

ENDLESS SUMMER-SWIMTIMES

Mission Viejo, California

Issue #2

July 11, 2005

Welcome to the Endless Summer-SwimTimes, the e-newsletter for the 2005 Long Course participants. We look forward to your arrival and hope your preparations are going well.

This is the Second of 6 issues that will come your way over the next 4 weeks. While we do appreciate communication from you, however, please keep in mind that we are VERY BUSY preparing for the meet and may not be able to promptly answer all inquires.

We hope that your visit here and your experience at the meet will be fun, safe with FAST SWIMS!

In This Issue:

Area Attractions, Hy-Tek's HY-WIRE, Team Areas, Meet Parking, Meet Registration, and Vendor Village.

The OC - Orange County's Theme parks make it a great playground for families, while its beaches draw surfers to the OC. OC's beaches are some of the best in Southern California. From laid-back Seal Beach and surf crazy Huntington Beach, to sunny and trendy Newport Beach. Also, don't forget renowned Laguna Beach and it's art colonies - they are all part of the reason California is the most visited state. The Orange County and Southern California region features a treasure trove of things to see and do. What's great is all the OC attractions are within 10-40 minutes away from your hotel and the pool. For general information visit www.visitoc.com or for a quick list (PDF) of most major local attractions visit our website <http://mastersmvnswim.org/2005LCNationals.htm>, and look under Local Info

Hy-Tek's HY-WIRE - It's Here, NOW - At the USMS LC Nationals! What is HY-WIRE? HY-WIRE is a software product from Hy-Tek that you download from the web, HotSync to your Wi-Fi enabled Palm OS or Pocket PC device, place your order, then activate. Once activated, use your Wi-Fi enabled Palm OS or Pocket PC device loaded with HY-WIRE at any meet running Hy-Tek's MEET MANAGER 2.0 on a computer with a wireless access point and with the Hy-Wire system enabled. Then you are able to access information about who is swimming in what event/heat/lane as well as meet results including splits. You no longer have to wait for a scoreboard display or look through pages of the meet program to find start lists for upcoming events. <http://www.hy-tekLtd.com/>

Team Areas - Marguerite Aquatic Center has variety of bleacher, deck and grassy areas for teams to set-up their tents. These are available on first come first serve basis. There are large shade canopies covering the grand stand seating areas and a variety of tree shaded areas throughout the grounds around the pools.

Vendor areas, starting blocks, timers and various official areas will be shaded. Other than the grandstand bleachers or natural shade available at first come first serve basis, there will be no additional shaded team areas provided by the meet host.

If you have any special requests or would like to reserve an EZ-UP up style shade canopy rental or reserve a specific area for the team tent setup please contact the meet host by August 1, 2005.

Meet Parking - A map of the parking areas is now available for Nationals. While the main lot in back of the Marguerite Aquatic Center has roughly 100 spaces, we do ask that you consider parking at your hotel and use the shuttle to avoid congestion in and around the main lot and adjacent streets. Limited parking is available on the side streets, but be prepared for a possibility of walking a block or two to the pool. It is recommended that you print this map and bring it with you to the meet. Additional copies will be available at the Area Information table and your hotel.

Copy and paste this link into your internet explorer for a closer look:

<http://tinyurl.com/93q8u>

Meet Registration - Upon your initial arrival at the facility after Wednesday (Aug 10) Starting at 12:00 noon, you will need to register for the meet at Meet Registration, so that we know you are here. At that time, you will receive your meet packet with meet program and other materials and announcements and Social Event tickets (if purchased). Gold Medal Sponsors will retrieve items at this time. Please keep in mind that this doesn't automatically check you in for your events.

Vendor Village - USMS Sponsor *Endless Pools* will be here introducing the Fastlane. They will also have the Endless Pool -the treadmill for swimmers for you to try - when you try it out they will include a video of you swimming too!

See you soon at the pool!

Coach Mark Moore

Meet Director

NEXT ISSUE: Meet Numbers, Sixth event, Estimate Time-line, Restaurants Map, Massage and Photography.

ENDLESS SUMMER-SWIMTIMES

Mission Viejo, California

Issue #1

July 3, 2005

Welcome to the Endless Summer-SwimTimes, the e-newsletter for the 2005 Long Course participants. We look forward to your arrival and hope your preparations are going well.

