



SWIM-MASTER

VOL IV - No 1 THE OFFICIAL PUBLICATION OF THE AAU MASTERS SWIMMING COMMITTEE JANUARY 1975

NEWS RELEASE

Washington, D.C. -- An NSPI press conference at the Americana Hotel during the November 21-23 Fall Trade Show revealed that the National Swimming Pool Institute does not consider the White House Pool project closed - or even postponed.

Despite a White House decision several months ago to postpone NSPI plans to build a swimming pool and physical fitness center at the White House, the swimming pool association says it will go ahead with the project by rejuvenating the effort to raise the estimated \$300,000 required by the project.

"The White House decided to postpone the pool construction due to the nation's financial situation and a desire not to use the taxpayers' money," William P. Markert, NSPI director of communications, told reporters. "But we believe the President needs a pool and we intend to give it to him."

Markert quoted a recent issue of Nation's Business, in which Dr. William Lukash, White House physician, commented on the state of President Ford's health and emphasized the need for the President to be able to continue his habit of swimming daily.

The volunteer fund-raising effort is a project of pool industry and aquatic field personnel who believe swimming should be promoted despite the condition of the national economy - or even because of it.

Among groups already participating in the fund raising drive, in addition to NSPI, are the American Swimming Coaches Association, the Amateur Athletic Union, the U.S. Olympic Committee, Masters Swimming Committee and the Council for National Cooperation in Aquatics. Other organizations representing the aquatic field as well as service clubs are being approached for their assistance.

Any funds raised in excess of the amount needed to complete the presidential physical fitness complex will be donated to the U.S. Olympic Committee.

At the press conference Markert previewed plans for the fitness center by using artists' renderings. There was also a display of the proposed project in the Fall Trade Show.

NSPI and the volunteers plan extensive efforts to involve the swimming pool industry, related aquatic groups and the general public in contributing to the project, Markert noted.

Among those attending the press conference were representatives of major industry and consumer magazines including American Home, Building Supply News, Parents Magazine, Family Circle, Mechanics Illustrated, Toys and Time Magazine.

Markert pointed out that the NSPI offer last August to build a White House pool at no expense to the taxpayer still stood. He said the initial offer of \$40,000 to \$50,000 soon proved inadequate to the situation although that amount now remained budgeted for the pool part of the larger complex.

The projected White House pool is 20 x 42 feet, somewhat larger than the FDR pool built in the 1930's and covered over by President Nixon in 1969 to make way for a press room. The pool also includes a hydrotherapy area set off to the side of the rectangular pool.

The Physical Fitness Complex will be located a short distance from the Oval Office and will be accessible either through an underground passageway or over the White House grounds. The entire facility will be below grade. A translucent top will be used over the pool, however, to allow light into the pool area. Sliding glass doors will provide access on the east side to a small patio which will be protected from line-of-sight vision by a natural grade and extensive use of landscaping.

The pool will be surrounded by a large deck suitable for small state entertainment functions. In the adjacent dressing room there will be both an exercise area and sauna. The facility will be attractively decorated and use a multi-level interior garden to add additional beauty and comfort to the room.

"The facilities, when completed, should be classic beauty that is both functional and private and usable for many Presidents to come," Markert said.

He stressed the importance to the swimming pool industry of placing the emphasis for the project on physical fitness.

"The swimming pool industry has chosen for too long to emphasize the recreational and

glamour aspects of swimming to the exclusion of the oftentimes more important physical conditioning aspect," Markert said.

He related that President Roosevelt found the White House pool excellent therapy for the results of his bout with polio and that President Kennedy swam regularly to strengthen his back.

"The first White House pool was a gift from hundreds of thousands of children who contributed their pennies," Markert recalled. "Now we have the opportunity to promote the pool industry while contributing to the health and well-being of the American President."

He called on NSPI members and their employees to donate to the project. Many of these donations are expected from member firms in the form of equipment. But additional corporate and individual donations are encouraged.

"Our private goal within the industry, Markert noted, "is to raise enough money to pay at least for the pool, pool equipment and that phase of the construction relating to it. That's about \$50 to \$60,000 in the present plan."

All donations are tax deductible and should be sent to:

The White House Pool Fund
P.O. Box 81
Washington, DC 20044

EDITOR'S NOTE: At a Swim Coaches dinner during the recent Ft. Lauderdale College Swim Forum, \$1 was collected from everyone to be sent to the White House Pool Fund. In some way we would like to estimate the contributions sent by Masters Swimmers. If you contribute, and we sincerely hope that you all will, if you could send me just the amount on a piece of paper noting contribution to the White House Pool Fund, we will see how much Masters Swimming can come up with.

LACKLAND AIR FORCE BASE HOLDS METER MEET

On a beautiful afternoon in December (7 & 8) Lackland AFB hosted a Masters long course swimming meet in an outdoor heated pool. The water temperature was 76° and the pool was sheltered on all sides by a building and wood fencing. It was a well run meet thanks to Neil Wilson; Starter - Dalton Brown; Head Timer - Rene Zeeleberg; Meet Director - Lt. Thomas Brown; and Awards - Kim Wilson. Col. Paul Cleland supplied the timers, three on each lane from the men on the base. There were twenty-one contestants. We have learned that December meets are poorly attended. The three top teams entered were: Texas Gulf Masters, Lackland AFB, and Masters of San Antonio.

Devilfish Masters score high

Three Masters swimmers from Camp Lejeune took part in the Tarheel Invitational swim meet hosted by the Greensboro Swim Association last Saturday.

Barbara Pratt, Betsy Durrant and Rose Marie Hayes were the only Masters from Eastern Carolina in the state-wide meet.

Pratt took three second place awards and one third place in her four events in the 30-34 age group: 50 back, 50 breast, 50 free and 100 Individual Medley.

Durrant took first place in each of her four events in the same age group: 50 free, 50 breast, 100 breast and 100 Individual Medley.

Hayes took first place awards in the 35-39 age group in all four of her events: 50 back, 50 breast, 50 free and 100 back.

The local group operates within the Camp Lejeune Devilfish Swim Team Club, which practices 4:30 to 6:30, Monday thru Friday at the Area 5 Pool.

Coaching the local Masters team is Linda Hayes, former Devilfish Regional and State champion and National Competitor. Marines, dependents, Naval personnel and persons who fall within the age groups are encouraged to participate in this growing sport.



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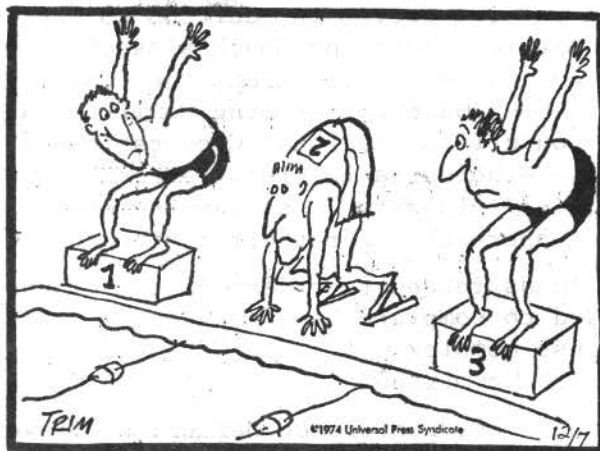
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Oak Ridge Showdown

Crews Masters SE Swim Meet

Wins 4 Events

OAK RIDGE (Special)—It was titled the Southeastern Masters Swim Meet—and Dr. John Crews was a master.

Dr. Crews, an Oak Ridge general practitioner and Knoxville native, captured first place four times Sunday at the Civic Center.

In the 55-59 age bracket, Dr. Crews won the 50 free (26.9), 100 IM (1:12.3), 100 fly (1:10.1) and 500 free (6:16.3). Earlier this year he bettered four national records at Santa Clara, Calif.



1 John Crews and Bobbe Smith (Meet Director)

2 Association Chairmen: Florida - Bob Beach; Metropolitan - Dick Guido; Pacific - Bill Loughborough; Ohio - Roy Stickney

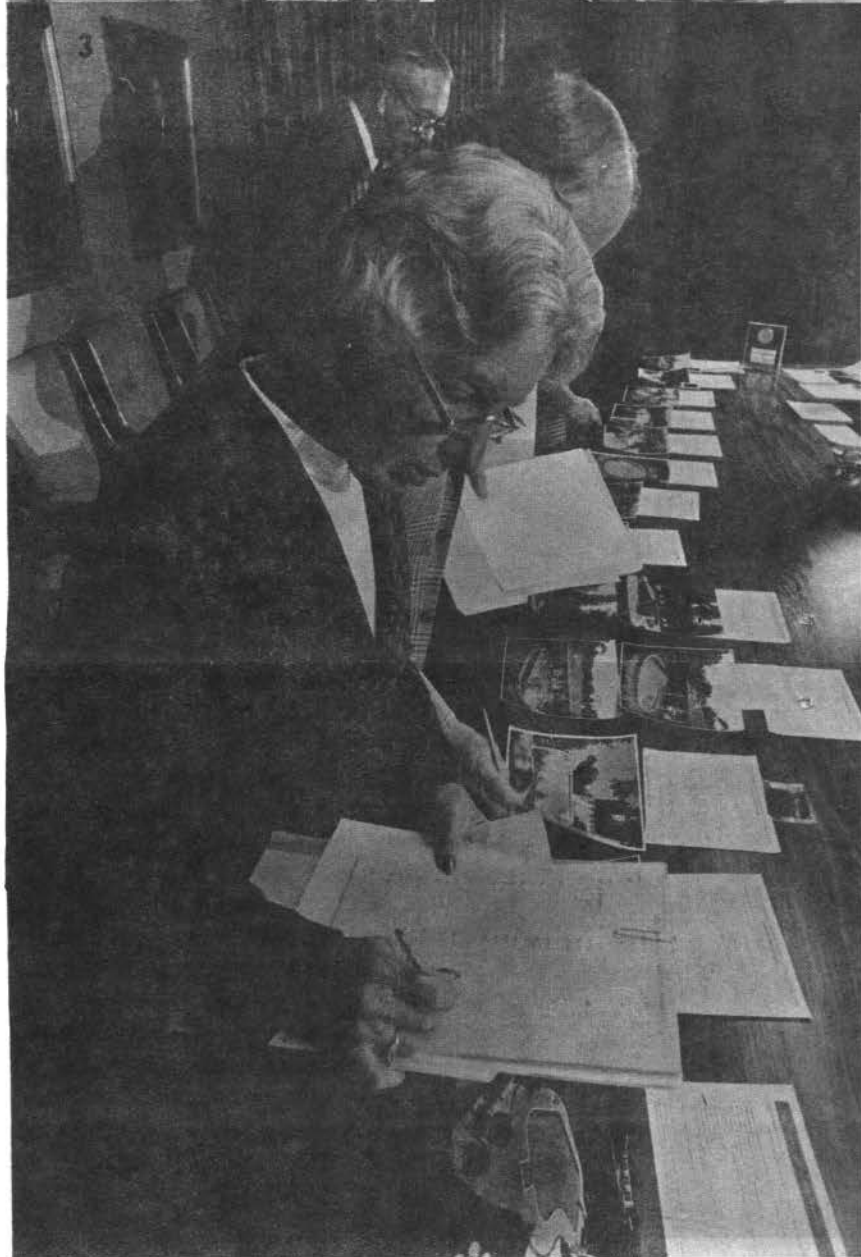
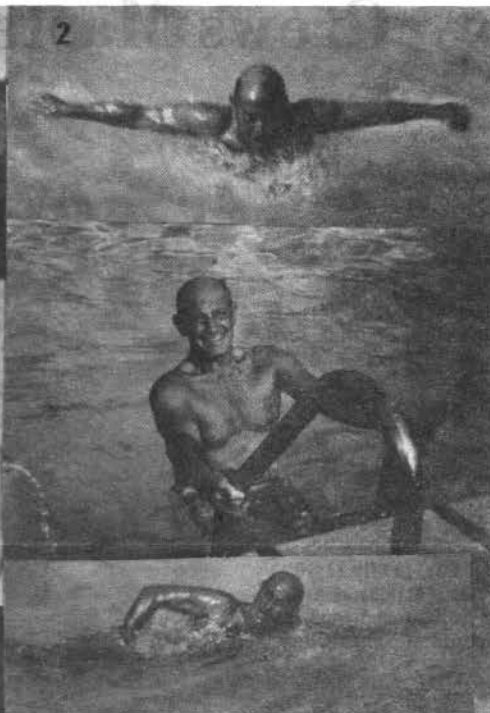
3 Dorothy Ressiguie, 1974 N.C. Chairman and 1975 Chairman, Dick Lortie

4 Lois Weir (recorder), Frank Homan (starter), Winnie Krogsrud (awards, entertainment, etc) Rick Krogsrud (banquet)

5 June Krauser and sister Cynthia Bruce recall mutual friends with Peter Lizon from Czechoslovakia



SPORTS SHORTS



- 1 The first 70 year and older relay! These gentlemen swam the 200 yard freestyle relay in 3:08.0. They are members of the Waikiki Swim Club in Hawaii. John Anderson (72), Charles Fletcher (72), Ralph Fletcher (75) and Wally Laury (72).
- 2 Eldin Onsguard of Van Nuys was the individual star with a new record at Newport Harbor High School. Onsguard, a former pilot for World War II General George Patton, broke Buster Crabb's 60-64 age group record for the 1500 meter freestyle with a 26:05 clocking. Crabbe set his record in 1971.
- 3 Here I am again! Thought you all might like to see me working for a change. We were in Washington, DC in November, judging pools for the National Swimming Pool Institute. There were 11 categories of pools. As you can see, they were judged by pictures. The results will be announced in February.

