The President may establish any other committees which are deemed necessary to carry out the duties of the President.

(G) Financial

- (1) The Corporation shall have a fiscal period for tax and accounting purposes commencing on the first day of January in each year.
- (2) The Treasurer shall prepare annual financial reports showing the income and disbursements of the Corporation which shall be similar to those reports required of nonprofit organizations by

section 6056 of the Internal Revenue Code of 1954 (or corresponding provision of any subsequent tax laws). Such annual financial reports shall be made available for inspection by members of the general public at the Corporation's principal office on request made within 180 days after notice of its availability.

- (3) Fees shall be as established by the Board of Governors.

(H) Indemnification

- (1) Each person who is or was a director, officer, or employee of the Corporation (including the heirs, executors, administrators, or estate of such person) shall be indemnified by the Corporation to the full extent permitted by the Nonprofit Corporation Law of the State of Ohio against any liability cost or expense incurred by him in his capacity as director, officer, or employee, or arising out of his status as a director, officer or employee (including serving at the request of the Corporation as a director, trustee, officer, employee or agent of another corporation).
- (2) The Corporation may maintain insurance, at its expense, to protect itself and any such person against any such liability, cost or expense. For the purpose of the Article X, references to "the Corporation" include all constituents absorbed in a consolidation or merger as well as the resulting or surviving corporation.

(I) Dissolution

- (1) If deemed advisable by the members, the Corporation may be dissolved pursuant to the applicable provision of the Corporation laws of the State of Ohio.
- (2) Upon the dissolution of the Corporation, the Board of Directors shall, after paying or making provision for the payment of all the liabilities of the Corporation, dispose of all the assets of the Corporation exclusively for the purposes of the Corporation or to such organization or organizations organized and operated exclusively for charitable, educational, religious, literary or scientific purposes as shall at Section 501(c)(3) of the Internal Revenue Code of 1954 (or the corresponding provision of any future United States Internal Revenue Law).

(J) Appeals

- (1) Review Section - The Review Section of United States Masters Swimming shall consist of the following
 - (a) Registration chairman and each zone chairman
- (2) Procedure - The Review Section shall follow the rules of due process as defined in the United States Swimming Code (Appendix E) and its actions shall be binding.
- (3) Appeal from Review Section - The appeal may be made to the Board of Directors of USMS.

(K) Amendments

- (1) These regulations may be altered, amended, or repealed and new regulations may be adopted only at the Annual Meeting of the Board of Governors, provided such notice of any proposed change is given at least fifteen (15) days prior to such meeting, by the affirmative vote of a majority of the Board members present and voting. A two-thirds vote shall be necessary if the regulation was not submitted in this way.
- (2) An amendment may be proposed only by a local Masters Swimming Committee, a duly constituted committee or the Board of Directors. All proposed amendments to Rules for Masters Swimming (Part V) shall be considered by the Rules Committee for report and recommendation to the Board of Governors, and all other proposed amendments to the Code shall be considered by the Legislation Committee for report and recommendation to the Board of Governors, in such form as to show the entire section as it will read if adopted, with any changes in language underlined if new and lined out if deleted.
- (3) All proposed amendments to the Code other than Part V (Rules for Masters Swimming) shall be submitted to the chairman of the Legislation Committee not less than 75 days prior to the first day of the annual meeting of the Board of Governors.
- (4) All proposed amendments to Part V shall be submitted to the Rules Chairman not less than 90 days prior to the first day of the annual meeting of the Board of Governors.
- (5) A proposed amendment may be modified in any manner by the Board of Governors while under consideration, but such modification must be germane to the subject matter of the proposed amendment.
- (6) All proposed amendments to the United States Masters Swimming Code of Regulations and Rules for Masters Swimming shall be published and mailed to all members of the Board of Gover-

nors not less than one month prior to the annual meeting of the Board of Governors.

- (7) A majority of the members of the Board of Governors present at a legal meeting can alter, amend, or repeal the technical rules for Masters Swimming in Section V.
- (8) All amendments approved as prescribed shall become effective on January 1 of the year following their adoption unless otherwise specified at time of adoption.

IV. ATHLETES AND ATHLETIC EVENTS

Refer to Appendix D for LMSC Territories and registration numbers.

- (A) **Membership of athletes**—all swimmers competing in events sanctioned by Masters swimming must be registered.
 - (1) Athlete registration is for a calendar year period. Swimmers applying for registration on or after Nov. 1 will be issued a registration card valid through Dec. 31 of the following year.
 - (2) Athlete registration forms may be obtained from the registration chairman of the LMSC. The form, fully completed, shall be submitted with the applicable fee to the registration chairman of the LMSC, who shall issue a registration card.
 - (3) The annual registration fee is composed of the following elements
 - (a) A national fee established by the Board of Directors or the Board of Governors.
 - (b) A local fee established by the LMSC.
- (B) **Sanctions**—All Masters Swimming competition must be sanctioned by the LMSC within whose territorial limits the event is held.
 - (1) **Requirements**
 - (a) No sanction of any event will be granted with the word "Olympic", or any derivative thereof, is used in any manner in connection with said event unless consent is obtained from USS.
 - (b) All sanctions must be signed by the LMSC's registration chairman or his designee, and a record thereof must be retained in a book kept for such purpose.
 - (c) The following clause will appear on all sanction application forms and on all forms upon which official sanctions are granted: "The undersigned agrees to hold United States Masters Swimming and the Local Masters Swimming Committee free and harmless from any and all damages, claims, demands and legal action arising by reason of injury to anyone during the conduct of the event, including all attorney fees and court costs."
 - (d) Application for sanctions must be accompanied by a copy of the entry blank and applicable fee.
 - (e) The sanction fee shall be as established by the LMSC.
 - (f) No further sanction will be given to any organization which has failed to conduct said meet as stated on the entry blank.
 - (2) **Conditions**—All sanctioned events are subject to the following conditions
 - (1) No swimmer's entry will be accepted unless he is registered.
 - (2) The registration number of each swimmer must accompany the entry blank and his affiliation must be displayed after his name on the heat sheet or in the program.
 - (3) Entry blanks and programs must bear the statement: "Held under the sanction of United States Masters Swimming, Inc.", and include an appropriate address for the LMSC.
 - (3) **Competition Outside the United States**
 - (1) A current USMS registration card shall serve as a valid travel permit.
 - (2) Any competitor touring in a foreign country may also obtain from the national Masters Swimming registration chairman or his designee, a written authoritative permission to compete in such country.
 - (4) **Representation**
 - (1) In order for a swimmer to compete as a representative of a club or other organization, that organization must be a member in good standing of the LMSC and United States Masters Swimming, Inc.
 - (2) A swimmer need not reside in the LMSC territory in which the club he represents is located but must be registered in that LMSC.
 - (3) To transfer representation from one club/organization to another, a swimmer must serve sixty (60) consecutive days without having represented any club/organization in competition, regardless of his residency.
 - (4) When transferring from one LMSC to another, a swimmer shall

