

Committee Name: Sports Medicine & Science	Session #:	Report #:
Committee Chair: Jane Moore	Vice Chair: Sally Guthrie	
Minutes recorded by: Jane Moore	Date/time of meeting: May 20, 2012 8:00 pm Eastern	

Motions Passed:

1. None

Number of committee members present: 9	Absent: 7	Number of other delegates present: 0
Committee members present (list all, including chair and vice chair): Jane Moore, Sally Guthrie, Jane Katz, Kristy King, Markell Lacy, Katherine Longwell, Mary Pohlmann, Diane Rothenberg, Jody Smith – Executive Committee		

Minutes

The meeting was called to order at 8:05 pm Eastern.

1. The osteoporosis display board produced for Greensboro was very good. It was well received and generated discussion among the members of at least one club. Printed materials were available and were also well received. The screening services were also popular; both the skin cancer screening and the spine screening stations were busy. It was felt by several who attended that the location of the poster and the screening services was less than ideal. It was not in a highly visible area. It could be even more popular if placed in a more active area.
2. The National Office is working with Methodist Hospital as a sponsor for summer nationals in Omaha. Several of their physicians are interested in providing screening services. The National Office will keep this committee updated on these efforts. The osteoporosis poster should be available again.
3. Katherine Longwell is a trainer for the Arthritis Foundation. She could provide printed materials from them to be available for swimmers at nationals. Topics include osteoporosis, rheumatoid arthritis, and many more. The committee agreed that this would be good. We should coordinate this with the National Office.
4. We need a committee member who will be attending Summer Nationals in Omaha to be the point person to coordinate with the National Office regarding display, location, and pamphlets to hand out. Chair will poll the committee for a volunteer.
5. The Coaches Committee is looking for help writing dryland workouts for the coaching section and help review dryland content of the certification materials. Katherine and Markell will help with this.
6. We still need to develop a list of committee goals referenced to the USMS Strategic Plan. Chair will locate past committee goals/workplans. Mary and Sally will help develop new goals.
7. Sally noted that the first of three papers related to the study of medications and Masters swimmers has been accepted for publication. She will send the citation when available. She and former committee member Steven Erickson are the authors.
8. We still need a speaker for the convention presentation in Greensboro. Topic could be the therapeutic/rehabilitative/health benefits of swimming. Jane Moore will be attending the American College of Sports Medicine Annual Meeting next week. She will look for appropriate speakers there.
9. Katherine is interested in developing a fitness assessment for swimmers. There is interest in this idea. Sally suggested making it a study. Katherine and Sally will work on a proposal to be discussed further.
10. Next conference call will be Sunday, July 22, 8 pm Eastern.

The meeting was adjourned at 8:40 pm Eastern