NATIONAL AAU MASTERS SWIMMING RECORDS
SHORT COURSE

September 15, 1974
Compiled by Ted Haartz

Corrections and inquiries regarding the records should be directed to Ted Haartz,
155 Pantry Road, Sudbury, Massachusetts 01776

MEN		25-29 Years Old		WOMEN	
50 Free	Ken Hammer	4/29/72	:21.3	Carol Clay	5/20/73 :26.2
100 Free	Fred Schlicher	5/18/74	:46.62	Anne Grams	4/21/74 :58.4
200 Free	Fred Schlicher	5/18/74	1:43.71	Marianne Brems	5/18/74 2:04.22
500 Free	Bill Babcock	5/19/74	4:57.95	Marianne Brems	5/19/74 5:31.30
1650 Free	Bill Babcock	2/17/74	17:18.89	Marianne Brems	5/17/74 19:23.92
50 Back	Ken Krueger	4/20/74	:26.0	Mimi Fenstermacher	4/21/74 :31.0
100 Back	Bill Dorney	5/19/74	:55.88	Nina Thompson	5/19/74 1:05.68
200 Back	Frank Bates	4/22/72	2:03.5	Nina Thompson	5/18/74 2:26.07
50 Breast	Paul Henne	4/26/74	:29.3	Tammy Murphy	(12/02/73 :33.8)
100 Breast	Kip Pope	4/07/72	1:00.38	Tammy Murphy	5/05/73 1:10.7
200 Breast	Kip Pope	4/07/72	2:12.52	Jill Stattery	5/09/71 2:36.2
50 Fly	Jim McGrath	5/19/73	:23.8	Susan Sargent	4/20/74 :28.7
100 Fly	Fred Schlicher	5/19/74	:51.13	Marianne Brems	5/19/74 1:03.15
200 Fly	Gary Langdoen	4/20/74	2:06.8	Jamee Stewart	7/21/74 2:46.48
100 IM	Fred Schlicher	5/19/74	:54.87	Nina Thompson	5/19/74 1:06.61
200 IM	Fred Schlicher	5/18/74	1:59.22	Marianne Brems	5/18/74 2:23.20
400 IM	Bill Babcock	1/10/74	4:40.1	Jamee Stewart	7/21/74 5:54.70
MEN		30-34 Years Old		WOMEN	
50 Free	Jim McGrath	3/24/74	:22.5	Diana Todd	5/19/74 :26.26
100 Free	Keefe Lodwig	5/18/74	:49.65	Nancy Ridout	6/08/74 1:00.6
200 Free	Timothy Garton	5/18/74	1:52.81	Nancy Ridout	6/08/74 2:18.0
500 Free	Paul Thompson	5/21/72	5:11.7	Nancy Ridout	6/08/74 6:12.6
1650 Free	Dennis Brittain	5/18/73	18:27.20	Carol Macpherson	5/18/73 22:02.20
50 Back	Robert Smith	4/20/74	:25.9	Jinny Taubaugh	74 :32.1
100 Back	C. Hunter) Thompson Mann)	5/19/72	:57.0	Sperry Rademaker	5/19/74 1:12.94
200 Back	Thompson Mann	7/02/73	2:06.4	Sperry Rademaker	5/18/74 2:37.39
50 Breast	Steve Rabinovich	2/09/74	:29.4	Diana Todd	5/04/74 :36.39
100 Breast	Chet Jastremski	4/22/72	1:03.2	Ingrid Daland	11/11/72 1:17.5
200 Breast	Chet Jastremski	5/21/72	2:18.27	Ingrid Daland	4/20/74 2:46.0
50 Fly	Ed Spencer) Jim McGrath)	12/08/73	:24.1	Irene David	5/18/74 :29.05
100 Fly	Jim McGrath	4/20/74	:54.3	Irene David	5/19/74 1:08.24
200 Fly	Phil Goode	8/28/74	2:09.2	Jane Katz	4/27/74 2:46.8
100 IM	Timothy Garton	5/19/74	:57.02	Diana Todd	5/19/74 1:08.56
200 IM	Lance Larson	5/20/72	2:05.47	Mary Lou Saunders	4/24/71 2:35.0
400 IM	Jack Geoghegan	5/04/74	4:50.34	Nancy Breen	5/03/74 5:39.45
MEN		35-39 Years Old		WOMEN	
50 Free	Dave McIntyre	3/31/73	:23.6	Pat Bresee	5/19/74 :27.71
100 Free	Dave McIntyre	4/01/73	:52.6	Pat Bresee	5/18/74 1:01.66
200 Free	Dave McIntyre	8/19/73	1:59.55	Helen Buss	4/20/73 2:19.1
500 Free	Burwell Jones	6/09/72	5:25.3	Carol Macpherson	5/19/74 6:09.40
1650 Free	George Breen	5/17/74	19:04.75	Carol Macpherson	5/17/74 21:23.79
50 Back	Bob Gates*	11/26/72	:28.2	Pat Bresee	4/30/74 :32.5
100 Back	Sandy Gideonse	74	:28.5	Lenora Gilchrist	5/20/73 1:11.2
200 Back	Charles Krepp	5/20/73	1:01.7	Betsy Jordan	5/19/73 2:39.1
50 Breast	Thomas Macedo	5/19/73	2:18.3	Anne McGuire	3/24/74 :37.1
100 Breast	Meredith Smith	5/04/74	:32.55	Ivanelle Hoe	5/19/73 1:18.1
200 Breast	Meredith Smith	5/18/74	1:06.94	Mary Jane Parks	5/19/74 2:54.70
50 Fly	George Worthington	5/19/74	2:31.11	Pat Bresee	5/18/74 :29.65
100 Fly	Richard Tanabe	3/24/74	:25.8	Pat Bresee	5/19/74 1:10.94
200 Fly	Howard Roberts	5/20/73	:57.95	Pat Bresee	4/20/74 2:12.4
100 IM	Dave McIntyre	4/20/74	2:12.4	Pat Bresee	5/19/74 1:10.80
200 IM	Burwell Jones	3/31/73	1:01.0	Pat Bresee	5/18/74 2:38.13
400 IM	Roger Nekton	5/20/72	2:17.7	Carol Macpherson	5/18/74 2:38.13
		4/26/74	5:14.8	Carol Macpherson	3/17/74 5:51.5

*Before 50 Back was official event.

MEN		40-44 Years Old		WOMEN	
50 Free	Ron Johnson	2/24/74	:23.8	Betty Brey	5/19/74 :27.84
100 Free	Burwell Jones	5/19/73	:52.1	Betty Brey	5/18/74 1:04.09
200 Free	Burwell Jones	5/19/73	1:56.4	Gail Roper	6/08/74 2:20.3
500 Free	Burwell Jones	5/19/74	5:13.03	Gail Roper	5/19/74 6:05.10
1650 Free	Bill Williams	5/17/74	18:29.52	Gail Roper	5/18/73 22:59.60
50 Back	Sandy Gideonse	2/16/74	:29.7	Gail Roper	3/24/74 :35.3
100 Back	Burwell Jones	5/20/73	1:01.9	Gail Roper	4/27/74 1:15.7
200 Back	Yoshi Oyakawa	5/28/74	2:18.01	Gail Roper	4/27/74 2:42.9
50 Breast	Burwell Jones	10/21/73	:32.6	Gail Roper	5/04/74 :36.7
100 Breast	Ron Johnson	2/24/74	1:11.2	Gail Roper	5/18/74 1:19.03
200 Breast	Ron Johnson	2/24/74	2:38.0	Gail Roper	5/19/74 2:50.07
50 Fly	Sandy Gideonse	5/18/74	:26.48	Betty Brey	5/18/74 :30.10
100 Fly	Burwell Jones	8/25/74	1:01.5	Gail Roper	6/08/74 1:12.7
200 Fly	Burwell Jones	3/24/74	2:38.4	Gail Roper	4/13/74 2:50.0
100 IM	Burwell Jones	5/19/74	1:00.13	Gail Roper	5/19/74 1:09.90
200 IM	Burwell Jones	5/18/74	2:15.38	Gail Roper	5/18/74 2:35.13
400 IM	Burwell Jones	3/23/74	5:01.6	Gail Roper	4/13/74 5:44.4

MEN		45-49 Years Old		WOMEN	
50 Free	Hal Begel	8/18/74	:24.66	Berna Bennett	4/27/74 :29.1
100 Free	Carl Yates	5/18/74	:56.25	Gail Roper	7/30/74 1:02.8
200 Free	Carl Yates	5/18/74	2:04.65	Mary Ann Meekins	5/18/74 2:32.32
500 Free	Carl Yates	5/19/74	5:33.66	Mary Ann Meekins	5/19/74 6:49.58
1650 Free	Carl Yates	5/17/74	19:49.73	Mary Ann Meekins	5/17/74 23:52.95
50 Back	Paul Hutinger	1/13/74	:30.5	Gail Roper	8/04/74 :34.8
100 Back	Bob Miller	5/19/74	1:04.68	Gail Roper	7/30/74 1:15.3
200 Back	Bob Miller	5/18/74	2:21.05	Gail Roper	8/04/74 2:42.7
50 Breast	Ted Haartz	4/26/74	:33.4	Gail Roper	8/08/74 :37.3
100 Breast	Roy Stickney	6/03/73	1:11.9	Gail Roper	7/30/74 1:20.2
200 Breast	Jurgen Nebelung	5/04/74	2:41.50	Gail Roper	9/14/74 2:56.0
50 Fly	Hal Begel	8/17/74	:27.10	Gail Roper	9/08/74 :31.5
100 Fly	Hal Begel	8/18/74	1:04.53	Gail Roper	7/30/74 1:13.1
200 Fly	Paul Hutinger	3/17/74	2:40.6	June Krauser	2/24/74 2:59.78
100 IM	Bob Miller	5/19/74	1:03.77	Gail Roper	9/14/74 1:13.2
200 IM	Bob Miller	5/18/74	2:21.94	Gail Roper	7/30/74 2:38.4
400 IM	Paul Hutinger	3/12/74	5:22.8	Gail Roper	8/04/74 5:35.3

MEN		50-54 Years Old		WOMEN	
50 Free	Ray Hakomaki	5/20/73	:25.11	Dorothy Donnelly	5/04/74 :31.54
100 Free	Ed Hall	10/28/73	:57.3	Dorothy Resseguie	3/17/73 1:10.8
200 Free	John Crews	5/18/74	2:12.36	Dorothy Resseguie	8/17/74 2:43.86
500 Free	John Crews	5/19/74	5:58.93	Jeannette Eppley	5/05/74 7:47.96
1650 Free	John Crews	5/17/74	21:21.87	Jeannette Eppley	3/30/74 26:36.38
50 Back	Paul Herron	9/16/73	:31.5	Jane McCollister	11/26/74 :41.6
100 Back	Paul Herron	5/21/72	1:07.0	Dorothy Donnelly	5/19/74 1:26.73
200 Back	Paul Herron	5/19/73	2:28.6	Mina Hamner	5/18/74 3:15.01
50 Breast	Hal Onusseit	4/27/74	:34.7	Jeanne Merryman	4/27/74 :44.3
100 Breast	James Councilman	12/11/71	1:13.6	Mina Hamner	5/18/74 1:33.76
200 Breast	James Councilman	12/12/71	2:45.6	Geri Orasco	5/19/74 3:25.35
50 Fly	Dave Tyler, Jr.	5/08/71	:29.6	Sally Scholer	5/18/74 :39.18
100 Fly	Art Koblish	5/19/74	1:07.91	Charlotte Costello	74 1:34.6
200 Fly	Hal Onusseit	4/27/74	2:50.6	Jeannette Eppley	4/13/74 3:50.9
100 IM	Paul Herron	4/28/73	1:07.7	Dorothy Donnelly	5/19/74 1:21.65
200 IM	Paul Herron	5/19/74	2:33.1	Dorothy Donnelly	5/18/74 3:04.53
400 IM	Hal Onusseit	4/26/74	5:47.1	Zada Taft	4/13/74 7:33.8

MEN		55-59 Years Old		WOMEN	
50 Free	Bill Burrell	5/06/73	:25.5	Jane McCollister	5/19/74 :34.56
100 Free	Jim Welch	5/19/73	:58.8	Jane McCollister	5/18/74 1:17.85
200 Free	Jim Welch	5/19/73	2:13.0	Jane McCollister	5/18/74 2:56.99
500 Free	Jim Welch	4/07/74	6:11.3	Jane McCollister	5/19/74 7:46.39
1650 Free	Jim Welch	4/07/74	21:33.1	Jane McCollister	4/13/74 28:24.1
50 Back	Bill Woosley	5/04/74	:34.25	Helen Hummer	4/27/74 :41.8
100 Back	Bill Woosley	4/06/74	1:15.4	Helen Hummer	5/04/74 1:31.48
200 Back	Bill Woosley	1/13/74	2:48.8	Helen Hummer	5/18/74 3:35.07
50 Breast	Tom Lind	4/20/74	:35.2	Mildred Anderson	1/12/74 :47.5
100 Breast	Tom Lind	3/24/74	1:17.0	Jane McCollister	6/08/74 1:44.3
200 Breast	Tom Lind	12/08/73	2:57.3	Jane McCollister	6/08/74 3:42.6
50 Fly	Dave Tyler, Jr.	1/12/74	:30.2	Helen Hummer	5/04/74 40.50
100 Fly	Dave Tyler, Jr.	5/04/74	1:14.06	Helen Hummer	5/19/74 1:37.73
200 Fly	Eugene Jennings	3/03/74	3:16.5	Rita Simonton	2/16/74 4:09.7
100 IM	Frank Havlicek	5/25/74	1:12.05	Helen Hummer	4/27/74 1:32.8
200 IM	Frank Havlicek	5/18/74	2:45.67	Rita Simonton	12/08/73 3:38.9
400 IM	Don Rankin	4/20/74	6:31.4	Rita Simonton	3/24/74 7:35.8

MEN		60-64 Years Old		WOMEN	
50 Free	Lyle Collet	5/20/72	:27.4	Nancy Clark	8/18/74 :36.99
100 Free	Lyle Collet	5/21/72	1:02.9	Maxine Merlino	12/08/73 1:31.5
200 Free	Lyle Collet	5/20/72	2:30.37	Nancy Clark	8/18/74 3:12.17
500 Free	Lloyd Osborne	5/20/73	7:00.9	Helen Offenhauser	5/19/74 9:23.34
1650 Free	Lloyd Osborne	4/29/73	24:45.3	Helen Offenhauser	3/23/74 31:42.5
50 Back	Larry Smith	4/27/74	:32.6	Maxine Merlino	12/08/73 :44.0
100 Back	Larry Smith	5/20/73	1:11.1	Nancy Clark	8/17/74 1:24.38
200 Back	Larry Smith	4/28/73	2:49.9	Maxine Merlino	5/19/73 3:34.2
50 Breast	Walter Pfeiffer	4/20/74	:37.2	Mildred Anderson	7/21/74 :50.96
100 Breast	Walter Pfeiffer	5/18/74	1:22.85	Mildred Anderson	7/21/74 1:50.92
200 Breast	Walter Pfeiffer	5/19/74	3:05.26	Mildred Anderson	7/21/74 4:01.14
50 Fly	Bill Grant	5/18/74	:31.96	Maxine Merlino	4/20/74 :49.1
100 Fly	Walter Pfeiffer	5/19/74	1:16.67	Mildred Anderson	6/30/74 2:06.5
200 Fly	Walter Pfeiffer	4/20/74	3:09.0	Mildred Anderson	6/30/74 4:46.3
100 IM	Reg Richardson	5/20/73	1:14.6	Nancy Clark	8/18/74 1:42.33
200 IM	Walter Pfeiffer	5/18/74	2:56.85	Mildred Anderson	6/30/74 4:00.0
400 IM	Walter Pfeiffer	4/20/74	6:16.1	Mildred Anderson	6/30/74 9:00.6

MEN		65-69 Years Old		WOMEN	
50 Free	Lyle Collet	5/20/73	:27.64	Sylvia Bailey	5/19/74 :47.55
100 Free	Lyle Collet	5/19/73	1:03.9	Ruth Switzer	7/21/74 1:53.6
200 Free	Lloyd Osborne	5/18/74	2:31.62	Edna Pearle	3/31/73 3:47.40
500 Free	Lloyd Osborne	5/19/74	6:52.55	Evie Somers	11/18/73 10:40.0
1650 Free	Lloyd Osborne	5/17/74	24:32.03	Evie Somers	3/23/74 36:35.5
50 Back	Frank Walton	4/07/74	:36.9	Johnnie Belshe	4/20/74 :57.0
100 Back	Frank Walton	5/19/74	1:21.26	Rose Caplane	3/24/74 2:04.8
200 Back	Frank Walton	5/18/74	3:12.47	Edna Pearle	74 5:46.7
50 Breast	Sam Bernstein	3/24/74	:40.8	Rose Caplane	3/24/74 :54.2
100 Breast	Sam Bernstein	74	1:27.4	Rose Caplane	3/22/74 1:58.1
200 Breast	Henry Johnson	5/21/72	3:24.8	Rose Caplane	5/19/74 4:20.98
50 Fly	Henry Johnson	5/20/72	:36.6	Sylvia Bailey	4/27/74 1:05.5
100 Fly	Alfred Guth	4/20/74	1:39.6		
200 Fly	Alfred Guth	4/20/74	3:57.7		
100 IM	Lyle Collet	3/24/74	1:20.4	Sylvia Bailey	5/19/74 2:08.38
200 IM	Al Kallunki	10/13/74	3:23.3	Sylvia Bailey	5/18/74 5:04.55
400 IM	Alfred Guth	4/20/74	7:16.9		