present a transfer from his previous LMSC indicating his last date of competition.

- (5) An unattached competitor is a registered swimmer who represents no club or other organization.
 - (6) All applications for changes of registration (including transfers) must be accompanied by a reasonable fee to be determined by the local registration committee in the LMSC in which the swimmer will be registered after the change of registration.
- #### V. RULES FOR MASTERS SWIMMING
- (A) **Eligibility**
 - (1) Masters competition is open to all USMS registered athletes 25 years of age and older no longer engaged in amateur competition. Once an athlete registers as a Masters swimmer and competes in a Masters swimming event, he is thereafter restricted to competing in Masters events only and is no longer eligible for senior competition.
 - (2) Those swimmers registered for Masters meets may participate in non-USMS aquatic activities, meetings, exhibitions, demonstrations, etc., without jeopardy to their eligibility to swim in USMS competition. However, any times achieved in non-sanctioned activities will not be recorded for official purposes and cannot be used for association rankings or national top ten, All-American status, or qualification times for USMS National meets if qualification times become necessary in the future.
 - (B) **Age Groups**—25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, and 90 and older for individual events; Relays, 25 and over, 35 and over, 45 and over, 55 and over, 65 and over, 75 and over

Note: A 20-24 age group will be added at such time as this category is accepted by FINA.
 - (C) **Age Determining Date**—The eligibility of a participant for a particular age group will be determined by his age as of the first day of the meet.
 - (D) **Entry Fees**—Entry fees for local Masters events shall be set by the LMSC. Entry fees for regional championships cannot exceed fees specified for national championships in Section (H)(7). A surcharge of up to \$2.00 per swimmer may be charged to help defray costs when automatic timing is being used.
 - (E) **Swimming Rules**—Articles 1, 2, and 3 of the U.S. Swimming Technical Rules to govern all Masters competitions with the following exceptions
 - (1) Times shall not be subject to the provisions of Article 8, as it concerns placement in such race.
 - (2) Times may be submitted for Masters records only.
 - (3) The breaststroke kick or whip kick may be used exclusively or interchangeably with the dolphin kick while doing the butterfly stroke at any time during the race.
 - (4) Age groups and sexes may be combined so that no swimmer has to swim alone and lanes may be filled.
 - (5) The forward start may be taken from the starting block, the pool deck or a push from the wall.
 - (6) Competitors shall be allowed to swim in only one freestyle relay, one medley relay, one mixed freestyle relay, and one mixed medley relay per meet.
 - (7) All masters events shall be conducted on a timed final basis.
 - (8) Any swimmer or relay team not reporting for or competing in an event shall not be penalized.
 - (9) Willing competitors may be swum two (2) in a lane in the 1650 yard and the 1500 meter freestyle. Such heats will be seeded by time, fastest first and these heats completed before the heats with a single competitor per lane. Separate timing will be required for each swimmer.
 - (10) It is recommended that when swimmers are seeded by time and not by age groups, the fastest two swimmers in each age group shall not be seeded into outside lanes. They shall be moved in one lane, or given the center lane in the next slowest heat, whichever is the most appropriate placement.
 - (F) **Times**—The ten best times nationally in each division shall be published annually for the events listed under Section G below
 - (1) All times must be made in actual sanctioned USMS competitive meets of events.
 - (2) Times to be considered for records and Top Ten listing must be made on or before the last day of the National Championship for that course and forwarded to the Masters Records Chairman within 35 days from the date of the last day of the National Championship for that course.

- (a) Exception: If the national long course championship ends before Aug 31, times to be considered for records and Top Ten listing for long course will be extended to and include the date of Aug. 31.
- (3) Each Association is responsible for reporting the top ten times in each event made in its association area only, even though the times were made by swimmers from other Associations.
- (4) To be considered for Top Ten (National) or for Records (National); all relays must include the name of the registered swim club and the full name and age of each swimmer. For all individual events eligibility is based on current registered USMS swimmers as noted on the entry card and the results must contain the full name and age of each swimmer.

(G) **Events**—The following events may be conducted for each age group

- Short Course (25 yards)
 50-100-200-500-1650 yard Freestyle
 50-100-200 yards Backstroke
 50-100-200 yards Breaststroke
 50-100-200 yards Butterfly
 100-200-400 yards Individual Medley
 200 yards Medley Relay
 200 yards Freestyle Relay
 200 yards Mixed Freestyle Relay (2 female and 2 male)
 200 yards Mixed Medley Relay (2 female and 2 male)
 Long Course (50 meters)
 50-100-200-400-1500 meters Freestyle
 50-100-200 meters Backstroke
 50-100-200 meters Breaststroke
 50-100-200 meters Butterfly
 200-400 meters Individual Medley
 200 meters Medley Relay
 200 meters Freestyle Relay
 200 meters Mixed Freestyle Relay (2 female and 2 male)
 200 meters Mixed Medley Relay (2 female and 2 male)

Note: It is not necessary to conduct all of the above events in meets. However, each age division should include the shorter distances (freestyle, backstroke, breaststroke and butterfly event plus the individual medley and relays).

