

USMS Convention — Jacksonville, Florida. 2011

Committee Name:	Sports Medicine and Science	Session #:	1	Report #:	7
Committee Chair:	Jane Moore	Vice Chair:	Jessica Seaton		
Minutes recorded by:	Jane Moore	Date/time of meeting:	9/16/11 10:30 am		

Actions Requiring Approval by the HOD:

1. None

Motions Passed:

1. MSA (Seaton/Guthrie) to discontinue sports medicine presentations at Nationals and instead work on health screenings (such as the skin cancer screening done this year in Mesa)..

Number of committee members present:	8	Absent:	5	Number of other delegates present:	27
Committee members present (list all, including chair and vice chair): Jane Moore, chair; Jessica Seaton, vice chair; Bill Ewan; Sally Guthrie; Mary Pohlmann; Diane Rothenberg; Rand Vaillancourt; Nadine Day, EC.					

Minutes

The meeting was called to order at 10:40 am.

1. The chair welcomed everyone to the meeting. Committee members and new convention delegates introduced themselves.
2. The chair reviewed the meeting process. Comments from members will be taken first; then comments from the audience. Only committee members may vote.
3. The chair reviewed the mission of USMS and the mission of the Sports Medicine and Science committee.
4. Current research projects:
 - a. Results from survey of USMS members regarding prescribed medications has been submitted for publication by committee members Sally Guthrie and Steve Erickson;
 - b. Anna Lea Matysek from the national office will provide a spreadsheet with a small amount of member data to the Emory researcher wanting to compare to cancer registries for incidences of bladder cancer. If he is able to use the data we can provide, we will seek to work further with him.
5. Sports Medicine Presentations were discussed. Presentations at Nationals are poorly attended in spite of good presentations due to issues of time, timing and location. Presentations at convention are well attended. MSA (Seaton/Guthrie) to discontinue sports medicine presentations at Nationals and instead work on health screenings (such as the skin cancer screening done this year in Mesa). Presentations at convention will continue.
6. Bill and Jessica will work on arranging screening programs at National Championship meets. Sources of professionals to perform screenings may be local experts recommended by the host LMSC and national organizations with screening programs. Arrangements should be confirmed far enough ahead of the meet to provide information on the screening in participant goodie bags. Laura Hamel can help with publicity in Streamlines.
7. Committee has previously discussed development of a display with health information. The display would be used for both education and marketing. Topics would be related to sports medicine, healthy lifestyles, wellness, and health benefits of swimming. The committee feels that the display should be developed by those with marketing experience while this committee will provide and/or review content. Sally will help with content review.
8. Laura Hamel discussed articles. Staff does annual editorial planning each June or July. She would like articles for the Healthy Swimmer area of the magazine. There are usually two or three topics in each of the six annual issues of the magazine. Articles can be brief. She can also put health tips in Streamlines. There are 24 issues per year – 12 general and 12 for coaches. She has a particular need for nutrition tips. The committee will seek nutrition professionals to write and submit information.

9. A staff writer with medical journalism experience is now writing the articles on health and medical topics. She interviews experts and writes the articles. Laura has not been sending these to the committee for review unless she has questions about a fact issue. After discussion, it was agreed that she would resume sending articles for review. There will be a set timeline for responses and defined scope of review. Direct quotes cannot be changed, but when significant conflicting opinions exist, this should be noted. Bad information should be red flagged.
10. Currently, the only original research that will be published by USMS will be results of research done by Joel Stager using the Endless Pool that was funded by USMS.
11. USMS will not issue policy or position statements on issues such as pool sanitation or banning use of aerosol sprays. We could create educational pieces regarding issues for use as health tips or as display topics. Mary will research and write about issues of bronchial spasm and asthma related to aerosol sprays.
12. There are no current Rules, Legislation, or Open Water proposals with medical impact to be reviewed.
13. Extending the past partnership with the National Coalition for Promoting Physical Activity (NCPA) was discussed. Cost is \$1000 annually. Jane will summarize information about the NCPA (their mission, members, member benefits, etc.) and distribute to committee members for review and determination of recommendation for ongoing membership.
14. The current Health Network has limited members – about fifty. Personal medical advice should not be dispensed in response to email inquiries. If the Health Network were larger, questioners could be given the name of a professional in their area. We could also work on creating a “find a doc” web-based program similar to that of USA Swimming. USMS members could enter their professional information into a database. USMS could search for a professional by zip code.
15. Jane presented information on the World’s Largest Swimming Lesson event. This committee will work with other appropriate committees (Fitness, Coaches, Swimming Saves Lives) to help publicize this event and encourage participation by USMS clubs, coaches, and members.
16. Jane has been serving as National Coordinator of Medical Care for National Championship meets. This involves working with the Championship Committee and meet hosts to assure adequate emergency medical arrangements for the meet and occasional evaluation and input regarding a swimmer at the meet with a potentially dangerous condition. Jane will continue the pre-meet duties but will find another medical professional who will be attending each meet to serve in the capacity when she does not attend. Mary volunteered for the two championships in 2012.
17. Jane thanked committee members for the participation and work over the past year. Jessica and the committee thanked Jane for her service as chair.

The meeting was adjourned at 11:47 am.