MEN		70-79 Years Old		WOMEN	
50 Free	Clarence Ross	5/19/74	:32.54	Sis Fogle	2/03/74 :56.0
100 Free	Clarence Ross	5/18/74	1:14.08	Sis Fogle	3/23/74 2:09.2
200 Free	Clarence Ross	3/09/74	2:53.3	Sis Fogle	5/18/74 4:33.44
500 Free	Clarence Ross	5/19/74	7:59.74	Sis Fogle	5/19/74 12:06.76
1650 Free	Clarence Ross	5/17/74	28:04.53		
50 Back	John Risher	3/24/74	1:07.4	Sis Fogle	12/09/73 1:12.0
100 Back	John Moore	5/19/74	1:48.26	Sis Fogle	5/19/74 2:39.67
200 Back	John Moore	5/18/74	4:12.78	Sis Fogle	3/22/74 5:53.9
50 Breast	Wally Laury	4/07/74	:51.8	Doris Hogan	4/27/74 1:09.0
100 Breast	Al Kallunki	6/08/74	1:38.9	Elizabeth Maurig	4/20/74 2:36.1
200 Breast	Al Kallunki	5/19/74	3:36.16		
50 Fly	Al Kallunki	5/18/74	:42.09		
100 Fly					
200 Fly					
100 IM	Al Kallunki	6/08/74	1:33.6		
200 IM	Al Kallunki	5/18/74	3:37.97		
400 IM					

MEN		80 Years and Over		WOMEN	
50 Free					
100 Free	W. Smythe	10/07/73	2:40.5		
200 Free					
500 Free					
1650 Free					
50 Back				Ethel Horsfall	10/08/74 4:53.8
100 Back					
200 Back					
50 Breast					
100 Breast	Joseph Ross	5/19/73	2:48.2		
200 Breast	Joseph Ross	5/20/73	7:59.3		

		MEN		RELAYS		25 Years and Over		WOMEN	
200 Free	San Fernando Valley	5/20/72	1:29.7	Mid Atlantic Masters	5/17/74	1:50.93			
Relay	(B. Boyer, G. Langendoen, J. McGrath, K. Krueger)								
200 Medley	Ft. Lauderdale AC 'A'	5/18/74	1:41.75	D. C. Masters	5/18/74	2:02.30			
Relay	(Dorney, Duenkel, Brown, Ralph)								
200 Free	Mid Atlantic Masters	5/18/74	1:39.72						
Mixed	(N. McDonnell, C. Clay, M. Williams, J. Lane)								
200 Free	Michigan Blue Racers	5/17/74	1:38.10	D. C. Masters	5/17/74	1:55.70			
Relay	(Toensing, Moss, Reinke, Martin)								
200 Medley	D. C. Masters "A"	5/18/74	1:51.15	D. C. Masters	5/18/74	2:13.43			
Relay	(Monsein, Smith, Emes, Drum)								
200 Free	D. C. Masters	5/18/74	1:45.56						
Mixed	(L. Sharp, B. Brey, J. Braskamp, E. Nobbe)								
200 Free	San Mateo Marlins "A"	4/28/74	1:45.9	Rinconada Masters	5/17/74	2:17.42			
Relay	(D. Lomski, R. Cunningham, T. Willson, D. Stupfel)								
200 Medley	New England Masters	5/20/73	1:58.3	San Mateo Marlins	5/20/73	2:46.1			
Relay	(L. Smith, T. Haartz, H. Omusseit, E. Reed)								
200 Free	Connecticut Masters	5/18/74	1:55.72						
Mixed	(J. Pieretti, D. Donnelly, R. Lavendier, D. Tyler, Jr.)								

NATIONAL AAU MASTERS SWIMMING RECORDS
LONG COURSE

September 15, 1974
Compiled by Ted Haartz

		MEN		25-29 Years Old		WOMEN	
50 Free	Bob Boyer	9/08/74	25.01	Chris Morgan	9/08/74	29.70	
100 Free	Ken Hammer	8/05/72	54.38	Mary Alice Williams	9/07/74	1:06.08	
200 Free	Mike Burton	8/03/72	1:58.22	Marianne Brems	9/07/74	2:22.63	
400 Free	Mike Burton	8/04/72	4:05.01	Marianne Brems	9/08/74	5:07.74	
1500 Free	Mike Burton	9/04/72	15:52.58	Marianne Brems	8/10/74	20:12.2	
50 Back	Ken Krueger	7/20/74	30.7	Mimi Fenstermacher	7/20/74	35.2	
100 Back	William Dorney	7/12/74	1:04.89	Mimi Fenstermacher	9/08/74	1:18.07	
200 Back	William Dorney	7/13/74	2:21.99	Ellen Rockholm	9/07/74	2:51.71	
50 Breast	Paul Henne	8/17/74	33.0	Dale Barnhard	8/25/74	38.3	
100 Breast	Don McKenzie	8/01/72	1:06.87	Dale Barnhard	7/27/74	1:21.07	
200 Breast	Kip Pope	8/05/72	2:33.4	Dale Barnhard	7/28/74	3:00.47	
50 Fly	Gary Langendoen	5/25/74	27.7	Susan Sargeant	6/02/74	31.3	
100 Fly	Ken Hammer	8/13/72	1:00.13	Marianne Brems	9/08/74	1:12.47	
200 Fly	Bill Babcock	8/09/74	2:29.8	Kathy Duncan	7/20/74	3:08.8	
200 IM	Frank Bates	8/06/72	2:15.55	Marianne Brems	9/07/74	2:44.34	
400 IM	Bill Babcock	8/09/74	5:16.8	B. Kilgour	7/28/74	6:05.27	

		MEN		30-34 Years Old		WOMEN	
50 Free	Steve Clark	9/08/74	25.48	Diana Todd	9/08/74	30.15	
100 Free	Tim Garton	9/07/74	56.25	Nancy Rideout	8/11/73	1:09.96	
200 Free	George Hill	9/07/74	2:07.01	Nancy Rideout	9/07/74	2:37.83	
400 Free	George Hill	9/08/74	4:37.60	Nancy Rideout	7/14/74	5:38.2	
1500 Free	George Warren	9/06/74	18:49.21	Jane Katz	9/06/74	22:02.48	
50 Back	Peter Betzer	6/15/74	33.3	Jane Katz	8/03/74	39.6	
100 Back	Thompson Mann	7/14/73	1:05.0	Gretchen Ghent	8/13/72	1:22.83	
200 Back	Thompson Mann	7/14/73	2:23.9	Jane Katz	9/07/74	2:57.02	
50 Breast	Ken Doesburg	8/17/74	34.0	Diana Todd	8/25/74	43.2	
100 Breast	Chet Jastremski	8/02/72	1:09.30	Diana Todd	9/07/74	1:34.50	
200 Breast	Chet Jastremski	8/05/72	2:33.51	Patric Mills	8/25/74	3:27.3	
50 Fly	Jim McGrath	8/17/74	26.70	Irene David	9/07/74	32.88	
100 Fly	Lance Larson	7/07/72	1:01.46	Jane Katz	9/08/74	1:15.08	
200 Fly	Phil Goode	8/25/74	2:32.2	Jane Katz	8/03/74	3:07.6	
200 IM	Lance Larson	7/07/72	2:22.14	Nancy Breen	7/27/74	2:53.61	
400 IM	Allan Cartwright	8/17/74	5:40.2	Jane Katz	7/28/74	6:28.92	

MEN		35-39 Years Old		WOMEN	
50 Free	Sandy Gideonse	7/16/72	26.8	Pat Breesee	9/08/74 31.81
100 Free	Burt Kanner	9/07/74	58.90	Pat Breesee	9/07/74 1:10.65
200 Free	Burt Kanner	9/07/74	2:08.57	Carol Macpherson	9/07/74 2:37.76
400 Free	Burt Kanner	9/08/74	4:33.13	Helen Buss	8/13/72 5:33.27
1500 Free	Burt Kanner	9/06/74	18:54.20	Helen Buss	8/09/74 21:52.81
50 Back	Bill McMaster	8/17/74	32.8	Betsy Jordan	8/18/74 38.1
100 Back	David McIntyre	8/12/73	1:09.41	Betsy Jordan	8/12/73 1:21.32
200 Back	Tom Maleido	9/07/74	2:35.48	Betsy Jordan	8/11/73 2:58.97
50 Breast	Roy Rohe	6/16/74	36.7	Anne McGuire	6/16/74 40.8
100 Breast	Howard Roberts	9/07/74	1:19.91	Ivanelle Hoe	9/03/72 1:31.5
200 Breast	Howard Roberts	9/08/74	2:59.94	Ivanelle Hoe	9/03/72 3:27.5
50 Fly	Richard Tanabe	9/03/72	29.3	Pat Breesee	9/07/74 33.73
100 Fly	Burt Kanner	9/08/74	1:03.67	Pat Breesee	9/08/74 1:27.87
200 Fly	Burt Kanner	8/27/74	2:43.80	Carol Macpherson	8/11/74 3:32.6
200 IM	Dave McIntyre	8/11/73	2:34.92	Carol Macpherson	9/07/74 3:00.44
400 IM	Burt Kanner	8/27/74	5:48.50	Carol Macpherson	9/07/74 6:47.7

MEN		40-44 Years Old		WOMEN	
50 Free	Don Hill	9/08/74	26.49	Betty Brey	8/25/74 31.8
100 Free	Burwell Jones	9/07/74	58.91	Gail Roper	7/14/73 1:15.3
200 Free	Burwell Jones	9/07/74	2:09.08	Gail Roper	3/09/74 2:44.4
400 Free	Burwell Jones	9/08/74	4:38.82	Gail Roper	8/12/73 5:53.42
1500 Free	Burwell Jones	9/06/74	18:41.90	Gail Roper	8/10/73 23:29.82
50 Back	Burwell Jones	6/16/74	32.7	Barbara Reeve	8/03/74 40.17
100 Back	Burwell Jones	8/12/73	1:10.67	Barbara Reeve	8/25/74 1:26.35
200 Back	Burwell Jones	6/15/74	2:42.50	Barbara Reeve	9/07/74 3:04.07
50 Breast	Robert Kueny	8/03/74	37.5	Cindy Baxter	8/11/74 46.8
100 Breast	Ron Johnson	7/29/73	1:22.5	Gail Roper	8/11/73 1:36.62
200 Breast	Nino Cupaiuolo	9/08/74	2:59.67	Gail Roper	8/12/73 3:30.64
50 Fly	Ron Johnson	7/29/73	28.5	Betty Brey	7/28/73 34.8
100 Fly	Sandy Gideonse	6/25/74	1:14.3	Gail Roper	6/15/73 1:30.0
200 Fly	Art Welch	7/20/74	3:05.8	Cindy Baxter	8/11/74 4:23.7
200 IM	Burwell Jones	9/07/74	2:29.70	Gail Roper	8/11/73 3:06:13
400 IM	Buddy Belshe	6/02/74	6:20.0	Cindy Baxter	8/11/74 7:58.5

MEN		45-49 Years Old		WOMEN	
50 Free	Robert McKenzie	7/27/74	28.10	Gail Roper	/74 32.4
100 Free	Perry Rockwell	8/13/72	1:03.44	Gail Roper	9/07/74 1:09.85
200 Free	Carl Yates	6/15/73	2:23.9	Gail Roper	7/13/74 2:38.2
400 Free	Carl Yates	9/08/74	5:00.99	Gail Roper	7/14/74 5:36.7
1500 Free	Carl Yates	9/06/74	20:10.80	Gail Roper	8/11/74 23:01.6
50 Back	Robert McKenzie	8/24/74	35.5	Gail Roper	7/14/74 39.7
100 Back	Duane Draves	9/08/74	1:15.93	Anne Adams	9/08/74 1:27.58
200 Back	Duane Draves	9/07/74	2:45.64	Gail Roper	7/13/74 3:07.8
50 Breast	Jurgen Nebelung	8/03/74	40.1	Gail Roper	7/14/74 43.0
100 Breast	Roy Stickney	7/21/73	1:25.02	Gail Roper	9/07/74 1:29.80
200 Breast	Ted Haartz	9/08/74	3:09.10	Gail Roper	9/08/74 3:15.85
50 Fly	Edward Emes	9/07/74	30.50	Gail Roper	7/13/74 36.0
100 Fly	Hal Onusseit	8/13/72	1:15.85	Gail Roper	9/08/74 1:21.32
200 Fly	Paul Hutinger	8/25/74	3:14.73	Gail Roper	8/11/74 3:16.4
200 IM	Duane Draves	9/07/74	2:45.97	Gail Roper	9/07/74 2:55.61
400 IM	Paul Hutinger	8/09/74	6:16.01	Gail Roper	8/11/74 6:29.1

MEN		50-54 Years Old		WOMEN	
50 Free	Ray Hakomaki	8/12/72	29.12	Dorothy Donnelly	9/08/74 34.85
100 Free	Jim Welch	6/24/72	1:06.2	Dorothy Donnelly	9/07/74 1:17.45
200 Free	Art Koblish	9/07/74	2:31.81	Dorothy Ressegui	7/04/72 3:13.1
400 Free	Fred Taioli	9/08/74	5:32.95	Jane McCollister	8/13/72 6:56.02
1500 Free	Fred Taioli	9/06/74	22:17.30	Jeannette Eppley	8/10/73 27:37.31
50 Back	Paul Herron	8/17/74	35.8	Minna Hamner	8/25/74 48.5
100 Back	Paul Herron	6/24/72	1:16.6	Dorothy Donnelly	9/08/74 1:36.25
200 Back	Paul Herron	9/07/74	2:52.88	Minna Hamner	8/25/74 3:38.4
50 Breast	Ted VonBerckefeldt	7/13/74	38.4	Charlotte Costello	8/03/74 47.9
100 Breast	Jim Counsilman	8/12/72	1:26.60	Charlotte Costello	9/07/74 1:45.12
200 Breast	Jim Counsilman	8/13/72	3:10.76	Gerl Orosco	9/08/74 3:50.70
50 Fly	Art Koblish	9/07/74	34.70	Charlotte Costello	9/07/74 45.17
100 Fly	Art Koblish	9/08/74	1:21.01	Jeannette Eppley	6/30/74 1:56.5
200 Fly	Bill Stadig	12/07/73	3:19.5	Jeannette Eppley	8/02/74 4:33.2
200 IM	Paul Herron	6/25/72	2:55.1	Dorothy Ressegui	8/12/72 3:36.05
400 IM	Paul Herron	8/17/74	6:33.50	Jeannette Eppley	8/03/74 8:53.7

MEN		55-59 Years Old		WOMEN	
50 Free	Jim Welch	9/08/74	29.69	Helen Hummer	8/25/74 39.7
100 Free	Jim Welch	9/07/74	1:06.23	Jane McCollister	9/07/74 1:31.55
200 Free	Jim Welch	9/07/74	2:30.46	Jane McCollister	9/07/74 3:22.49
400 Free	Jim Welch	9/08/74	5:27.32	Jane McCollister	9/08/74 7:00.96
1500 Free	Jim Welch	9/06/74	21:50.80	Helen Hummer	9/06/74 28:03.2
50 Back	Ray Taft	7/13/74	37.6	Margaret George	51.7
100 Back	Dave Tyler, Jr.	9/08/74	1:21.97	Helen Hummer	9/08/74 1:43.82
200 Back	Ray Taft	9/07/74	3:07.32	Helen Hummer	9/07/74 3:52.03
50 Breast	Ed Blackledge	8/17/74	40.5	Mildred Anderson	12/08/73 54.5
100 Breast	Tom Lind	6/15/73	1:31.8	Jane McCollister	9/07/64 1:55.66
200 Breast	Tom Lind	6/15/73	3:25.7	Jane McCollister	7/14/74 4:16.6
50 Fly	Ray Taft	9/17/74	33.30	Helen Hummer	9/07/74 46.09
100 Fly	John Crews	9/08/74	1:23.19	Helen Hummer	9/08/74 1:51.73
200 Fly	Don Rankin	8/17/74	4:06.90	Rita Simonton	8/18/74 4:49.8
200 IM	Ray Taft	9/07/74	3:01.52	Helen Hummer	8/25/74 3:48.5
400 IM	Don Rankin	6/02/74	7:19.20	Rita Simonton	6/02/74 8:42.2