(H) **National Championship Meets**

(Recommended for Regional Championships when possible)

- (1) USMS National Championships shall be awarded in the following categories
- (a) Men's and Women's Short Course Swimming Championships.
- (b) Men's and Women's Long Course Swimming Championships.
- (2) The Short Course meet shall be held between April 1 and May 30.
- (3) The Long Course meet shall be held between July 15 and September 15.

Note: Check national senior dates and national junior dates for conflict.

- (4) The following rotation system shall be used when awarding the National Championships:

Year	Zone A (NORTHEAST)	Zone B (SOUTHERN)	Zone C (CENTRAL)	Zone D (WESTERN)
1982	Short Course		Long Course	
1983	Short Course		Long Course	
1984		Long Course		Short Course
1985	Long Course		Short Course	
1986		Short Course		Long Course

- (5) Competitors may enter and swim in a maximum of 6 individual events in a four-day National meet with a maximum of 3 individual events per day. Competitors shall be allowed to swim in only one freestyle relay, one medley relay, one mixed freestyle relay, and one mixed medley relay per meet. Each team shall be limited to no more than three relays in each event in each age

group. All competitors including members of relay teams must fill out and sign the appropriate entry blank.

- (6) All events 200 yards/meters or less shall be pre-seeded, with the fastest heats swum first within each age group. All events over 200 yards/meters may be deck-seeded on time only, with the fastest times in the first heat, the second fastest times in the second heat, etc. At the meet director's option competitors shall be swum two (2) in a lane in the 1650 yard and the 1500 meter freestyle when only one course (7,8,9 or 10 lanes) is available for the event and this information shall be stated on the entry blank. Such heats will be seeded by time, fastest first, and these heats completed before the heats with a single competitor per lane. If one pool is to be used as two (2) courses there must be two automatic timing systems (one for each course)
- (a) The 1650 yd/1500 mtr freestyle shall be deck-seeded.
- (b) On those occasions when only one pool is used for both men's and women's events, the 1650 yd/1500 mtr freestyle shall be deck-seeded with heats apportioned and alternated by sex.
- (c) If in any age group, there are not enough swimmers for a complete heat, all swimmers in that age group shall be seeded in adjacent lanes for pre-seeded events.
- (7) Entry fees for National Championship meets shall be \$3.00 for individual events and \$8.00 for relays. A \$10.00 per person surtax per swimmer may be charged (for national championship meets only) to be used by the meet sponsor to help pay meet expenses. A banquet for appropriate social event may be conducted for an additional fee. Participation in this event is optional.
- (8) Four-Day program for championship meets — (Women's events shall precede Men's)

Short Course

- 200 yd back
 100 yd breast
 50 m free
 200 m fly
 200 m medley relay
 400 m free

Long Course

- 1st day**
 200 m back
 50 yd free
 200 yd fly
 100 yd IM
 200 yd medley relay
 500 yd free

2nd day

- 200 yd breast
 100 yd fly
 50 yd back
 100 yd free
 200 yd IM
 200 yd free relay
 200 yd mixed medley relay
- 200 m breast
 100 m fly
 50 m back
 100 m free
 200 m IM
 200 m free relay
 200 m mixed medley relay

3rd day

- 200 yd free
 50 yd breast
 100 yd back
 50 yd fly
 400 yd IM
 200 yd mixed free relay
- 200 m free
 50 m breast
 100 m back
 50 m fly
 400 m IM
 200 m mixed free relay

4th day

- 1650 yd free
 1500 m free

- (9) All top finishers in each race will be given awards regardless of the nationality of the swimmer. Duplicate awards will NOT be given, except in the case of ties, as provided in 223.9(2) of the Competitive Swimming Rules. The number of event awards given will be determined by the number of lanes used in the pool. Medal awards will be awarded one through six and appropriate awards will be awarded 7 and beyond. No team trophies shall be awarded at USMS National Championship meets. Team scoring will be compiled for recognition by USMS. Meet results and team scores shall be published by the meet sponsor within 30 days and distributed to members of the Masters Board of Directors and representatives of participating teams.
- (10) Each individual who wins a short course or long course Championship shall be awarded a USMS Championship patch. Swimmers winning more than one Championship may purchase addi-

President's Report

- tional patches for each additional championship event won.
- (11) A General Open Meeting will be held on the night before the first day of the meet.
 - (12) There will be no splitting of age groups into A.M. and P.M. sessions; i.e., 25-29 through 40-44 in A.M. and 45-49 through 90 plus in P.M. However, at the meet director's discretion, swimmers whose seed times will inordinately delay the progress of the meet, may be seeded individually in an outside lane with mechanical timing thus allowing the continued sequence of the regularly seeded heats.
 - (13) When the depth of the swimming course varies, the male and female contestants shall share equal time in the deep end of the pool.
 - (14) Entry times must be submitted for all individual events and relays.
- (I) **Swimming Records**
- (1) **Classification**
 - (a) **American USMS Record** - The fastest time by a USMS registered swimmer in each event in USMS sanctioned competition.
 - (b) **Open USMS Record** - The fastest time by any swimmer in each event in USMS sanctioned competition.
 - (c) **USMS National Championship Meet Record** - The fastest time in each event at the SC and LC National Championship meets.

Note: A.U.S.S.I. has volunteered to establish a register of World Masters Swimming Records (LC only).

