

Results for “Go the Distance” December and Year End 2007

The new USMS Fitness Event “Go the Distance” 2007 (aka GTD) is now in the books ... what a year it has been! There were 364 folks who participated in the fun and swam a whole bunch more miles than anyone could have ever imagined!

Leading the pack were Carrie Kostopulos (1803.56 miles) and Thomas Hetzel (1120.75 miles).

Folks really bumped it up a notch in December to achieve one last distance milestone this year. We have 6 new “50 miles” achievers, 11 now over “100 miles”, 24 more that cruised past the “250 miles” milestone, 18 more swam over “500 miles”, 5 more made it to “750 miles” and 5 more participants achieved the “1000 miles” distance milestone. Congratulations to all of you – you did it!

A complete list of participants that achieved each distance milestone during 2007 is posted at: <http://www.usms.org/fitness/content/gothedistance07>

A special welcome to our newest participants CJ, DJ, Mark, Bill, Paul, Ray and Morton!

The new total distance for all GTD participants now stands at **105,153.67** miles – woo hooo! As a group we have averaged **288.09** miles - way to go everyone!

The highlights have also been posted and contain Year End highlights for 2007 as well as December highlights. The 2007 Year End highlights contains some interesting numbers as well as the list of the 150 participants that accepted and achieved the “negative split your mileage this year” challenge!

The December highlights include 2 stories about how some of our participants cross train, a “plan” to achieve that last milestone in December that went awry (but the obstacles were overcome!) and finally another GTD celebration of achievement.

Speaking of the end of year – remember that there are “year end” customized GTD goodies available to you now! Included are certificates and GTD apparel that will have your exact end of year mileage printed on them! Please see the 2007 GTD awards order form now posted on the USMS website.

We all have a new “personal GTD distance milestone” – our 2007 year end mileage. I sure hope that you will choose to participate in 2008 and continue to “Go the Distance”. It looks like our participation is growing each and every day and it should be a lot of fun! I’ll be looking for your entries at the end of January!

It’s time now to go swim, swim, swim ... enjoy!

Your GTD Swimming Pal,
Mary Sweat