MEN		60-64 Years Old		WOMEN	
50 Free	Lyle Collet	8/26/72	31.2	Nancy Clark	8/25/74 39.6
100 Free	Lyle Collet	6/24/72	1:10.6	Nancy Clark	8/25/74 1:33.8
200 Free	Reg Richardson	9/07/74	2:49.84	Nancy Clark	8/25/74 3:31.1
400 Free	Lloyd Osborne	8/12/73	6:12.79	Nancy Clark	8/25/74 7:36.9
1500 Free	Lloyd Osborne	8/10/73	25:37.31	Helen Offenhauser	8/03/74 34:13.4
50 Back	Gordon Corson	7/13/74	41.6	Grace Deal	6/09/74 57.4
100 Back	Larry Smith	8/13/72	1:20.74	Maxine Merlino	9/08/74 1:48.05
200 Back	Larry Smith	9/07/74	3:24.56	Maxine Merlino	9/07/74 4:01.18
50 Breast	Walter Pfeiffer	7/20/74	44.9	Mildred Anderson	8/18/74 56.0
100 Breast	Walter Pfeiffer	6/02/74	1:37.0	Mildred Anderson	8/18/74 2:07.3
200 Breast	Walter Pfeiffer	7/20/74	3:38.3	Mildred Anderson	8/18/74 4:23.8
50 Fly	Mel Maxwell	9/07/74	36.81	Maxine Merlino	9/07/74 54.96
100 Fly	Walter Pfeiffer	9/08/74	1:33.89	Mildred Anderson	9/07/74 2:19.27
200 Fly	Walter Pfeiffer	7/19/74	3:39.9	Mildred Anderson	8/18/74 5:16.3
200 IM	Matt Stielaki	6/30/74	3:28.84	Mildred Anderson	9/07/74 4:35.53
400 IM	Walter Pfeiffer	6/02/64	7:21.00	Mildred Anderson	8/18/74 9:59.2

MEN		65-69 Years Old		WOMEN	
50 Free	Lloyd Osborne	9/08/74	33.06	Sylvia Bailey	9/08/74 51.44
100 Free	Lloyd Osborne	9/07/74	1:14.06	Sylvia Bailey	9/07/74 2:08.09
200 Free	Lloyd Osborne	9/07/74	2:49.16	Sylvia Bailey	9/07/74 4:47.72
400 Free	Lloyd Osborne	9/08/74	6:07.60	Sylvia Bailey	9/08/74 9:56.99
1500 Free	Lloyd Osborne	9/06/74	25:18.10	Evie Somers	8/03/74 38:50.5
50 Back	Frank Walton	7/28/74	41.3	Sylvia Bailey	7/14/74 1:10.1
100 Back	Arthur Hargrave	9/08/74	1:33.45	Johnnie Belshe	6/02/74 2:29.8
200 Back	Arthur Hargrave	9/07/74	3:32.96	Johnnie Belshe	7/20/74 5:28.3
50 Breast	George Munts	6/16/74	44.2	Rose Caplane	6/16/74 1:01.2
100 Breast	Sam Bernstein	9/07/74	1:43.84	Rose Caplane	6/15/74 2:20.2
200 Breast	Sam Bernstein	9/08/74	3:57.40	Rita Shepard	9/08/74 8:45.99
50 Fly	Alfred Guth	9/07/74	48.45	Sylvia Bailey	7/13/74 1:17.6
100 Fly	Alfred Guth	/74	2:01.60		
200 Fly	Alfred Guth	8/17/74	4:48.30		
200 IM	Alfred Guth	9/07/74	3:52.64		
400 IM	Alfred Guth	6/02/74	8:19.30		

MEN		70-79 Years Old		WOMEN	
50 Free	Clarence Ross	8/23/74	36.0	Sis Fogle	6/15/74 1:04.5
100 Free	Clarence Ross	9/07/74	1:23.52	Sis Fogle	6/16/74 2:23.7
200 Free	Clarence Ross	9/07/74	3:18.98	Frances Watkins	8/25/74 5:02.67
400 Free	Clarence Ross	8/23/74	7:13.17	Frances Watkins	8/25/74 10:35.5
1500 Free	Clarence Ross	8/24/74	29:01.35		
50 Back	John Moore	6/15/74	52.8	Sis Fogle	6/16/74 1:32.5
100 Back	Thomas Cureton	8/12/73	1:54.57	Frances Watkins	8/12/73 3:05.42
200 Back	Gehard Mauris	7/20/74	4:14.0	Sis Fogle	6/15/74 6:59.3
50 Breast	Karl Storz	7/28/74	1:05.84		
100 Breast	Al Kallunki	9/07/74	1:54.10	Elizabeth Mauric	6/02/74 3:02.7
200 Breast	Al Kallunki	7/13/74	4:14.10	Elizabeth Mauric	7/20/74 6:14.5
50 Fly	Al Kallunki	9/07/74	50.60		
100 Fly					
200 Fly					
200 IM	Al Kallunki	9/07/74	4:08.74		
400 IM					

MEN		80 Years and Over		WOMEN	
50 Free	Clarence Turner	8/10/74	2:35.70		

RELAYS

	MEN	25 Years and Over	WOMEN		
200 Free Relay	Cal-Tech "A" (McGrath, Krueger, Langendoen, Boyer)	9/06/74 1:40.61	Long Beach S. C. (Peterson, Johnson, Duncan, Fenstermacher)	9/06/74	2:02.15
200 Medley Relay	Rinconada "A" (Malley, Faunce, Oliver, Hammer)	9/07/74 1:55.8	Mid Atlantic Masters (Williams, Kilgour, Lane, Clay)	7/27/74	2:18.50
200 Free Mixed	Rinconada "A" (Topple, Hammer, Reeder, Faunce)	9/07/74 1:52.35			
	MEN	35 Years and Over	WOMEN		
200 Free Relay	Cal-Tech "A" (McMaster, Rosenthal, Kanner, Gideonse)	9/06/74 1:47.35	San Mateo Marlins "A" (Garratt, Kay, Dooling, Bresee)	9/06/74	2:13.46
200 Medley Relay	Cal-Tech "A" (McMaster, Roberts, Kanner, Gideonse)	9/07/74 2:06.37	San Mateo Marlins "A" (Kay, Dooling, Bresee, Garratt)	9/07/74	2:34.86
200 Free Mixed	Coronado Masters "A" (Worthington, Peckham, Lamont, Earley)	9/07/74 2:03.33			
	MEN	45 Years and Over	WOMEN		
200 Free Relay	San Mateo Marlins "A" (Prata, VonBerckefeldt, Lomski, Willson)	9/06/74 1:56.50	Rinconada Masters "A" (Bennett, Stimpson, Scholer, Roper)	9/06/74	2:19.85
200 Medley Relay	San Mateo Marlins "A" (Prata, VonBerckefeldt, Lomski, Willson)	9/07/74 2:17.45	Rinconada Masters "A" (Stimpson, Roper, Scholer, Bennett)	9/07/74	2:46.82
200 Free Mixed	Rinconada "A" (Rodder, Bennett, Roper, Yates)	9/07/74 2:04.41			

Changes in First Place Top Ten Listings
Short Course 1974

<u>MEN 35-39</u>	200 yd Fly	G. Downs	35	2:38.09
<u>WOMEN 25-29</u>	50 yd Brst	D. Barnhard	26	33.05
	200 yd Fly	B. Kilgour		2:33.34
<u>WOMEN 50-54</u>	100 yd Free	D. Ressegue		1:11.40
<u>WOMEN 55-59</u>	500 yd Free	H. Rumber	55	7:33.79
<u>WOMEN 60-64</u>	100 yd Free	N. Clark		1:24.38

The water's fine for Masters swimmers



Richard Denver relaxes after a quick lap.

A nice cool dip in the middle of a hot day is a good way to spend your lunch hour, right? For those IU faculty and staff members and their families who are members of the Masters swimming program, it can be more like doing an hour long marathon.

The Masters swimming program, part of the Amateur Athletic Union (AAU), was established four years ago by a navy doctor named Ransom Arthur.

Dr. Arthur, a neuro-physician, felt that a program should be established for former athletes who were no longer in college to help them keep in shape. Four years ago he started a program to encourage these former athletes to resume or continue their training. He also intended the program to encourage people to improve their general cardio-vascular conditioning.

The program, which started with only 40 members, totals over 500 nationwide today, and includes beginners as well as former competition swimmers.

The Masters program at IU is composed mostly of faculty and staff members, many of whom are nationally recognized swimmers, who take their lunch hours and during the summer work out at the IU outdoor pool.

"The basic requirement to join the program is that you be serious about swimming," says Don Glass, who along with Fred Laric runs the program at IU. "This is not just a recreation thing. You must swim at least 1000 yards a day, and compete in some of the masters competitions which are held in the area each year," he added.

Another requirement for the program is that you be at least 25 years of age or over. The swimmers of IU range between the ages of 25 and 54, but Glass says the age limit set by AAU is 80.

During the summer the swimmers hit the water between 12 and 1:30 p.m., often daily, but during the winter, when Roper pool is their home base, the schedule is less formal. "During the winter we can't practice until late in the evening, and the time is often harder for people to make," Glass said.

Glass notes that the competition is secondary in the program, that what is most important is that the swimmers give the swimmer a goal, something to reach for and to work at.

"The competition classes are set up very informally. There is no schedule to meet, everything is very loose. No one is made to go to an event. If they want to go and compete, they may get together and get a car full and take off, especially to events that may be long distances," Glass added.

Those swimming in the IU program pay an AAU classification fee once a year. There is no charge for the use of the pool by the masters swimmers. Most of the information about upcoming meets is obtained through either being on a mailing list, or ads about competitions listed in Swimmer, the AAU magazine which members can subscribe to.

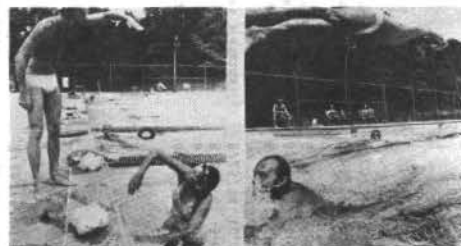
Several of the IU swimmers received top ranking during 1973 meets for their efforts. Some of the rankings for long and short course are: 1650 free style, ages 25-29, 8th place Kate Larson, and 9th place Janet Morris; 1650 free style, ages 35-39, Dina Zinnes, 4th place; 100 backstroke, ages 35-39, Dina Zinnes, 8th place; 400 freestyle, ages 35-39, Mita Glass, 9th place; 1500 freestyle, ages 25-29, Bob Larson, 10th place; 1500 free, ages 50-54, Doc Counsilman, 2nd place; 200 breast, ages 50-54, 1st place, Doc Counsilman; 200 individual medley, ages 50-54, 2nd place, Doc Counsilman.



Doug Strong, piano technician from the IU Music School, works on his breaststroke.



Catch (for the day) Don Glass supervises as Dina Zinnes (left) and Russell Salmon work on takeoffs.



Glass and Kate Larson, from the division of continuing education, discuss the proper stant of an arm.

ISHOF International SWIMMING HALL OF FAME, INC.
1 HALL OF FAME DRIVE - FORT LAUDERDALE, FLORIDA 33316 - TELEPHONE: 305/524 6536

HALL OF FAMERS... (and MASTERS SWIMMERS)

It's time to get in shape! Start thinking now about your coming to the ISHOF Honoree Induction Ceremonies on Friday evening, May 16th, at 7:00 p.m. The ceremonies will be followed by a 2-hour steak dinner cruise and dancing aboard the PADDLEWHEEL QUEEN, leaving from the Hall of Fame seawall at 9:00 p.m. Swimming Senator Barry Goldwater will be our guest speaker. Virtually every swimming celebrity you can think of will be here, we hope including YOU!

The reason we are writing now is that the AAU Masters Short Course Nationals are at the Hall of Fame pool this same May 16-17-18 weekend. Many of you ex-greats still swim and many more should be swimming if you're not. Here is a chance to meet your old friends in and out of the water. Past and present Honorees include many of the World's swim greats who will be here to swim again, or if not, then to watch you swim again. For example, how many of you gals from the 1952 Olympic team would like another crack at the Novak Sisters from Hungary? They're honorees and have been invited. Hungary is this year's Honor Country at the induction ceremonies Friday evening.

Please drop us at least a card if you are interested in further details as to time and place of the ceremonies, famous guests who have agreed to participate, tickets for the dinner cruise, and entry blanks for the Masters meet. Again, the big point of this letter is that you should start working out NOW if you plan to swim.

Masters Swimming is not limited to former champions...it's fun for everyone to participate, to say nothing of meeting so many of your old friends.

See you in May,
Buck Dawson
Buck Dawson
Executive Director



A non profit educational corporation to honor and promote swimming, diving, waterpolo, synchronized swimming, water safety, and aquatic art.

Results of the Second Annual PSA-AAU Masters Open Diving Invitational held in the City of Chula Vista, CA - Saturday, October 19, 1974. All competition performed on one and/or three meter springboards.

Men 25 - 29	5 req'd, 5 opt'l	Max. D.D. 12.0
1. John Samuelson, 29, Cardiff-by-the-Sea		392.00
2. Mike Murphy, 25, Chula Vista		372.35
3. Bill Karns, 25, Posona		300.60
Men 30 - 39	5 & 4	10.0
1. Kim Pearson, 35, Hollywood		350.05
2. Terry Erard, 34, London, England		276.30
Women 30 - 39	4 & 4	8.5
1. Maggie DeMaec, San Diego		215.55
Men 40 - 49	4 & 4	9.0
1. Tony Turner, 41, Riverside		302.55
2. Tom Crosby, 41, Chula Vista		262.65
3. Bob Sherman, 47, Walnut Creek		246.70
4. Doug Rucker, 46, Malibu		217.80
5. Bill Murray, 45, Palos Verdes		210.25
Women 40 - 49	4 & 5	7.5
1. Lois Wood, Canoga Park		207.15
2. Ida Wilson, Rolling Hills Estates		205.45
Men 50 - 59	5 & 5	7.0
1. Brud Cleveland, 56, Santa Monica		235.50
2. Floyd Stauffer, 58, Downey		215.75
3. Lyle Felderman, 55, Huntington Park		194.80
Men 60 & Older	2 & 5	5.5
1. Bill McAlister, 64, Madera		167.80
2. John Sable, 70, North Hollywood		160.65
3. Joe Mone, 67, Pico Rivera		160.25
Women 60 & Older	2 & 5	4.0
1. Gerta Ross, 69, Richmond		141.40

Results of Masters Clown Diving Competitions:

Individual Clown Diving - one diver and one announcer

- Defending champion Charlie Moss as "Geraldine" with 220 points.
- Brud Cleveland as a "Liberated Woman" with 204 points.
- Rick Evans as "Giovani the Challenger" with 202 points.
- Jose' Mone' as "Bubbles the Clown" with 172 points.

Team Clown Diving - two to five divers and one announcer

- San Francisco Aquanuts with a razzle dazzle splashacular - 278 points.
- Chula Vista Nuclear Nitwits with slapstick combinations - 250 points.
- Tony Turner's "Bumbling Blokes" - 204 points.
- Kim Pearson's crew - "The Ron Bros" - 180 points.