- (2) Recognized distances and strokes as listed in Section V (G).
- (3) **Requirements**
 - (a) Records must be made in accordance with all pertinent rules of Masters Swimming.
 - (b) A record can only be made in still water.
 - (c) Records established by a swimmer in the first leg of a relay race shall be acceptable as individual performances provided that all applicable rules have been complied with.
 - (d) Records set outside the United States shall be applied for on official record application forms and are subject to all pertinent requirements.
 - (e) Record must be achieved in the relevant stroke/event, i.e., a backstroke record must be set in a backstroke event, etc. Records set in freestyle events can be submitted only as freestyle records regardless of the stroke or strokes used.
 - (f) Split times recorded by completely automatic officiating equipment shall be official for all purposes provided the swimmer completes the full scheduled distance of the event.
 - (g) Record times registered by automatic equipment shall be submitted in hundredths of a second (two decimal places). If times are tied to 100ths seconds, the results shall be declared a tie and records shared by each swimmer thus tied.
 - (h) When a record is claimed, an official record application form shall be filled out, signed by the designated officials, and transmitted immediately following performance, with all supporting data, including official meet results, the primary printout tape and/or a copy of the entry card with the timers' signatures to the national records chairman. Responsibility for this lies with either the records chairman, the recorder of records or the official scorer of the meet.
- (J) **National Recognition of Achievement**—The registered USMS swimmer with the fastest listed time for an individual event for that season that is listed in the National Top Ten Times shall be declared the All-American in that event for the year. All top ten times, as well as national record times should be in the hands of the National USMS Records Chairman within 35 days from the date of the last day of the championship for that course.
- (K) **Medical Examination**—Each competitor is strongly encouraged to have a complete medical evaluation before beginning Masters training. In addition, it is also recommended that each competitor have a physical check-up immediately prior to Masters competition in order to insure his physical readiness for participation. Medical evaluation forms are available upon request by writing to the National **USMS OFFICE.**
- (L) **Medical Equipment**—Meet directors are encouraged to investigate the use of appropriate EMT equipment and personnel for all meets.

Regarding LMSC Chairmen, Procedure for Establishing LMSC, Names of LMSC

1. The Chairman of each LMSC is to be elected by the LMSC under the rules and procedures as set forth in the By-Laws for that LMSC. Should a LMSC fail to elect officers according to the rules as set forth, then the Chairman shall be appointed by the President of USMS until such time as the LMSC follows the procedures outlined.
2. The procedures to be followed by the LMSC in establishing its By-Laws and Rules are those set out in the "United States Swimming Code Book" labelled as Part 5, By-Laws of the Local Swimming Committee. Disregard any of those provisions that cannot be specifically translated to Masters Swimming.
3. The name of each LMSC is given in Appendix D, 'LSC Territories and Registration Numbers' of the United States Swimming "1981 Technical Rules Code of Regulations" and 1982 book, when it is published. These names cannot be changed except at the National Convention. Please be sure your LMSC is using its proper name designation.
4. The above rules shall be in effect until the 1982 Convention.

1982 REGISTRATION INFO

Please be advised that for your swimmers' times, both individual and relay, to be considered for Records and Top Ten, we must have both your swimmers and your clubs registered, insured, and in our records.

To illustrate: a swimmer, competing in a sanctioned meet during January, 1982, whose time(s) might better a record or qualify for Top Ten, will not be tabulated if the swimmer's registration (accompanied by the proper fee of \$3.25) has not been received by the National Registrar by the 15th of the month following, in this case February 15. Likewise, club relays will not be tabulated if the club registration (accompanied by the \$10 club fee) has not been received.

Simply stated, the tabulation system will be programmed to accept only the names of those individual swimmers and clubs that have been received and paid for in full. All registrations received by the 15th of a calendar month will validate times only for the previous month, i.e. registrations received by March 15th will qualify times of those swimmers and clubs for sanctioned events during February. The crux of this matter is that timely reporting is imperative and certain parameters must be established to ensure the success of our Masters Swimming program.

