

**Committee Name:** Sports Medicine Committee

**Committee Chair:** Meg Carlson

**Minutes recorded by:** Clare Kubiak

**Date/time of meeting:** February 18, 2018 7:00pm EST

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## Motions Passed:

1. Minutes approved from last week.

**Number of committee members present: 13**

**Absent:** Jim Izzi Edward Tiozzo

**All committee members present:**

Megan Carlson, Arlette Godges, Sally Guthrie, Laura Hamel, Clare Kubiak, Jim Miller, Jane Moore, Melodee Nugent, Daniel Pauling Carols Rodriquez, Jane Moore, Skip Thompson, & Robin Tracy

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## Meeting Minutes

The meeting was called to order at 7:00 EST.

1. Review of agenda, role call & conflict of interest.
2. VAST Medical Information
  - a. Britta from Georgia
  - b. HIPPA: Divulge your own history, not anyone else's.
  - c. Medical ID bracelet, making sure/remind them to have one
    - i. Necklace, bracelet etc.
  - d. Standardization through all 52 LMSC's
  - e. Meg to write some explanations (Jim to read as well) and send that to Britta
3. Sub projects
  - a. National booth
    - i. Carlos- video's
      1. Looking at perhaps voice over/tips
      2. Point out where/what each works
      3. Being selective, make sure they have correct form- be careful/ help our athletes
      4. Advice at the booth, "be careful" don't injure- modifications.
      5. Looking for suggestions-
      6. Trying to avoid the lack of "flow" and more like we do in the water
        - a. With flexibility develop moves
      7. Keeping video's for people to reference after

The meeting was adjourned at 7:45pm EST.

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