GAR EN STAFF SWIM POOL
HICKLEY HEIGHTS, N.J.
August 23, 24, 25, 1974

Women 25-29	200 METER FREESTYLE
Gail Madden 25	3:24.341
Women 30-34	
50 METER FREESTYLE	35.100
Stacy Frey 31	
100 METER FREESTYLE	1:22.608
Stacy Frey 31	
400 METER FREESTYLE	7:12.162
Stacy Frey 31	
1500 METER FREESTYLE	21:27.063
Lynn Joesten 33	
100 METER BACKSTROKE	1:46.401
Stacy Frey 31	
200 METER BACKSTROKE	3:59.876
Stacy Frey 31	
400 METER BACKSTROKE	5:04.000
Julie Walden 33	
100 METER BREASTSTROKE	1:17.705
Stacy Frey 31	
50 METER BUTTERFLY	39.511
Stacy Frey 31	
200 METER BUTTERFLY	3:25.151
Lynn Joesten 33	
400 METER IND. MEDLEY	2:13.823
Lynn Joesten 33	
800 METER IND. MEDLEY	3:10.587
Stacy Frey 31	
Women 35-39	
50 METER FREESTYLE	41.800
Jan Moeller 39	
200 METER FREESTYLE	3:52.648
Lorraine Rizzuto 38	
400 METER FREESTYLE	3:58.121
Jan Moeller 39	
100 METER BACKSTROKE	8:10.551
Lorraine Rizzuto 38	
200 METER BACKSTROKE	3:43.621
Lorraine Rizzuto 38	
400 METER BACKSTROKE	1:59.100
Lorraine Rizzuto 38	

200 METER BACKSTROKE	200 METER FREESTYLE
Lorraine Rizzuto 38	4:11.846
100 METER BREASTSTROKE	1:58.465
Jan Moeller 39	
200 METER BREASTSTROKE	4:14.801
Jan Moeller 39	
50 METER BUTTERFLY	53.088
Jan Moeller 39	
100 METER BUTTERFLY	2:19.264
Jan Moeller 39	
200 METER IND. MEDLEY	4:59.012
Lorraine Rizzuto 38	
Women 40-44	
50 METER FREESTYLE	48.900
Gail Lange 40	
100 METER FREESTYLE	1:31.101
Lisa Bogatko 44	
200 METER FREESTYLE	2:34.260
Gail Lange 40	
400 METER FREESTYLE	1:51.389
Lisa Bogatko 44	
800 METER FREESTYLE	2:27.648
Gail Lange 40	
100 METER BACKSTROKE	4:02.131
Lisa Bogatko 44	
200 METER BACKSTROKE	56.788
Gail Lange 40	
50 METER BUTTERFLY	30.800
Gary Knox 28	
100 METER BUTTERFLY	1:10.340
Gary Knox 28	
200 METER BUTTERFLY	2:32.398
Gary Knox 28	
400 METER BUTTERFLY	5:36.567
Larry Weiss 26	
800 METER BUTTERFLY	23:01.188
Gary Knox 28	
100 METER BACKSTROKE	3:02.308
Larry Weiss 26	
200 METER BACKSTROKE	1:24.367
Larry Weiss 26	
400 METER BACKSTROKE	1:24.375
Barry Roffer 27	
800 METER BACKSTROKE	31.971
Barry Roffer 27	

Men 30-34	50 METER FREESTYLE
Phillip Goode 31	29.800
100 METER FREESTYLE	1:01.068
Jack Goeghegan 32	
200 METER FREESTYLE	2:33.230
Phillip Goode 31	
400 METER FREESTYLE	4:55.748
Phillip Goode 31	
800 METER FREESTYLE	5:24.551
Harry Hamilton 33	
1500 METER FREESTYLE	19:51.800
Phillip Goode 31	
200 METER BACKSTROKE	20:52.888
Harry Hamilton 33	
400 METER BACKSTROKE	3:00.863
Jack Goeghegan 32	
800 METER BACKSTROKE	1:32.828
Jack Goeghegan 32	
1500 METER BACKSTROKE	1:38.620
Alan Tepper 32	
Men 35-39	
50 METER FREESTYLE	30.088
Jack Goeghegan 32	
100 METER FREESTYLE	31.635
Phillip Goode 31	
Men 40-44	
50 METER FREESTYLE	30.900
Steve Kurtin 35	
100 METER FREESTYLE	31.100
Bill Scheeler 36	
200 METER FREESTYLE	33.200
Jay Simpson 35	
400 METER FREESTYLE	34.600
Ben Simon 36	
800 METER FREESTYLE	37.000
Rudy Morvay 37	
1500 METER FREESTYLE	1:08.473
Robert Walden 35	
200 METER BACKSTROKE	1:11.506
Bill Scheeler 36	
400 METER BACKSTROKE	1:14.535
Steve Kurtin 35	
800 METER BACKSTROKE	1:20.538
Ben Simon 36	
1500 METER BACKSTROKE	1:27.095
Rudy Morvay 37	
50 METER BUTTERFLY	1:27.274
Jay Simpson 35	
100 METER BUTTERFLY	2:38.697
Robert Walden 35	
200 METER BUTTERFLY	2:44.229
Bill Scheeler 36	
400 METER BUTTERFLY	5:47.957
Robert Walden 35	
800 METER BUTTERFLY	6:37.088
Steve Kurtin 35	
1500 METER BUTTERFLY	6:53.414
Ben Simon 36	
50 METER FREESTYLE	23:39.164
Robert Walden 35	
100 METER FREESTYLE	27:10.877
Ben Simon 36	
200 METER FREESTYLE	1:32.611
Rudy Morvay 37	
400 METER FREESTYLE	1:35.054
Ben Simon 36	
800 METER FREESTYLE	3:29.523
Ben Simon 36	
1500 METER FREESTYLE	3:35.450
Rudy Morvay 37	
50 METER BACKSTROKE	1:37.438
Steve Kurtin 35	
100 METER BACKSTROKE	1:38.435
Rudy Morvay 37	
200 METER BACKSTROKE	2:09.897
Ben Simon 36	
400 METER BACKSTROKE	3:41.671
Rudy Morvay 37	
800 METER BACKSTROKE	32.358
Steve Kurtin 35	
1500 METER BACKSTROKE	37.000
Ben Simon 36	
50 METER BUTTERFLY	1:26.690
Steve Kurtin 35	
100 METER BUTTERFLY	1:39.208
Ben Simon 36	
200 METER BUTTERFLY	3:20.563
Steve Kurtin 35	
400 METER BUTTERFLY	1:25.420
Walt Woodruff 42	
800 METER BUTTERFLY	3:18.574
Walt Woodruff 42	
1500 METER BUTTERFLY	7:42.065
Ken Dawson 43	
50 METER FREESTYLE	28:39.167
Walt Woodruff 42	
100 METER FREESTYLE	1:39.529
Ken Dawson 43	
200 METER FREESTYLE	1:57.214
Walt Woodruff 42	
400 METER FREESTYLE	4:06.446
Ken Dawson 43	
800 METER FREESTYLE	4:25.336
Walt Woodruff 42	
1500 METER FREESTYLE	39.124
Walt Woodruff 42	
50 METER BACKSTROKE	1:47.740
Walt Woodruff 42	
100 METER BACKSTROKE	3:49.873
Walt Woodruff 42	
200 METER BACKSTROKE	
Walt Woodruff 42	
400 METER BACKSTROKE	
Walt Woodruff 42	
800 METER BACKSTROKE	
Walt Woodruff 42	
1500 METER BACKSTROKE	
Walt Woodruff 42	
Men 45-49	
50 METER FREESTYLE	35.000
Dan Sullivan 47	
100 METER FREESTYLE	35.600
Jim Forbes 48	
200 METER FREESTYLE	1:34.159
Dan Sullivan 47	
400 METER FREESTYLE	3:10.187
Dan Sullivan 47	
800 METER FREESTYLE	6:57.453
Dan Sullivan 47	
1500 METER FREESTYLE	7:52.828
Jim Forbes 48	
50 METER BACKSTROKE	27:49.158
Dan Sullivan 47	
100 METER BACKSTROKE	1:43.780
Dan Sullivan 47	
200 METER BACKSTROKE	1:48.801
Jim Forbes 48	
400 METER BACKSTROKE	3:52.300
Dan Sullivan 47	
800 METER BACKSTROKE	2:11.250
Dan Sullivan 47	
1500 METER BACKSTROKE	3:41.688
Jim Forbes 48	

50 METER BUTTERFLY	50 METER FREESTYLE
Dan Sullivan 47	50.423
100 METER BUTTERFLY	1:57.668
Jim Forbes 48	
200 METER IND. MEDLEY	3:51.559
Dan Sullivan 47	
Men 55-64	
50 METER FREESTYLE	34.500
Austin Newman 58	
100 METER FREESTYLE	36.600
Dick Guido 58	
200 METER FREESTYLE	37.200
Fred Stickle 58	
400 METER FREESTYLE	1:24.392
Dick Guido 58	
800 METER FREESTYLE	3:04.697
Austin Newman 58	
1500 METER FREESTYLE	3:18.619
Dick Guido 58	
50 METER BACKSTROKE	3:49.550
Fred Stickle 58	
100 METER BACKSTROKE	6:29.334
Austin Newman 58	
200 METER BACKSTROKE	7:13.071
Dick Guido 58	
400 METER BACKSTROKE	25:42.960
Austin Newman 58	
800 METER BACKSTROKE	28:28.072
Dick Guido 58	
1500 METER BACKSTROKE	1:35.230
Dick Guido 58	
50 METER BUTTERFLY	2:00.822
Fred Stickle 58	
100 METER BUTTERFLY	3:34.410
Dick Guido 58	
200 METER BUTTERFLY	1:45.586
John Sole 56	
400 METER BUTTERFLY	41.043
John Sole 56	
800 METER BUTTERFLY	3:55.283
Dick Guido 58	
1500 METER BUTTERFLY	3:55.746
Fred Stickle 58	
Men 60-64	
50 METER FREESTYLE	45.100
Bob Coyle 61	
100 METER FREESTYLE	1:40.405
Bob Coyle 61	
200 METER FREESTYLE	3:41.785
Bob Coyle 61	
400 METER FREESTYLE	8:18.662
Bob Coyle 61	
800 METER FREESTYLE	31:04.669
Bob Coyle 61	
1500 METER FREESTYLE	1:43.218
Bob Coyle 61	
50 METER BACKSTROKE	3:42.668
Bob Coyle 61	
100 METER BACKSTROKE	2:35.267
Bob Coyle 61	
200 METER BACKSTROKE	5:39.983
Bob Coyle 61	
400 METER BACKSTROKE	1:08.559
Bob Coyle 61	
800 METER BACKSTROKE	2:41.217
Bob Coyle 61	
Men 65-69	
50 METER FREESTYLE	41.100
Harry Jagers 67	
100 METER FREESTYLE	43.400
Sidney Silbert 66	
200 METER FREESTYLE	1:44.960
Sidney Silbert 66	
400 METER FREESTYLE	3:54.588
Oscar Sigrist 66	
800 METER FREESTYLE	3:57.667
Harry Jagers 67	
1500 METER FREESTYLE	8:25.051
Harry Jagers 67	
50 METER BACKSTROKE	32:46.919
Harry Jagers 67	
100 METER BACKSTROKE	33:07.758
Oscar Sigrist 66	
200 METER BACKSTROKE	1:46.917
Harry Jagers 67	
400 METER BACKSTROKE	1:55.671
Harry Jagers 67	
800 METER BACKSTROKE	3:54.666
Oscar Sigrist 66	
1500 METER BACKSTROKE	4:11.899
Harry Jagers 67	
50 METER BUTTERFLY	2:01.720
Oscar Sigrist 66	
100 METER BUTTERFLY	4:38.295
Oscar Sigrist 66	
Men 70+	
50 METER FREESTYLE	36.00
Clarence Ross 75	
100 METER FREESTYLE	1:25.142
Clarence Ross 75	
200 METER FREESTYLE	3:21.000
Clarence Ross 75	
400 METER FREESTYLE	7:13.177
Clarence Ross 75	
800 METER FREESTYLE	29:01.536
Clarence Ross 75	

GREATER KANSAS CITY MASTERS
SWIM MEET
Kansas City, Missouri
Sept. 28-29, 1974

Women 25-29	50 YARD FREESTYLE
Ruth McPherson 25	33.9
100 YARD FREESTYLE	1:18.3
Ruth McPherson 25	
200 YARD FREESTYLE	2:27.3
Susan Schaffer 26	
400 YARD FREESTYLE	2:41.1
Fat Livingston 27	

1650 YARD FREESTYLE	27:48.3
Carol Fo	

200 YARD BUTTERFLY	
Mildred Anderson 60	4:40.5
100 YARD INDIVIDUAL MEDLEY	
Mildred Anderson 60	1:57.0
400 YARD INDIVIDUAL MEDLEY	
Mildred Anderson 60	9:19.1
MEN 25-29	
50 YARD FREESTYLE	
David Schmidt 28	25.2
Tom McPherson 27	33.8
100 YARD FREESTYLE	
Tom McPherson 27	1:20.0
100 YARD BACKSTROKE	
Paul Swafford 28	1:15.7
Tom McPherson 27	1:35.1
200 YARD BACKSTROKE	
Paul Swafford 28	2:57.8
100 YARD BREAFASTROKE	
Ken Simpson 28	1:09.0
200 YARD BREAFASTROKE	
Ken Simpson 28	2:37.2
50 YARD BUTTERFLY	
David Schmidt 28	27.7
100 YARD INDIVIDUAL MEDLEY	
David Schmidt 28	1:05.5
Ken Simpson 28	1:07.0
200 YARD INDIVIDUAL MEDLEY	
David Schmidt 28	2:36.3

MEN 30-34	
50 YARD FREESTYLE	
Bill Claarhout 34	24.9
100 YARD FREESTYLE	
Bill Claarhout 34	53.9
200 YARD FREESTYLE	
Bill Claarhout 34	2:07.5
500 YARD FREESTYLE	
Dan Northway 32	6:17.9
1650 YARD FREESTYLE	
Dan Northway 32	22:20.8
200 YARD BACKSTROKE	
Bob Foote 31	2:42.9
Bob Kent 33	2:45.0
100 YARD BREAFASTROKE	
Bob Foote 31	1:16.5
John Crook 31	1:23.1
50 YARD BUTTERFLY	
Bob Kent 33	27.0
Bill Claarhout 34	27.6
200 YARD BUTTERFLY	
John Crook 31	3:43.2
100 YARD INDIVIDUAL MEDLEY	
Bob Foote 31	1:08.5

MEN 35-39	
500 YARD FREESTYLE	
Jim Sampson 35	6:40.1
1650 YARD FREESTYLE	
Jim Sampson 35	25:38.4
200 YARD BACKSTROKE	
Jim Sampson 35	2:44.2
50 YARD BUTTERFLY	
Jim Sampson 35	29.5
100 YARD BUTTERFLY	
Jim Sampson 35	1:10.9
100 YARD INDIVIDUAL MEDLEY	
Jim Sampson 35	1:12.4

MEN 40-44	
50 YARD FREESTYLE	
Ralph Smith 41	25.3
Herb Martin 44	28.5
100 YARD FREESTYLE	
Ralph Smith 41	55.4
Noel Scott 41	1:01.0
200 YARD FREESTYLE	
Ralph Smith 41	2:07.1
500 YARD FREESTYLE	
Ralph Smith 41	5:58.6
1650 YARD FREESTYLE	
Ralph Smith 41	21:17.8
100 YARD BACKSTROKE	
Herb Martin 44	1:12.1
200 YARD BACKSTROKE	
Herb Martin 44	2:44.2
100 YARD BUTTERFLY	
Noel Scott 41	1:23.9
100 YARD INDIVIDUAL MEDLEY	
Noel Scott 41	1:14.3
200 YARD INDIVIDUAL MEDLEY	
Noel Scott 41	2:57.0