Directory

LMSC FOR	NAME	ADDRESS	CITY	ST ZIP	HOME PHONE	WORK PHONE	EXT
ADIRONDACK	ANDERSON, DONALD	9 BEVERLY DR	ALBANY	NY 12203			
ALASKA	GROVE, MARCY	2080 GLACIER HIGHWAY	JUNEAU	AK 99801	907-586-2082		
ALLEGHENY MTN	BRUNER, JAYNE	316 HARDY DRIVE	PITTSBURGH	PA 15241	412-833-8158		
ARIZONA	GRUENDER, EDIE	3329 N. VALENCIA LN	PHOENIX	AZ 85018	602-946-5805		
ARKANSAS	BANK, RONALD	80 PEBBLE BEACH DRIVE	LITTLE ROCK	AR 72212	501-224-7571	501-376-2081	
BORDER	DANIELL, F. LEE	6201 LOS ALTOS	EL PASO	TX 79912	915-581-2787	915-533-6851	
CENTRAL	MADDIN, MARK	223 BRIDLE PATH CIRCLE	OAK BROOK	IL 60521	312-343-2160	312-920-0044	
CENTRAL CALIF	COULSTON JR, HAROLD	7440 N. BLYTHE AVE	FRESNO	CA 93711			
CONNECTICUT	FAZIO, DARCY	13A WAVERLY ROAD	BRANFORD	CT 06405	203-481-3287	203-432-4524	
FLA GOLD COAST	KRAUSER JUNE	2308 NE 19TH AVE	FT. LAUDERDALE	FL 33305	305-564-6185	305-961-9700	
FLORIDA	BIONDI, JOE	216 ELIZABETH AVE	CLEARWATER	FL 33519	813-797-2308	813-461-6267	
GEORGIA	FEHN, CURTIS	2775 BRIARGLEN DR	ATLANTA	GA 30340	404-938-0477	404-881-3866	
GULF	ANDERSON, HAMILTON	506 BOLIVAR	BELLAIRE	TX 77401	713-665-0777		
HAWAII	CLARK, BRUCE	46-459 HOLOLOLO ST	KANELOHE	HI 96744	808-248-6909		
INDIANA	HOYT, JIM	3017 WARREN WAY	CARMEL	IN 46032	317-844-4650	317-844-2130	
INLAND EMPIRE	LEWIS, HARRY	944 E. 39TH AVE	SPOKANE	WA 99203	509-747-3421		
IOWA	MATHEWS, JACK	816-10TH BOX 23	GRINNEL	IA 50112	515-236-3668	515-236-5611	
KENTUCKY	TINGLEY, WILLIAM	2008 TREVILLIAN WAY	LOUISVILLE	KY 40205	502-451-4567	502-585-2201	
LAKE ERIE	FOX HARRY	1616 AMHERST NE	MASSILLON	OH 44646	216-833-9696	216-438-5302	
MAINE	SEE NEW ENGLAND						
METROPOLITAN	GUIDO, RICHARD	8 SHELL DR	GLEN COVE	NY 11542	516-671-5232	516-796-7744	
MICHIGAN	RHODY, ALBERT	31650 WESTLADY	BIRMINGHAM	MI 48008	313-645-9259		
MIDDLE ATLANTIC	MAYER, ART	1024 ELKTON RD	NEWARK	DE 19711	302-368-5176	302-368-5176	
MIDWESTERN	BLANK, ALAN	4819 FARNUM ST	OMAHA	NE 68132			
MINNESOTA	BOSVELD, ROGER	357 SNAIL LAKE RD W	ST. PAUL	MN 55112	612-484-6672	612-488-2538	
MISSOURI VALLEY	MCHENRY, LINDA	4209 ENLAND DR #4	TOPEKA	KS 66606	913-272-0778	913-233-1750	
MONTANA	RUBIE, FRANCES		SOMERS	MT 59932			
NATIONAL	LAUX, MICHAEL	PO BOX 5	WESTPORT	CT 06880	203-226-3392		
NEW ENGLAND	CLAYSON, D. BARR	22 CHADWICK ROAD	WESTON	MA 02193	617-891-0075	617-723-4050	
NEW JERSEY	SULLIVAN, DAN	BOX 1001	MOUNTAINSIDE	NJ 07092	201-731-2690		
NEW MEXICO	O'REILLY, JOHN	710 ENCINO PL NE	ALBUQUERQUE	NM 87106			
NIAGARA	GRUNER, BETTY	158 SEYMOUR RD	ROCHESTER	NY 14609	716-482-5990		
NORTH CAROLINA	RESSEGUIE, DOROTHY	PO BOX 7	TAR HEEL	NC 28392	919-866-5361		
NORTH DAKOTA	SISLER, DICK	400 1ST AVE S	FARGO	ND 58103	701-293-9622		
OHIO	HUNEKE, JAN	1158 ASBURY RD	CINCINNATI	OH 45230	513-231-8168	513-528-5588	
OKLAHOMA	GEORGE JOHN	913 E. 10	EDMOND	OK 73034	405-341-7710	405-341-2980	
OREGON	WALTER, EARL	3904 SW 57TH AVE	PORTLAND	OR 97221	503-292-1611	503-654-3141	
OSARK	WEIR, WILLIAM	9052 W. SWAN CIRCLE	BRENTWOOD	MO 63144	314-968-9956	314-652-4100	
PACIFIC	SCOTT, VERNE	646 ELMWOOD DRIVE	DAVIS	CA 95616	916-753-2828	916-752-0690	
PACIFIC NW	HALL, RUSSELL	12518 SE 232ND	KENT	WA 98031	206-631-6685	206-852-2565	
PACIFIC SW	PIPES, ADRIENNE	1214 NOLAN AVE	CHULA VISTA	CA 92011	714-426-3310	714-299-2831	
POTOMAC VALLEY	DUMMER, GAIL	9314 CHERRY HILL RD #522	COLLEGE PARK	MD 20740	301-474-3752	301-454-6663	
ROCKY MOUNTAIN	CHESSNOE, MICHAEL	3012 SO. JOSEPHINE ST	DENVER	CO 80210	303-753-1382		
SNAKE RIVER	COLBY, SHARON	3810 KOOTENAI	BOISE	ID 83705	208-345-2554		
SOUTH ATLANTIC	GORSKI, S. THOMAS	405 E. LAKE AVE	BALTIMORE	MD 21212	301-532-8105		
SOUTH CAROLINA	BERENYI, NICHOLAS	103 WICKER COURT	CHARLESTON HEIGHTS	SC 29485	803-552-6745	803-871-5000	
SOUTH DAKOTA	EWING, THOMAS	320 HOLIDAY AVE	SIOUX FALLS	SD 57103			
SOUTH PACIFIC	GILMORE, MICHAEL	PO BOX 5901	SANTA MONICA	CA 90405	213-392-3517	213-483-1271	
SOUTH TEXAS	DALLMAN, BUD	435 KERLICK LN	NEW BRAUNFELS	TX 78130			
SOUTHEASTERN	WHITCOMB, DOTTY	1981 VILLAFANE DR	PENSACOLA	FL 32503	904-433-6241	904-433-6863	
SOUTHERN	SAMUELS, LESLIE	1540 CHICKASAW AVE #109	METAIRIE	LA 70005	504-834-3074	504-753-0353	
SOUTHERN NEVADA	NO REPORT						
SOUTHWESTERN	MANTRON, LOUIS	9345 HEATHERDALE DR	DALLAS	TX 75243			
UTAH	LEGLER, JOHN	DEPT. BIOLOGY UNIV. UTAH	SALT LAKE CITY	UT 84112	801-581-6517	800-453-0144	6609
VIRGINIA	DURRANT, BETSY	211-66TH ST	VIRGINIA BEACH	VA 23451	804-422-6811	804-481-2111	
WEST TEXAS	HILDRETH, MRS. GENE	3102 36TH ST	LUBBOCK	TX 79413			
WEST VIRGINIA	OLSON GREG	304-26TH ST SE	CHARLESTON	WV 25304	304-345-1959	304-346-9471	295
WISCONSIN	BAUMAN JOHN	9717 SARATOGA DR	CALEDONIA	WI 3108	414-762-3903	414-453-3646	
WYOMING	HANSEN, MARIE	1103 FAIRVIEW DR	RIVERTON	WY 82501			



SWIM-MASTER

SUBSCRIPTION FORM

New Renewal

ONE YEAR - NINE ISSUES

USA - \$ 7.00 FOREIGN - \$ 11.00

NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

Mail To: SWIM-MASTER
2308 NE 19 Ave., Ft. Lauderdale, FL 33305

And in the AMERICAN RANKINGS, his 51.23 placed him 7th in the 100 mtr and his 200 mtr time of 1:53.78 placed him 20th.....