This is the first of 6 issues that will come your way over the next 4 weeks. While we do appreciate communication from you, please keep in mind that we are VERY BUSY preparing for the meet and may not be able to answer all inquiries.

Our goal is simple- We want you to have fun, be safe, and swim FAST!

In This Issue:

The Classic California Sounds, Vendor Village, Car Rentals,
On-Deck Coaching, Volunteers Welcome, and Hotels.

The Classic California Sounds - The Nocturnes, a Southern California Beach Band will be featured at the meet social Friday night, August 12. Purchase your tickets to the social early - only 300 will be sold. Don't miss out- the Nocturnes were named best "Beach and Surf" of 2004 by the Orange County Music Awards. Enjoy lakeshore dining, the "Classic California Sounds" and a magnificent summer evening. The menu will feature a variety of barbecue entrees, salads, and deserts!

Vendor Village - Splash on over to visit the USMS Sponsors and other vendors in "Surf City". Arena, Adolph Kiefer, Kast-A-Way, Nike, TYR, Speedo and others will supply you with all your swimming needs and more! VASA will be there with several Vasa trainers and ergometers for you to use. Also, register with VASA to win a free ergometer to be given away at the meet. Discover the Versatility of the Vasa Trainer. Get the power to perform better!

Car Rentals - If you need a car or a team sized Van rental for the meet, we have secured a special discounted rate with Enterprise Rent-A-Car to take you to all the great places in Southern California! Visit: <http://www.enterprise.com/billboard/page.do?dspg=4912>

On-Deck Coaching Wanted - The USMS Coaches Committee offers On-Deck Coaching assistance for swimmers during warm-ups at USMS Championship Events and at the annual United States Aquatic Sports (USAS) Convention. At Championship Events, coaches

monitor the sprint lanes during the early morning warm-ups giving swimmers start commands and timing sprints if requested. At the convention, coaches devise and conduct workouts for convention attendees. All participating coaches are given a special USMS Coaches apparel item, great for being recognized on deck. If you would like assist in the USMS On-Deck Coaching program at the meet you will need to submit the application ASAP. Application can be found at:

<http://mastersmvnswim.org/Nationals2005/LCMOnDeck.pdf>

Volunteers Welcome - Several swimmers have expressed their interest in volunteering. We appreciate the offer and will do all we can to accommodate those who wish to assist in the meet. We will have a morning, mid-day, and late afternoon shift on all 5 days. Volunteers' forms for the meet can be located at:

<http://mastersmvnswim.org/2005LCNationals.htm>. Please return them ASAP if you are interested.

Hotels - When making reservations at the hotels, refer to "USMS 2005 National Championships" for a quoted rate. All hotels are 2-7 miles from the pool, unless otherwise indicated. Make yours NOW!

Best Value Inn, Lake Forest -

\$50.00

(800)591-9200

www.bestvalueinn.com

Best Western Laguna, Lake Forest -

\$89.00

(949)458-1900

www.bestwesternirvinespectrum.com

Fairfield Inn/Marriott, Mission Viejo -

\$93.00

(949)582-7100

www.fairfieldinn.com

Hampton Inn, Foothill Ranch -

\$95.00

(949)597-8700

www.hamptoninn.com

Hilton Gardens, Foothill Ranch -

\$79.00
(949)859-4000
hiltongardeninn.hilton.com

Holiday Inn, Laguna Hills -
\$109.00
(800)282-1789
www.holiday-inn.com/lagunahillsca

Irvine Suites, Irvine -
\$99.00
(949)380-3000
www.irvinesuites.com

Laguna Hills Lodge, Laguna Hills -
\$77.00
(949)830-2550
www.lagunahillslodge.com

Hotels that are not on the Shuttle Route

Marriott Residence Inn, Irvine -
\$129.00
(800)331-3131
www.marriott.com

Extended Stay America, Lake Forest -
\$85.00
(800)398-7829
(949)598-1898
www.extendedstayamerica.com

Double Tree Guest Suites Doheny Beach, Dana Point -
\$169.00
(800)801-8461
(949)661-1100
www.dohenybeach.doubletree.com

See you at the pool!

Coach Mark Moore
Meet Director

NEXT ISSUE: Area Attractions, HY-TEK Software, Team Areas, Meet Parking, On-Line Event Check-In and Registration process.