MEN 45-49	
50 YARD FREESTYLE	
John Zagar 47	29.4
Jerry Gallaher 45	31.7
100 YARD BACKSTROKE	
John Zagar 47	1:20.9
100 YARD BREAFASTROKE	
Jerry Gallaher 45	1:22.7
200 YARD BREAFASTROKE	
Jerry Gallaher 45	3:10.0
50 YARD BUTTERFLY	
John Zagar 47	32.6
100 YARD INDIVIDUAL MEDLEY	
John Zagar 47	1:15.9
Jerry Gallaher 45	1:23.6
MEN 50-54	
50 YARD FREESTYLE	
George Swanson 53	29.4
Bill Simpson 50	30.9
Frank Erickson 51	35.1
100 YARD FREESTYLE	
George Swanson 53	1:09.6
Frank Erickson 51	1:16.2
200 YARD FREESTYLE	
George Swanson 53	2:44.0
Frank Erickson 51	2:45.5
500 YARD FREESTYLE	
Bill Simpson 50	8:00.2
1650 YARD FREESTYLE	
Frank Erickson 51	26:36.6

100 YARD BACKSTROKE	
Frank Erickson 51	1:36.2
100 YARD BREAFASTROKE	
Bill Simpson 50	1:22.3
200 YARD BREAFASTROKE	
Bill Simpson 50	3:01.0
50 YARD BUTTERFLY	
Bill Simpson 50	34.7
George Swanson 53	45.0
100 YARD INDIVIDUAL MEDLEY	
Bill Simpson 50	1:26.0
George Swanson 53	1:34.9
MEN 55-59	
100 YARD FREESTYLE	
Hamilton Anderson 60	1:11.0
200 YARD FREESTYLE	
Hamilton Anderson 60	2:45.0
500 YARD FREESTYLE	
Hamilton Anderson 60	7:46.1
100 YARD BACKSTROKE	
Hamilton Anderson 60	1:32.0
200 YARD BACKSTROKE	
Hamilton Anderson 60	3:25.4
100 YARD BREAFASTROKE	
Hamilton Anderson 60	1:51.4
200 YARD BREAFASTROKE	
Hamilton Anderson 60	3:50.0

CALTECH MASTERS	
October 20, 1974	
Pasadena, California	
WOMEN 25-29	
50 YARD FREESTYLE	
Susan T. Winn 27	30.8
Marie Z. Latham 26	31.0
Kathleen Jenkins 25	32.2
100 YARD FREESTYLE	
Marie Z. Latham 26	1:12.2
50 YARD BACKSTROKE	
Toni Claudio 25	35.1
Susan T. Winn 27	38.8
Kathleen Jenkins 25	38.0
50 YARD BREAFASTROKE	
Susan T. Winn 27	39.7
Toni Claudio 25	34.9
Marie Z. Latham 26	36.9
100 YARD IND. MEDLEY	
Toni Claudio	1:18.5
Kathleen Jenkins 25	1:26.0
Marie Z. Latham 26	1:29.1
WOMEN 30-34	
50 YARD FREESTYLE	
Janet E. Royer 33	32.6
Christine Martin 32	37.0
100 YARD FREESTYLE	
Janet E. Royer 33	1:15.2
Christine Martin 32	1:29.8
50 YARD BACKSTROKE	
Janet E. Royer 33	49.4
Christine Martin 32	50.5
100 YARD BACKSTROKE	
Martha Childs 34	1:31.9
Christine Martin 32	1:48.5
50 YARD BREAFASTROKE	
Martha Childs 34	41.0
Janet E. Royer 33	45.3
100 YARD BREAFASTROKE	
Martha Childs 34	1:29.6
50 YARD BUTTERFLY	
Janet E. Royer 33	41.3
Christine Martin 32	49.0
100 YARD BUTTERFLY	
Martha Childs 34	1:34.4
100 YARD IND. MEDLEY	
Martha Childs 34	1:27.1
Janet E. Royer 33	1:31.3
Christine Martin 32	1:45.0
WOMEN 35-39	
50 YARD FREESTYLE	
Janet Lamott 39	30.2
Debbie Peckham 35	32.6
Sandra Riddle 35	33.2
Dudley Tidmore 36	34.4
Gladys L. Bourseau 39	35.8
100 YARD FREESTYLE	
Janet Lamott 39	1:09.7
Judy Collins 35	1:10.8
Janice Gray 36	1:12.4
Debbie Peckham 35	1:13.4
Sandra Riddle 35	1:15.4
Gladys Bourseau 39	1:17.5
Evelyn Debes 38	1:18.4
50 YARD BACKSTROKE	
Evelyn Debes 38	39.6
Sandra Riddle 35	41.7
Dudley Tidmore 36	41.9
100 YARD BACKSTROKE	
Judy Collins 35	1:27.5
Sandra Riddle 35	1:31.2
50 YARD BREAFASTROKE	
Debbie Peckham 35	48.6
Dudley Tidmore 36	49.5
Jane F. Hosen 39	52.5
100 YARD BREAFASTROKE	
Janice Gray 36	1:29.7
Jane F. Hosen 39	1:56.7
50 YARD BUTTERFLY	
Janet Lamott 39	36.3
Janice Gray 36	39.0
Judy Collins 35	39.6
Evelyn Debes 38	39.7
Gladys Bourseau 39	40.0
Debbie Peckham 35	43.6
Dudley Tidmore 36	49.4
100 YARD BUTTERFLY	
Janice Gray 36	1:26.7
Judy Collins 35	1:26.9

WOMEN 40-44	
50 YARD FREESTYLE	
Lillian M. Kerr 47	36.2
Alicia Horst 49	39.2
100 YARD FREESTYLE	
Lillian M. Kerr 47	1:25.6
Alicia Horst 49	51.6
50 YARD BREAFASTROKE	
Alicia Horst 49	44.8
WOMEN 45-49	
50 YARD FREESTYLE	
Bette Crowell 54	38.9
50 YARD BACKSTROKE	
Bette Crowell 54	45.2
100 YARD BACKSTROKE	
Bette Crowell 54	1:37.6
50 YARD BREAFASTROKE	
Bette Crowell 54	50.4
WOMEN 55-59	
50 YARD FREESTYLE	
Margaret George 57	38.0
100 YARD FREESTYLE	
Rita Simonton 56	1:21.6
Margaret George 57	1:29.4
50 YARD BACKSTROKE	
Viola Thompson 56	50.4
100 YARD BACKSTROKE	
Margaret George 57	1:42.8
50 YARD BREAFASTROKE	
Viola Thompson 56	54.3
Margaret George 57	54.3
50 YARD BUTTERFLY	
Viola Thompson 56	53.0
100 YARD BUTTERFLY	
Viola Thompson 56	1:52.7
Rita Simonton 56	1:56.9
100 YARD IND. MEDLEY	
Rita Simonton 56	1:41.2
Viola Thompson 56	1:44.6
WOMEN 65-69	
50 YARD BACKSTROKE	
Elizabeth Gray 68	1:34.7
100 YARD BACKSTROKE	
Elizabeth Gray 68	2:58.9
WOMEN 70+	
50 YARD FREESTYLE	
Elizabeth Mauric 70	1:00.4
100 YARD FREESTYLE	
Elizabeth Mauric 70	2:13.9
50 YARD BREAFASTROKE	
Elizabeth Mauric 70	1:11.5
100 YARD BREAFASTROKE	
Elizabeth Mauric 70	2:38.4

MEN 25-29	
50 YARD FREESTYLE	
William R. Damm 28	24.6
Dan Ferrari 25	25.6
John R. Shea 25	27.1
Paul Dimotakis 29	27.3
Al Truscott 25	27.9
Charles W. Frost	30.0
100 YARD FREESTYLE	
William R. Damm 28	54.0
Dan Ferrari 25	58.1
Paul Dimotakis 29	59.6
John R. Shea 25	59.6
Robert D. Winn 29	1:00.1
50 YARD BACKSTROKE	
Robert D. Winn 29	31.0
Dan Ferrari 25	35.4

100 YARD IND. MEDLEY	
Janet Lamott 39	1:21.7
Janice Gray 36	1:22.5
Evelyn Debes 38	1:30.9
Judy Collins 35	1:32.5
Debbie Peckham 35	1:32.9
Dudley Tidmore 36	1:38.0
Gladys Bourseau 39	1:38.9
WOMEN 40-44	
50 YARD FREESTYLE	
Helga L. Palmer 44	31.8
Jacqueline D. Smith 43	34.1
Adrienne Pipes 40	33.4
Carol Sturtevant 41	47.1
Ivy Page 43	51.5
100 YARD FREESTYLE	
Helga L. Palmer 44	1:12.2
Barbara Ficker 40	1:26.1
Janet Partridge 42	1:29.9
50 YARD BACKSTROKE	
Jacqueline D. Smith 43	41.0
Carol Sturtevant 41	48.8
100 YARD BACKSTROKE	
Jacqueline D. Smith 43	1:37.4
Janet Partridge 42	1:46.2
Oujia Nichols 42	1:58.7
50 YARD BREAFASTROKE	
Jacqueline D. Smith 43	44.6
Adrienne Pipes 40	45.7
Barbara Ficker 40	51.6
Carol Sturtevant 41	59.8
100 YARD BREAFASTROKE	
Adrienne Pipes 40	1:40.4
Barbara Ficker 40	1:56.3
Oujia Nichols 42	2:11.6
50 YARD BUTTERFLY	
Adrienne Pipes 40	38.6
Helga L. Palmer 44	42.4
Janet Partridge 42	48.1
100 YARD BUTTERFLY	
Janet Partridge 42	1:52.8
100 YARD IND. MEDLEY	
Adrienne Pipes 40	1:28.7
Jacqueline D. Smith 43	1:30.8
Janet Partridge 42	1:43.2
Barbara Ficker 40	1:47.0
Oujia Nichols 42	2:04.5
WOMEN 45-49	
50 YARD FREESTYLE	
Lillian M. Kerr 47	36.2
Alicia Horst 49	39.2
100 YARD FREESTYLE	
Lillian M. Kerr 47	1:25.6
Alicia Horst 49	51.6
50 YARD BREAFASTROKE	
Alicia Horst 49	44.8

100 YARD BACKSTROKE	
Robert D. Winn 29	1:09.5
Al Truscott 25	1:22.6
50 YARD BREAFASTROKE	
Charles W. Frost 27	32.1
Al Truscott 25	33.8
Dan Ferrari 25	34.6
100 YARD BREAFASTROKE	
Charles W. Frost 27	1:11.7
Al Truscott 25	1:14.5
50 YARD BUTTERFLY	
Dan Ferrari 25	28.6
John R. Shea 25	31.5
100 YARD IND. MEDLEY	
Paul Dimotakis 29	1:10.1
Dan Ferrari 25	1:10.1
Al Truscott 25	1:11.3
MEN 30-34	
50 YARD FREESTYLE	
Ed Spencer 32	24.0
Bill Page 34	26.5
Hugh Bobys 33	27.2
Charles Faerber 30	29.4
Jim Thomas 32	31.6
100 YARD FREESTYLE	
Bill Page 34	58.5
Hugh Bobys 33	1:01.6
Jim Thomas 32	1:13.2
50 YARD BACKSTROKE	
Jerry Lloyd 33	33.2
100 YARD BACKSTROKE	
Jerry Lloyd 33	1:13.2
50 YARD BREAFASTROKE	
Ed Spencer 32	32.3
Jim Thomas 32	44.6
100 YARD BREAFASTROKE	
Charles Faerber 30	1:22.2
50 YARD BUTTERFLY	
Ed Spencer 32	25.5
Bill Page 34	30.7
Hugh Bobys 33	32.3
Jim Thomas 32	42.9
100 YARD IND. MEDLEY	
Hugh Bobys 33	1:16.2
Charles Faerber 30	1:18.9
Jim Thomas 32	1:32.0
MEN 35-39	
50 YARD FREESTYLE	
Cdr Bill Earley 37	25.0
William Slaughter 35	26.5
D. J. Kevles 35	27.1
David Lamott 39	28.1
John Collins 38	38.4
100 YARD FREESTYLE	
Burt Kanner 35	54.5
William Slaughter 35	59.3
D. J. Kevles 35	1:00.0
David Lamott 39	1:07.9
John Collins 38	1:30.3
100 YARD BACKSTROKE	
Cdr Bill Earley 37	1:06.7
Burt Kanner 35	1:11.6
William Slaughter 35	1:14.0
M. Hoffer 39	1:22.1
100 YARD BREAFASTROKE	
Burt Kanner 35	1:19.2
David Lamott 39	1:23.3
50 YARD BUTTERFLY	
D. J. Kevles 35	31.8
M. Hoffer 39	32.0
William Slaughter 35	32.1
100 YARD BUTTERFLY	
Burt Kanner 35	59.8
David Lamott 39	1:26.1
100 YARD IND. MEDLEY	
Burt Kanner 35	1:04.1
Cdr Bill Earley 37	1:06.5
William Slaughter 35	1:10.3
D. J. Kevles 35	1:13.0
David Lamott 39	1:13.8
MEN 40-44	
50 YARD FREESTYLE	
Thomas E. Scotton 44	29.4
Budd Symes 40	30.3
J. E. Winkler 41	31.1
Don Johnson 43	31.7
100 YARD FREESTYLE	
Bradford Sturtevant 40	56.4
50 YARD BACKSTROKE	
Art Welch 42	36.3
J. E. Winkler 41	42.3
100 YARD BACKSTROKE	
Neal R. Palmer	1:11.6
Bradford Sturtevant 40	1:11.8
50 YARD BREAFASTROKE	
William K. Davis 40	33.3
Budd Symes 40	36.3
Art Welch 42	42.6
J. E. Winkler 41	42.7
100 YARD BREAFASTROKE	
William K. Davis 40	1:15.5
Budd Symes 40	1:21.2
Bradford Sturtevant 40	1:22.0
50 YARD BUTTERFLY	
Art Welch 42	30.6
Don Johnson 43	36.0
Thomas Scotton 44	37.4
100 YARD BUTTERFLY	
Bradford Sturtevant 40	1:08.0
Art Welch 42	1:08.3
Don Johnson 43	1:30.7
100 YARD IND. MEDLEY	
Bradford Sturtevant 40</	