LONG COURSE ERRATA - by Enid Uhrich

MEN 65-69

1500 M Free Rec. 24:51.54 H. Sexton
4 26:08.20 A. Newman

MEN 60-64

200 Free 6 2:55.07 L. Surles
1500 Free 7 26:10.48 L. Surles

MEN 30-34

100 Back 8 1:10.70 T. Ertel

MEN 45-49

50 Breast 3 37.18 Eugene Nagel

WOMEN 65-69

200 Free 1 Omit M. Wentworth
50 Fly 2 67.11 J. Baker
50 Breast 3 61.03 J. Baker

WOMEN 70-74

Change name Edith Hendricks to Edith Hendry

WOMEN 30-34

200 Back - change S. Walsh 2:23.00 to 2:32.00

NEW PATCHES AVAILABLE - Round patches in red/white/blue with our new name "UNITED STATES MASTERS SWIMMING" are now available. Supply is limited so order today! Just send your name and address along with a check in the amount of \$2.50 made out to SWIM MASTER, 2308 N.E. 19th Avenue, Ft. Lauderdale, FL 33305.

Swimming News

CONGRATULATIONS TO JIM MONTGOMERY - Jim blasted to a 51.23 clocking in the 100 meter free at the Masters Long Course Nationals in August, which, had he done it at Senior Nationals, would have earned him a trip to the USSR for the USA-Soviet Union dual meet. However, it did earn Jim 15th place in the 1981's Top 25 WORLD RANKINGS (Swimming World - Dec. 1981).

200 Yard Individual Medley
Nick Berenyi 43 2:47.64
John Huseon 47 2:58.44
John Johnson 48 3:29.01
Jimmy Noonan 49 3:29.70
400 Yard Individual Medley
Nick Berenyi 49 6:05.78

MEN 50-54

50 Yard Freestyle
John Kortheuer 50 26.30
Raymond Snead 52 27.72
Nick Kakos 51 29.37

100 Yard Freestyle
John Kortheuer 50 58.19
Raymond Snead 52 1:06.02
Nick Kakos 51 1:06.93

200 Yard Freestyle
Nick Kakos 51 2:33.83

500 Yard Freestyle
Nick Kakos 51 7:10.42

50 Yard Backstroke
Nick Kakos 51 38.60

100 Yard Backstroke
John Kortheuer 50 1:15.54

200 Yard Backstroke
Nick Kakos 51 3:34.60

50 Yard Breaststroke
John Kortheuer 50 32.11
Nick Kakos 51 39.79

100 Yard Breaststroke
John Kortheuer 50 1:13.43

200 Yard Breaststroke
Nick Kakos 51 3:25.80

50 Yard Butterfly
John Kortheuer 50 29.81
Raymond Snead 52 32.37
Nick Kakos 51 34.57

100 Yard Butterfly
John Kortheuer 50 1:09.49
Raymond Snead 52 1:23.56

200 Yard Individual Medley
John Kortheuer 50 1:06.70
Raymond Snead 52 1:19.32

400 Yard Individual Medley
John Kortheuer 50 3:23.30
Nick Kakos 51 3:05.89

800 Yard Individual Medley
John Kortheuer 50 5:42.45

MEN 55-59

50 Yard Freestyle
BTT Marshall 55 30.92
Tom Morris 58 31.69
Bob McBride 59 31.82
Abrasha Brainin 58 33.16

50 Yard Backstroke
Bob McBride 59 53.68

50 Yard Breaststroke
Abrasha Brainin 58 37.97
Tom Morris 58 40.02
BTT Marshall 55 43.49
Bob McBride 59 44.53

100 Yard Breaststroke
Abrasha Brainin 58 1:26.31
Tom Morris 58 1:35.12

200 Yard Breaststroke
Abrasha Brainin 58 3:13.99
Tom Morris 58 3:53.12

50 Yard Butterfly
Tom Morris 58 36.92
BTT Marshall 55 37.85

100 Yard Butterfly
BTT Marshall 55 1:36.47

200 Yard Individual Medley
Abrasha Brainin 58 1:23.71
BTT Marshall 55 1:26.60

400 Yard Individual Medley
BTT Marshall 55 3:19.49
Abrasha Brainin 58 3:21.86

800 Yard Individual Medley
BTT Marshall 55 7:32.94

100 Yard Freestyle
Dick Lindauer 61 1:14.65
John Reeve 64 1:28.68

500 Yard Freestyle
Dick Lindauer 61 7:46.90
John Reeve 64 8:42.37

50 Yard Backstroke
Harry Liber 62 35.24

100 Yard Backstroke
Harry Liber 62 1:15.94
Dick Lindauer 61 1:26.82
John Reeve 64 1:42.30

200 Yard Backstroke
Harry Liber 62 2:50.45
Dick Lindauer 61 3:02.70

50 Yard Breaststroke
Dick Lindauer 61 44.77
John Reeve 64 51.82

100 Yard Breaststroke
Harry Liber 62 35.52
John Reeve 64 1:40.66

50 Yard Freestyle
Charles Roy 67 34.04
Meyer Silverman 66 39.34
Dudley Beatty 65 42.31
Tom Parrott 65 43.82

Charles Roy 67 3:26.04
Meyer Silverman 66 3:48.64
Tom Parrott 65 4:06.22

500 Yard Freestyle
Nelson Otis 65 7:36.61
Ed Shea 67 7:41.48
Jerry Donovan 67 8:25.83
Charles Roy 67 9:14.06
Dudley Beatty 65 10:10.87
Tom Parrott 65 10:59.89

100 Yard Backstroke
Ed Shea 67 36.17
Frank Tillotson 66 42.96
Meyer Silverman 66 57.99
Tom Parrott 65 58.74

200 Yard Backstroke
Ed Shea 67 1:24.69
Frank Tillotson 66 1:36.49
Tom Parrott 65 2:15.69

50 Yard Breaststroke
Frank Tillotson 66 3:01.88
Ed Shea 67 3:27.19

100 Yard Breaststroke
Charles Roy 67 44.95
Jerry Donovan 67 46.25
Frank Tillotson 66 49.33
Tom Parrott 65 58.73
Ed Shea 67 1:02.75

200 Yard Breaststroke
Charles Roy 67 1:44.80
Frank Tillotson 66 1:48.92
Tom Parrott 65 2:24.18

50 Yard Butterfly
Jerry Donovan 67 3:44.09
Charles Roy 67 3:46.25
Nelson Otis 65 4:00.49

100 Yard Butterfly
Nelson Otis 65 42.03
Jerry Donovan 67 42.81

200 Yard Butterfly
Jerry Donovan 67 1:57.21

400 Yard Individual Medley
Jerry Donovan 67 4:19.20

800 Yard Individual Medley
Nelson Otis 65 1:25.60
Jerry Donovan 67 1:36.88
Meyer Silverman 66 1:55.29

100 Yard Individual Medley
Nelson Otis 65 3:10.30
Jerry Donovan 67 3:40.51

200 Yard Individual Medley
Nelson Otis 65 6:52.74
Jerry Donovan 67 7:44.60

50 Yard Freestyle
BTT Marshall 72 34.65
Kenneth Moran 70 46.42
James Keen 70 47.19

100 Yard Freestyle
BTT Marshall 72 1:24.37
Bill Molloy 71 1:27.64
Kenneth Moran 70 1:52.49
Gene Boswell 74 1:53.75

200 Yard Freestyle
Gene Boswell 74 4:05.69

500 Yard Freestyle
BTT Molloy 71 10:02.13
Kenneth Moran 70 10:55.34
Gene Boswell 74 11:13.60

50 Yard Backstroke
BTT Stinson 72 47.00
Wilhelm Ossa 72 52.07
Gene Boswell 74 1:08.13
Kenneth Moran 70 1:10.09

100 Yard Backstroke
BTT Stinson 72 1:48.43
Wilhelm Ossa 72 1:53.22
Gene Boswell 74 2:26.53
Kenneth Moran 70 2:33.77

200 Yard Backstroke
BTT Stinson 72 3:59.64
Wilhelm Ossa 72 4:09.88
Gene Boswell 74 5:38.19

50 Yard Breaststroke
Wilhelm Ossa 72 47.10
James Keen 70 59.77

100 Yard Breaststroke
Wilhelm Ossa 72 1:48.53
BTT Stinson 72 1:48.98
Gene Boswell 74 3:00.81

200 Yard Breaststroke
Wilhelm Ossa 72 4:02.69
BTT Stinson 72 4:13.67

50 Yard Butterfly
Gene Boswell 74 1:11.84
Kenneth Moran 70 1:26.14

100 Yard Butterfly
Gene Boswell 74 2:56.56

200 Yard Butterfly
BTT Stinson 72 4:02.69

400 Yard Individual Medley
Kenneth Moran 70 2:26.86
Gene Boswell 74 2:27.30

800 Yard Individual Medley
Gene Boswell 74 5:18.15

MEN 75-79
50 Yard Freestyle
Virgil Miracle 76 49.05

100 Yard Freestyle
Virgil Miracle 76 1:53.22
Irv Merritt 77 1:57.38

200 Yard Freestyle
Irv Merritt 77 4:25.50
500 Yard Freestyle
Irv Merritt 77 12:06.75
100 Yard Backstroke
Irv Merritt 77 1:01.15
Virgil Miracle 76 1:08.71

200 Yard Butterfly
Irv Merritt 77 5:45.78
100 Yard Individual Medley
Irv Merritt 77 2:08.91
200 Yard Individual Medley
Irv Merritt 77 5:01.60
400 Yard Individual Medley
Irv Merritt 77 10:24.75

TEAM STANDINGS

O*H*1*0	838
Oak Ridge Masters	522
Gold Coast Masters	515
Nashville Aquatic Club	456
Pensacola Swim Masters	396
Georgia Masters	332 1/2
Smokeyard Stokers Masters	208
Tarheel Masters	192
St. Petersburg Rec. Dept.	184
Lexington Masters	143
Plantation Masters	122 1/2
Charleston Masters	89
Power Crosley YMCA	80
Louisville Lakeside Masters	77
West Lafayette White Sharks	68
Central Carolina Athletic Assn.	63
Virginia Masters	61
BTT Stinson	61
Gamble-Nippert YMCA	49
Chattanooga Swim Masters	49
D.C. Masters	49
Illinois Masters	33
South Carolina Masters	33
UAH-Master Chargers	31

HIGH POINT AWARDS

WOMEN	
25-29	Mary Ann Stevens
30-34	Gretchen Drake
35-39	Carrie Thornthwaite
40-44	Susan Cox
45-49	Audrey Rosberg
50-54	Betty Russ
55-59	Jane Krauser
60-64	Dorothy Rausig
65-69	Nancy Clark
70-74	Ann Bowers

MEN	
25-29	Doug Fleck
30-34	William Tingle
35-39	Richard Bausgard
40-44	Patrick Ferguson
45-49	Charlie Gentry
50-54	John Kortheuer
55-59	BTT Marshall
60-64	Dick Lindauer
65-69	Jerry Donovan
70-74	Gene Boswell
75-79	Irv Merritt

SWIM-MASTER

June Krauser, Editor
2308 N.E. 19th Avenue
Ft. Lauderdale, FL 33305

BULK RATE
U.S. POSTAGE
PAID
Hollywood, FL
Permit 972

swim today...

swim for the health of it!