WOMEN 30-34	
50 YARD "B" FREESTYLE	
Sidney Hendrickson	32 35.7
Carol Sing	33 39.1
Martha Albarts	33 44.5
Jacqui McNally	33 50.0
50 YARD "B" BACKSTROKE	
Martha Albarts	33 1:01.9
Jacqui McNally	33 1:11.0
50 YARD "B" BREASTSTROKE	
Carol Sing	33 45.2
S. Hendrickson	32 47.4
Jacqui McNally	33 50.8
200 YARD BREASTSTROKE	
Jacqui McNally	33 3:44.0
Carol Sing	33 3:48.0
100 YARD IND. MEDLEY	
S. Hendrickson	32 1:33.9
Jacqui McNally	33 1:57.9
WOMEN 35-39	
50 YARD "A" FREESTYLE	
Janet Lamott	39 29.7
Judy Collins	35 30.2
Debbie Peckham	35 32.1
Sandra Riddle	35 32.1
Dudley Tidmore	36 37.8
50 YARD "B" FREESTYLE	
Jeanne Markham	38 45.6
200 YARD FREESTYLE	
Janet Lamott	39 2:34.7
Judy Collins	35 2:38.7
Sandra Riddle	35 2:54.8
1650 YARD FREESTYLE	
Janet Lamott	39 24:03.1
Judy Collins	35 24:36.5
Betsy Jordan	37 27:00.0
Sandra Riddle	35 27:19.7
WOMEN 35-39	
50 YARD "A" BACKSTROKE	
Betsy Jordan	37 35.3
Janet Lamott	39 37.6
Sandra Riddle	35 39.5
Judy Collins	35 39.3
50 YARD "B" BACKSTROKE	
Dudley Tidmore	36 41.6
Debbie Peckham	35 45.6
Jeanne Markham	38 1:04.8
200 YARD BACKSTROKE	
Betsy Jordan	37 2:45.0
Judy Collins	35 3:10.5
Sandra Riddle	35 3:13.8
50 YARD "B" BREASTSTROKE	
Debbie Peckham	35 47.3
Dudley Tidmore	36 49.2
Jane Hoen	39 50.4
Jeanne Markham	38 52.2
50 YARD BUTTERFLY	
Debbie Peckham	35 41.3
Dadley Tidmore	36 51.8
Jeanne Markham	38 1:00.7
100 YARD "A" IND. MEDLEY	
Betsy Jordan	37 1:19.4
Debbie Peckham	35 1:30.8
100 YARD "B" IND. MEDLEY	
Dudley Tidmore	36 1:33.4
Jeanne Markham	38 1:59.7
200 YARD IND. MEDLEY	
Janet Lamott	39 3:11.1
WOMEN 40-44	
50 YARD FREESTYLE	
Jacqueline Smith	43 43.2.9
50 YARD "A" BREASTSTROKE	
Jacqueline Smith	43 45.0
Adrienne Pipes	40 44.9
200 YARD BREASTSTROKE	
Adrienne Pipes	40 3:33.4
Jacqueline Smith	43 3:37.6
50 YARD BUTTERFLY	
Adrienne Pipes	40 38.6
Jacqueline Smith	43 45.0
100 YARD BUTTERFLY	
Adrienne Pipes	40 1:33.2
100 YARD IND. MEDLEY	
Jacqueline Smith	43 1:28.8
200 YARD IND. MEDLEY	
Adrienne Pipes	40 3:20.4
WOMEN 45-49	
50 YARD FREESTYLE	
Alicia Horst	49 38.5
50 YARD BACKSTROKE	
Alicia Horst	49 49.9
200 YARD BACKSTROKE	
Anne Adams	46 2:50.6
50 YARD "A" BREASTSTROKE	
Alicia Horst	49 44.7
100 YARD BUTTERFLY	
Anne Adams	46 1:18.3
200 YARD IND. MEDLEY	
Anne Adams	46 2:51.9
WOMEN 50-54	
50 YARD "B" FREESTYLE	
Tina Dickinson	52 43.3
1650 YARD FREESTYLE	
Tina Dickinson	52 32:31.3
50 YARD BREASTSTROKE	
Gerda Hornsveld	50 46.6
Tina Dickinson	52 50.9
200 YARD BREASTSTROKE	
Gerda Hornsveld	50 3:42.4
Tina Dickinson	52 3:53.5
WOMEN 55-59	
200 YARD FREESTYLE	
Margaret George	57 3:12.4
1650 YARD FREESTYLE	
Margaret George	57 29:22.9
50 YARD BACKSTROKE	
Margaret George	57 48.1
50 YARD BREASTSTROKE	
Margaret George	57 53.2
100 YARD IND. MEDLEY	
Margaret George	57 1:04.6

WOMEN 65-69	
50 YARD BACKSTROKE	
Elizabeth Gray	68 1:35.6
200 YARD BACKSTROKE	
Elizabeth Gray	68 5:20.9
MEN 25-29	
50 YARD "A" FREESTYLE	
Steven Hatch	28 24.4
Roy Kropp	28 25.3
50 YARD "B" FREESTYLE	
Trip Beattie	28 25.6
Bruce Beach	29 25.7
Weldon Astle	27 26.2
Tim Frost	27 26.2
200 YARD FREESTYLE	
Weldon Astle	27 2:13.9
Trip Beattie	26 2:26.1
J. Slaughter	29 2:27.9
1650 YARD FREESTYLE	
Andy O'Leary	27 21:51.5
David Seifert	26 21:57.6
50 YARD BACKSTROKE	
Bruce Beach	29 34.1
50 YARD BREASTSTROKE	
Tim Frost	27 32.1
J. Slaughter	29 31.5
Roy Kropp	28 31.8
Tom Effenheim	27 32.8
200 YARD BREASTSTROKE	
Roy Kropp	28 2:58.0
Tim Frost	27 2:40.0
J. Slaughter	29 2:40.6
50 YARD BUTTERFLY	
Steven Hatch	26 27.5
100 YARDS "A" IND. MEDLEY	
J. Slaughter	29 1:06.7
Tom Effenheim	27 1:07.1
Bruce Beach	29 1:10.2
100 YARDS "B" IND. MEDLEY	
Trip Beattie	26 1:11.7
Weldon Astle	27 1:12.6
(disqualified)	
200 YARD IND. MEDLEY	
David Seifert	26 2:30.7
MEN 30-34	
50 YARD FREESTYLE	
Dave Little	33 25.6
Bill Page	34 25.9
Charles Faerber	30 29.2
Jim Thomas	32 32.1
200 YARD FREESTYLE	
Thomas Warren	30 2:04.0
Tom Crocker	31 2:12.5
Dave Little	33 2:18.3
Jim Thomas	32 2:49.0
Charles Faerber	30 2:54.1
1650 YARD FREESTYLE	
Lance Larson	34 19:00.6
Thomas Warren	30 19:25.6
Mike Goldkamp	31 20:22.6
Dave Little	33 24:37.4
Jim Thomas	32 27:20.7
50 YARD "A" BACKSTROKE	
Jack Meyer	34 31.8
50 YARD "B" BACKSTROKE	
Bill Page	34 33.6
200 YARD BACKSTROKE	
Lance Larson	34 2:16.3
50 YARD "A" BREASTSTROKE	
Thomas Warren	30 32.2
50 YARD "B" BREASTSTROKE	
Charles Faerber	30 35.5
Jim Thomas	32 44.0
200 YARD BREASTSTROKE	
Thomas Warren	30 2:31.1
Lance Larson	34 2:31.6
Tom Crocker	31 2:42.9
Charles Faerber	30 3:15.8
50 YARD "A" BUTTERFLY	
Jack Meyer	34 28.8
100 YARD BUTTERFLY	
Lance Larson	34 57.7
100 YARD "A" IND. MEDLEY	
Thomas Warren	30 1:02.1
Jack Meyer	34 1:08.1
Bill Page	34 1:09.5
100 YARD "B" IND. MEDLEY	
Charles Faerber	30 1:18.7
Jim Thomas	32 1:27.8
MEN 35-39	
50 YARD "A" FREESTYLE	
Scotty Roberts	35 24.5
Bill Earley	37 24.8
Ed Gallagher	35 26.0
50 YARD "B" FREESTYLE	
Frederick Herr	37 28.9
Dan Hendrickson	37 31.7
John Collins	38 38.7
David Raab	35 45.2
200 YARD FREESTYLE	
John Collins	38 2:36.3
1650 YARD FREESTYLE	
David Raab	35 39:10.9
50 YARD "A" BACKSTROKE	
Bill Earley	37 29.1
50 YARD "B" BACKSTROKE	
Ed Gallagher	35 34.4
John Collins	38 34.7
200 YARD BACKSTROKE	
Bill Earley	37 2:37.0
50 YARD "A" BREASTSTROKE	
Dave Lamott	39 35.9
Frederick Herr	37 36.4
50 YARD "B" BREASTSTROKE	
Dan Hendrickson	37 45.3
David Raab	35 47.4
200 YARD BREASTSTROKE	
Scotty Roberts	35 2:34.8
Dave Lamott	39 3:02.0

50 YARD "A" BUTTERFLY	
Scotty Roberts	35 28.3
Dave Lamott	39 31.1
50 YARD "B" BUTTERFLY	
Frederick Herr	37 32.1
Ed Gallagher	35 33.6
Dan Hendrickson	37 36.6
100 YARD BUTTERFLY	
Dave Lamott	39 1:15.5
100 YARD "A" IND. MEDLEY	
Scotty Roberts	35 1:03.2
Bill Earley	37 1:06.6
100 YARD "B" IND. MEDLEY	
Ed Gallagher	35 1:21.4
Dan Hendrickson	37 1:26.0
200 YARD IND. MEDLEY	
Bill Earley	37 2:35.5
Dave Lamott	39 2:49.7
MEN 40-45	
50 YARD FREESTYLE	
Ken Kimball	44 26.4
Art Welch	42 29.0
Tom Scotton	44 29.0
Jerry Vickers	43 29.0
200 YARD FREESTYLE	
Alex Gilbert	41 2:21.9
Tom Scotton	44 2:35.5
Herb Nakama	44 2:36.2
Jerry Vickers	43 2:44.4
1650 YARD FREESTYLE	
Bud Schumacher	44 23:40.5
Alex Gilbert	41 24:27.8
Tom Scotton	44 25:23.3
50 YARD "A" BACKSTROKE	
Ken Kimball	44 33.1
Tom Scotton	44 37.1
50 YARD "B" BACKSTROKE	
Art Welch	42 36.2
Jerry Vickers	43 39.3
200 YARD BACKSTROKE	
Ken Kimball	44 2:45.7
Herb Nakama	44 2:52.8
Alex Gilbert	41 3:05.6
50 YARD "A" BREASTSTROKE	
William Davis	40 33.2
Art Welch	42 41.2
200 YARD BREASTSTROKE	
William Davis	40 2:46.7
Bud Schumacher	44 2:53.9
Alex Gilbert	41 2:57.4
Herb Nakama	44 2:57.8
50 YARD "A" BUTTERFLY	
Art Welch	42 30.5
100 YARD BUTTERFLY	
Art Welch	42 1:06.7
Alex Gilbert	41 1:08.8
Herb Nakama	44 1:13.5
100 YARD IND. MEDLEY	
Ken Kimball	44 1:13.8
Tom Scotton	44 1:17.1
Bud Schumacher	44 DQ.
200 YARD IND. MEDLEY	
Herb Nakama	44 2:46.1
MEN 45-49	
50 YARD FREESTYLE	
Don Hubbard	47 28.0
200 YARD FREESTYLE	
Jim Marcus	49 2:19.3
1650 YARD FREESTYLE	
Jim Marcus	49 22:26.5
200 YARD BACKSTROKE	
Jim Marcus	49 2:47.3
50 YARD "A" BREASTSTROKE	
Don Hubbard	47 37.6
50 YARD "B" BREASTSTROKE	
Stan Harris	49 55.5
200 YARD BREASTSTROKE	
Larry Larimore	47 2:51.8
Jim Marcus	49 2:53.7
50 YARD "A" BUTTERFLY	
Don Hubbard	47 30.6
50 YARD "B" BUTTERFLY	
Stan Harris	49 49.8
100 YARD "A" IND. MEDLEY	
Larry Larimore	47 1:10.5
100 YARD "B" IND. MEDLEY	
Stan Harris	49 1:49.4
200 YARD IND. MEDLEY	
Jim Marcus	49 2:39.0
Larry Larimore	47 2:43.9
MEN 50-54	
50 YARD "A" FREESTYLE	
A. Arcidiacono	50 25.9
50 YARD "B" FREESTYLE	
Albert Frost	53 43.4
200 YARD FREESTYLE	
Jack Burgan	52 2:43.2
John Maher	52 3:16.3
1650 YARD FREESTYLE	
Tom Dowell	52 31:34.9
John Maher	52 31:33.7
50 YARD "A" BACKSTROKE	
A. Arcidiacono	50 37.8
50 YARD BREASTSTROKE	
A. Arcidiacono	50 40.1
200 YARD BREASTSTROKE	
Jack Burgan	52 3:08.2
50 YARD "A" BUTTERFLY	
A. Arcidiacono	50 32.2
Jack Burgan	52 38.9
John Maher	52 40.8
100 YARD BUTTERFLY	
Tom Dowell	52 1:32.0
John Maher	52 1:42.5
100 YARD "A" IND. MEDLEY	
A. Arcidiacono	50 1:13.9
Jack Burgan	52 1:18.7
100 YARD "B" IND. MEDLEY	
Albert Frost	53 1:16.5
200 YARD IND. MEDLEY	
Jack Burgan	52 3:09.0

MEN 55-59	
50 YARD FREESTYLE	
Jerry Siefert	57 26.8
Peter Lata	56 27.8
Cliff Croome	57 29.0
Chas McMahon	59 40.3
200 YARD FREESTYLE	
Don Rankin	58 2:29.3
Chas. McMahon	59 4:32.3
1650 YARD FREESTYLE	
Don Rankin	58 22:43.6
50 YARD BACKSTROKE	
Jerry Siefert	57 36.3
Cliff Croome	57 38.1
Chas. McMahon	59 1:16.2
200 YARD BACKSTROKE	
Don Rankin	58 3:17.0
50 YARD BREASTSTROKE	
Jerry Siefert	57 38.5
Cliff Croome	57 39.9
200 YARD BREASTSTROKE	
Don Rankin	58 3:07.8
50 YARD BUTTERFLY	
Cliff Croome	57 33.6
Jerry Siefert	57 34.1
100 YARD IND. MEDLEY	
Jerry Siefert	57 1:15.3
Don Rankin	58 3:01.5
Cliff Croome	57 DQ.
MEN 60-64	
50 YARD FREESTYLE	
George Baker	61 34.0
Eric James	63 47.5
200 YARD FREESTYLE	
James Triolo	60 3:03.3
George Baker	61 3:16.5
50 YARD BACKSTROKE	
James Triolo	60 42.9
George Baker	61 50.1
Eric James	63 57.4
50 YARD BREASTSTROKE	
Eric James	63 55.7
100 YARD IND. MEDLEY	
George Baker	61 DQ.
MEN 70+	
50 YARD BACKSTROKE	
Chas. Fletcher	71 58.6
50 YARD BREASTSTROKE	
Chas. Fletcher	71 56.0

MEN 25-29	
100 YARDS BREASTSTROKE	
Larry Weiss	26 1:09.000
Rudy Vlaar	25 1:10.541
100 YARDS INDIVIDUAL MEDLEY	
Larry Weiss	26 1:02.975
200 YARDS INDIVIDUAL MEDLEY	
Alan Blank	26 2:38.177
MEN 30-34	
200 YARDS FREESTYLE	
Phil Goode	

Caltech Masters Collect Dividend

By GLENN PARSONS
Staff Writer

The basic objective of the Caltech Masters Swim Club is health through exercise.

But little can be found wrong with winning a national title on the side... so that's exactly what the Caltech Club did.

"It's nice to win in competition, but our ultimate goal here is to improve the quality of life with exercise," club coach Scott MacCluer contends.

That, however, became a bit hard to believe when he led his men's team to the National AAU Masters Long Course Championship at the Santa Clara International Swim Stadium earlier this month.

"Masters swimming in the United States is about six to eight years old, so it has had time to grow," MacCluer commented. "There were almost 100 clubs from all across the country at this year's championship meet in Santa Clara."

And out of all the competition, MacCluer's men's team, led by San Marino High School swim coach Bert Kanner, emerged to capture first place, his women's team was third, and combined, the club finished third.

"We got good efforts from everyone to do as well as we did," MacCluer pointed out, "but Bert was just incredible. He got in the pool seven times and each time he got out he had another national record for the 35-40 age group."

Kanner set national individual records in the 1500, 400, 200, and 100-meter freestyle and the 100-meter butterfly. He also anchored the 200-meter freestyle and 400-meter medley relay teams for national records.

Other outstanding team performances was turned in by Linea Palmer, wife of Alhambra High swim coach

Neil Palmer, who won a pair of women's events; Scotty Roberts, a commercial airline pilot from Irvine, whose four 35-40 divisional goal medals included legs on two relay teams; and Dr. George Hill of Rolling Hills, who won the 30-35 age group's 200 and 400 freestyle events.

In addition, Chris Morgan set a national record in the women's 50-meter freestyle race.

"This performance is really incredible when you consider we started this program at Caltech last year with only five swimmers," MacCluer remarked. "Now we have about 70 people on the roster, all from age 25 to 60."

The club's mens team also won the Southern California Invitational at USC in March, but MacCluer, who also serves as Director of Athletics at Pasadena's Mayfield private girls high school and coach of the Valley Hunt Club in Pasadena, continues to believe the primary goal of his program at Caltech is other than winning trophies.