LIFETIME VIGOROUS SWIMMING FOR FUN, SPORT AND HEALTH

SWIM CALENDAR

VOL XI - No 1	JANUARY 1982
JAN	ONE HOUR SWIM - Dave McAfee, 510 E. Broad St., Falls Church, VA 22046
9	SC - Jan Huneke, 1158 Asbury Rd., Cincinnati, OH 45230
16	SC - Curt Mosso, 5597 W. Camino Cielo, Santa Barbara, CA 93105
16-17	Decathlon - Ted Reissing, 5102 Hidden Branches Dr., Atlanta, GA 30338
17	SC - Hank Hoover, 1815 Gay Lane, Lansing, MI 48912
23-24	SC - John Huson, 4013 Columbine Cir., Charlotte, NC 28211
30-31	SC - Jim Bell, Philosophy Dept., LET 258, U.S.F., Tampa, FL 33620
30-31	Alderwood, Ted Roach, 2455 Cawthra Rd., Unit 28, Mississauga, ONT. L5A 3P1 Canada
FEB	6 SC - Ed Levy, 7979 Symphony, Cincinnati, OH 45242
7	SC - Ron Bank, 80 Pebble Beach Dr., Little Rock, AR 72212
27	SC - Ed Hunter, 423 Flemridge, Cincinnati, OH 45231
27-28	SC - Region II - Barb Bowman, 22 Walden Mill Way, Catonsville, MD 21228
14	SC - O*H*I*O - Pieter Cath, 29749 Harvard Rd., Cleveland, OH 44122
MAR	12-14 SC - Ontario Champ. - Sheila Marsden, 36 Bernadine St., Scarborough, Ont. M1P 4M2
12-14	Hurth Swim Club near Cologne, West Germany
13-14	SC - John W. Woods, Rec Dept, 649 W. Livingston St., Orlando, FL 32801
13-14	DCM Spring Meet - Dave McAfee, 510 E. Broad St., Falls Church, VA 22046
20-21	SC - Hill Carrow, P.O. Box 1150, Raleigh, NC 27602
20-21	SC - Region 8 - Andy Knapp, 1020 Timberridge, Harrah, OK 73045
21	SC - John Sallade, Upper Main Line Y, 1416 Paoli Rd., Berwyn, PA 19312
14	SC - Peg McCollum, c/o Fairfield Y, 785 Nilles Rd., Vairfield, OH 45014
27	SC - 1650 - Michael Murphy, 7136 B Rolling Bend, Baltimore, MD 21207
APR	2-4 SC - Region IV - Joe Biondi, 216 Elizabeth St., Clearwater, FL 33519
4	SC - Harry Rawstrom, Coach Ret., Carpenter Sports Bldg., U of DE, Newark, DE 19711
10	DCM Pentathlon - Dave McAfee, 510 E. Broad St., Falls Church, VA 22046
24	EOMAC - SC - Alec Monro, 63 Jackson Ave., Toronto, Ont. M8X 2J7 Canada
24	SPA 1650 - Industry Hills, CA
24-25	NE Champ. - Dave Eskin, 66 Andoleon Dr., Chestnut Hill, MA 02167
MAY	1 SC - Neal Craven, 5014 Bennington Dr., Greensboro, NC 27410
1-2	SPA Championships - Industry Hills, CA
1-2	SC - Texas A & M - Will Worley, 1001 Village Dr., College Station, TX 77840
2	SC - F.A.S.T. Masters, P.O. Box 12507, University Station, Gainesville, FL 32604
7-9	YMCA NATIONALS - South Hills YMCA, 79 McMurray Rd., Pittsburgh, PA 15241
21-24	US MASTERS NATIONAL SC - Thomas D. Boak, Jr., 2720 N. Logrun, Woodlands, Houston, TX
28-30	LC - Region IV - Joe Biondi, 216 Elizabeth St., Clearwater, FL 33519
JUN	12-13 LC - Venice, FL -
AUG	12-15 NATIONAL MASTERS SPORTS FESTIVAL - Jon Buzzard, c/o The Penn Mutual Life Ins. Co., 530 Walnut St., Philadelphia, PA 19172
26-29	US MASTERS NATIONAL LC - Mike Popovitch, Mt. Hood CC, 26000 SE Stark St., Gresham, OR
SEP	18-19 SC - Naples, FL
WISCONSIN	MASTERS - Jan 16, Feb 13, Mar 13, Apr 204 John Bauman, 9717 Saratoga Dr., Caledonia, WI 53108
CORONADO	MASTERS - Mar 14, May 30, Aug 1, Oct 17, Dec 5 Alicia Horst, 24 The Point, Coronado, CA 92118
NEW ENGLAND	MASTERS - Feb 6, Feb 21, Mar 6, Mar 21, Apr 18, May 30 Enid Uhrich, 25 Lafayette Rd., Newton, MA 02162
OREGON	MASTERS - Jan 10, Feb 6-7, Mar 6-7, Apr 9-10, Apr 30 May 1-2, Jun 26-27, Jul 30-31 Aug 1 Earl Walter, 3904 SW 57 Ave., Portland OR 97221
INLAND EMPIRE	MASTERS - Jan 31, Feb 28, Apr 3-4 Harry Lewis, 944 E. 39 Ave., Spokane, WA 99203
SOUTHEASTERN	MASTERS - Feb 21, Mar 14, May 1-2, NAC Masters, 213 Osceola Ave., Nashville, TN 37209
KENTUCKY	MASTERS - Apr 2-3, Aug 21-22, Oct 23-24 Joanne G. Tingley, 2107 Eastview Ave., Louisville, KY 40205