"We have many people on our roster who only desire to swim for their health without the competition," he explained. "One of our swimmers was suffering from cardiac problems when he joined the club, but now has a great condition similar to that of anyone in the top third of his age group."

"Others on the roster swim competitively, but don't necessarily win trophies. Instead, they work on lowering their personal times and are very successful."

And that's what it's all about. "This is the key to our program here," MacCluer reminded. "Each person has his own objective, but whatever that might be, everyone wins."

70 Masters swimmers participate in meet

Over seventy Masters swimmers, aged 25 to 66 and representing nine clubs in five states, participated in the Third Annual Leatherstocking Open Masters swim meet October 13 in the spacious 8-lane 25-yard pool in the Binder Physical Education Center at Hartwick College. Approximately 100 spectators turned out for the event, which was sponsored jointly by the Hartwick College Swim Club and the Alfred Corning Clark Gymnasium of Cooperstown. One national record was broken at the meet and many races were decided by only tenths of seconds.

Despite the somewhat disappointing response from other New York state teams, the meet drew 15 swimmers from the Oneonta and Cooperstown area, six of them swimming for the A.C.C. team for the first time.

Returning after a year's absence, Dr. David Stoeckle, swimming in the tough 25-29 age group, swept the 50 and 100 yard freestyle and the 50 backstroke events. Teammate Dr. John May placed third in the 50 and 100 free and second in the 100 yard individual medley in the same age group. Both men are residents at M.I.B. Hospital.

Swimming in his first meet, newly appointed MIB psychiatrist Chuck Hudson, 37, placed fourth in the 50 and 100 yard freestyle. Chuck is also a long distance runner who has competed in sub-Masters track events.

Dr. Allan Cunningham beat out a Connecticut swimmer by one tenth of a second to win the 100 yard backstroke, and Kurt Neunzig, 60, of Oneonta swam top times in the 50, 100, and 200 yard breaststroke events.

The ACC men also combined their talents in the 200 yard medley relay, placing second to a team from the Union Aquatic Club of Binghamton. The

so-called "Doctors' Relay" of Stoeckle, May, Koch-Weser and Cunningham, took a first in the 200 yard freestyle relay. 1:57

The newcomers to the women's team also made an excellent showing, after less than one month's training. In the 25-29 age group, Kathi Hasey of Oneonta won the 50 and 100 yard backstroke, placed second in the 50 free and third in the 100 free. Peggy Henretig, swimming competitively for the first time, took home third place ribbons in the 50 free and 50 breaststroke. Barbara Dilley, 30, won the 50 yard breaststroke event and placed third in the 50 freestyle and backstroke in her age group. Teammates Karen Koch-Weser, 32, and Jane Johngren, 30, placed first and second, respectively in the 50 back, making it a clean sweep for the A.C.C. team in that event.

One of the highlights of the meet was a unique event which may become a tradition: the 100 yard Mates Relay. Six couples participated, including A.C.C. team members Jane and David Huber, who placed second, and Karen and Peter Koch-Weser, third. The event was won by a couple from Connecticut, Ron and Ann Hummel, who swam the 100 yards in 1:09.

Continuing a custom begun by the A.C.C. Masters team, a social hour and buffet was provided the evening before the meet for participants and their families who had traveled here for the weekend. About 35 swimmers also gathered for dinner at the Hobbit House in Oneonta at the conclusion of the competition on Sunday.

The A.C.C. Gym Masters wish to thank all officials and timers who helped make the meet run smoothly, and all friends who donated baked goods for the competitors and were spectators at the meet.

Stickel Named Swim Team's 74-75 President

At the first annual meeting of the Jersey Masters Swim Team, following its organization ten months ago, Cedar Grove Attorney Fred Stickel III of Roseland was elected president for the 1974-75 year.

The Jersey Masters Swim Team is an organization dedicated to physical fitness through a swimming program for men and women between the ages of 25 and 80 and over. Jersey Masters has a membership of 90 men and women from the North Jersey AAU District, most of whom are members of their local Y.M.C.A. but who swim competitively as the Jersey Masters in out-of-state meets in competition with similar organizations from the states of Connecticut, Massachusetts, Delaware and the District of Columbia and also in the National AAU Masters long and short course meets usually held in May and September. Although formed for less than a year, this organization took first place in the Eastern National

AAU Masters Meet in Princeton last May and fifth place in the National AAU Masters Tournament in Fort Lauderdale, also in May.

Its first and immediate past president was Clarence A. Ross of Montclair, New Jersey, who is 74 years of age and holds five National AAU Masters Records in free style events from 50 yards through 1500 meters in both the long and short course events.

Its membership is drawn from all walks of life and all ages.

Jersey Masters looks forward to an even more successful year under Stickel's leadership and, hopefully, will increase its membership substantially.

In cooperation with various Y.M.C.A.'s, it has scheduled nine meets during the winter season beginning with the meet at the West Essex Y.M.C.A. on Nov. 23. Two of the meets will be held at the West Essex Y.M.C.A., two at the Lakeland Hills Y.M.C.A., one at the Hackensack Y.M.C.A. and another at the

Westfield Y.M.C.A. The third East Coast Invitation Meet will again be held at Dillon Pool at Princeton University on May 2 and 3.

Stickel is a member of the Board of Management of the West Essex Y.M.C.A., an attorney with offices in Cedar Grove and Newark, is former Borough Attorney of the Borough of Roseland for 20 years, former Township Attorney of the Township of Cedar Grove for 15 years, former Borough Attorney of the Borough of Verona for two years, is married and the father of five children and seven grandchildren, is a former swimmer for Princeton University from 1933 to 1937 and was a teammate of at least two Olympic swimmers, Richard Hough (now Vice President of I.T.T.) and Albert Vander Weghe, formerly of Paterson. Stickel swims at least four days a week at the West Essex Y.M.C.A. and feels that the masters program is well designed to insure physical fitness and good health for any and all who participate therein. He hopes to interest former members of the Princeton, Rutgers and Seton Hall swimming teams to become members of the Jersey Masters.



—Staff photo by Norm Deaton

CHAMPS — Caltech Masters Swim Club recently won U.S. title at Santa Clara. Here, coach Scott MacCluer, top, huddles with Fred Brown and Viola Thompson. Fred placed in four events, Viola won four silver and four bronze medals in Masters competition.

MASTERS SWIMMING NOTES

I would like to thank you for the many Christmas wishes I have received and for your help in promoting the Masters Swimming Program through your support of SWIM-MASTER. I wish each of you a very "Happy" and "Record Breaking" New Year!.....

My daughter came home for the week between Christmas and New Year's and my son and his fiancée drove home the day after Christmas. The College Swim Forum was held at the Swimming Hall of Fame Pool and so the Holidays have been busy. I gave a lecture to the group on Masters Swimming and hopefully inspired some new recruits. We will now have to think about the Nationals in May. The information sheets and entry blanks will be similar to last year. More information will be in the February SWIM-MASTER.....

And speaking of Nationals, Ms. Jamie Stewart writes: "I would like to make a suggestion to the persons in charge of scheduling our National Championships. We should take full advantage of our regular National holidays when we set up meets lasting three or more days. Specifically, the 1975 LC Nationals are to be held Friday, August 29 through Sunday, August 31. Monday, September 1 is Labor Day and very few people will have to work that day. However, Friday, August 29 is a regular work-day for most people. It should be taken into consideration that many masters swimmers can not attend National Championships because of the tremendous expense involved. When more expense is added because of unnecessarily missed work days, it is placing an undue hardship on some of us.".....

The first Masters Meet in San Marcus, TX, in 1973 only had seven contestants. The meet in Nov. 1974 grew to twenty-seven contestants with a full program that included all of the events.....

Tom Hetzel, who swam the English Channel a record number of times, swam on two relays with his teammates from Corpus Christi.....

Graham Johnston is now visiting in South Africa. Before swimming in the San Marcus meet, Graham tested the water for crocodiles. He will soon be returning by way of Switzerland.....

Anne Adams is about to publish an SPA-AAU Masters Handbook which will contain the SPA Ten Best Times, SPA Records, SPA Time Standards, SPA Calendar of Masters meets, the Nat'l AAU Masters rules, 1975 Nat'l AAU

Championship dates and locations, etc. This handbook is available to Masters swimmers, coaches and clubs for \$1.00. Send requests and fees to Anne Adams, 17432 Osborne St., Northridge, CA 91324.....

The first New York State Masters Championships have been scheduled for August 8-9-10, 1975 at Christopher Morley Park on Long Island. According to an announcement by Metropolitan AAU Masters Chairman Dick Guido, arrangements have been completed with Nassau County, who is sponsoring the meet at their LC facility. A diving championship is also expected to be included, along with the full list of championship events, in the AAU approved order. "We're finally beginning to develop some Masters competition in the New York Metropolitan area", says Dick Guido. "We are hoping to set up an open LC meet in the early part of the summer, as a tune-up. We are also trying to work out an indoor meet at one of the local colleges, to take place in April, as a tune-up for the SC National Championships in Ft. Laud. in May".

Jim Fraser of Atlanta has been working on a "pacer" for training swimmers. The "Fraser-Pacer" is a flag that runs up and down the side of the pool or over the pool. Time can be set by adjusting rheostat. It will be made with a 12V, D.C. motor self contained - automobile battery and small charger. Jim has a "Patent Disclosure" that protects him for two years. If interested, write to Jim Fraser, 1356 Clairmont Rd., Decatur, GA 30033.....

Irving B. Weber (70-79) and his son Willis E. Weber (40-44) are both listed in the Top Ten Times List for 1974.....

All subscribers are encouraged to submit names of nominees either to Bob Beach or to the committee members for the Captain Ransom J. Arthur Award. Committee members include Judge Robert E. Beach, chairman, c/o Judicial Bldg., Rm 402, St. Petersburg, FL 22701; Carol Clay, c/o Coach Don Leas, R #2, Box 583, Shipperville, PA 16254; Bill Robertson, 226 McDonald St., Greenville, SC 29609; Ken Kimball, 11428 Mantinla Ct., San Diego, CA 92127, John Crews, 105 W. Malta Rd., Oak Ridge, TN 37830; Mrs. T. A. Baily, 293 Santa Teresa, Stanford, CA 94305; Clarence Ross, 13 Elston Rd., Upper Montclair, NJ 07043; Jim Cotton, P.O. Box 1314, Honolulu, HI 96807; Jim Councilman, R.R. #12, Box 200, Bloomington, IN 47401 and Mrs. Tink Bolster, 124 Parkside Dr., Princeton, NJ 08540.....

Cease Brown is once again in the USA. Her new job is in Philadelphia as a recruiting officer for the Navy. Her duty in England did not afford her the same opportunity for participation, for facilities for swimming and attitudes towards swimming are different.

SWIM-MASTER

5340 N.E. 17th Avenue
Ft. Lauderdale, FL 33334



FIRST CLASS



LIFETIME VIGOROUS SWIMMING FOR FUN, SPORT AND HEALTH

SWIM MEET SCHEDULE

JAN 19, FEB 9, MAR 2, APR 13	- Lake Erie Association Masters Meets Harold C. Urban, 2247 Walter Road, Westlake, OH 44145 216/777-2610
JAN 11, JAN 25, FEB 15, FEB 22, MAR 8, APR 12	- Florida Association Masters Meets Robert E. Beach, 901 North Shore Dr. NE, St. Petersburg, FL 33701
JAN 12, FEB 10, MAR 9, MAR 20, APR 5-6, APR 18-20	- Rocky Mt. Association Masters Meets Peggy Kepner, 4950 Lakeshore Dr., Littleton, CO 80123
JAN 19, MAR 2, APR 6, APR 25-27	- Pacific Northwest Association Masters Meets Steve Engle, 2041 NE 105, Seattle, WA
JAN 11, FEB 1, FEB 22, MAR 15, APR 20	- New Jersey - APR 5 Joe Twaits, Lakeland Hills YMCA, Mountain Lakes, NJ
JAN 19, MAR 15, APR 5, MAY 18, MAY 24, JUL 13	- Masters Diving in CA - Sept 6, OCT 18 Bill McAlister, 14407 Road 23½, Madera, CA 93637
JAN 11	Mid-Winter Inv. - Daniel Davis, 51 Kaye-Vue Dr., Hamden, CT 06514
JAN 13	Minnetonka Masters Meet, David Beardsley, 1380 Terrace Dr. #102, Roseville, MN
JAN 18	Phila. Aquatic Club - Dick Mesirov, 191 Presidential Blvd., Bala Cynwyd, PA
JAN 19	Beverly Hills High - Anne Adams, 17432 Osborne St., Northridge, CA 91324
JAN 19	Tarheel Masters - John Huson, 6323 Honegger Dr., Charlotte, NC 28211
JAN 19	Buehler Y - Bobbi Turcotte, 115 Johnson St., Palatine, IL 60067
JAN 25	Eastern Pentathalon - Dale Petranech, 2059 Huntington Ave #1112, Alexandria, VA
JAN 26	Brown University - Enid Uhrich, 25 Lafayette Falls, MA 02162
FEB 8-9	Masters Meet at York, PA
FEB 14-15	Columbia, MD - Bill Barbour, 5209 Silas Choice, Columbia, MD 21044
FEB 15-16	Shabona Park - Bill Casper, 6935 W. Addison St., Chicago, IL 60634
FEB 16-17*	Del Mar College - Charles B. Teas, 413 Claremore, Corpus Christi, TX 78412
FEB 23	Splashmasters' Meet - Harry Lewis, E. 944 - 39 Ave., Spokane, WA 99203
FEB 28	Southern Regional Meet - Swimming and Diving
MAR 1-2	Robert E. Beach, 901 North Shore Dr. NE, St. Petersburg, FL 33701
MAR 1	Westfield YMCA - Dennis Reinhard, Westfield YMCA, Westfield, NJ
MAR 8-9	Regional Meet - Fred M. Lurie, 700½ South Highland, Bloomington, IN 47401
MAR 15	La Salle College Pool - Dick Mesirov, 191 Presidential Blvd., Bala Cynwyd, PA
MAR 22-23	Alamo Heights, TX - Joanita Reed, Rt. #2, Box 208KK, San Antonio, TX 78218
MAR 23	Indian Boundaries Y - Joe Schultz, 711 59th St., Downers Grove, IL 60515
MAR 28-29	Western Illinois U - Dr. Paul Hutinger, Men's PE Dept., WIU, Macomb, IL 61455
APR 5-6	Region VI Championships - Joan Werner, 5300-A Paquette St., Ft. Knox, KY
APR 12-13	AAU INDOOR NATIONAL MASTERS DIVING CHAMPIONSHIPS - Seattle, WA Bill McAlister, 14407 Road 23½, Madera, CA 93637
APR 18-20	Springfield Parks & Rec - Bill Caenedy, P.O. Box 173, Springfield, IL 62705
APR 19-20	Greater Kansas City - Noel Scott, 7912 Roe Ave., Prairie Village, KS 66208
APR 26-27	Northeast Regionals - Enid Uhrich, 25 Lafayette Falls, MA 02162
APR 26-27	Eastern Championships - Robert Mattson, 2150 New Castle Ave., New Castle, DE
MAY 2-3	East Coast Inv. - Mrs. Tink Bolster, 124 Parkside Dr., Princeton, NJ 08540
MAY 4	Totem Lake Meet - Bob Miller, 8645 Juanita Dr., NE, Kirkland, WA 98033
MAY 16-18	NATIONAL SC CHAMPIONSHIPS - June Krauser, 5340 NE 17 Ave., Ft. Lauderdale, FL
AUG 22-24	NATIONAL DIVING CHAMPIONSHIPS - Clovis, CA - Bill McAlister (above)
AUG 29-31	NATIONAL LC CHAMPIONSHIPS - Dr. John Crews, 105 W. Malta Rd., Oak Ridge, TN

* Tentative