

US Masters Swimming Sports Medicine and Science Committee
Conference Call November 8, 2010

The chair called the meeting to order at 7:05 pm EST.

Each participant provided an introduction.

- Hannah Caldas: full-time swimmer; previously assistant professor neurosurgery Wake Forest University - cancer research; originally from Portugal; Arizona
- Nadine Day: Vice President of Community Service, Executive Committee liaison, ex officio; physical therapist in private practice; Illinois
- Steven Erickson: pharmacy – University of Michigan; Michigan (joined call briefly after introductions)
- Sally Guthrie: pharmacy – University of Michigan; Michigan
- Jane Katz: professor of gerontology, John Jay School of Criminal Justice; Metropolitan
- Jim Miller: former chair, past president USMS; member FINA Sports Medicine Committee; active family physician; Virginia
- Jane Moore, chair: retired family physician; Pacific Northwest
- Mary Pohlmann: retired family physician; Ozark
- Jessica Seaton, vice-chair: former chair; chiropractor in private practice; Southern Pacific

Members excused: Bill Ewan, Diane Rothenberg

Members absent: Kristen Heath, Erin Merritt, Rand Vaillancourt

The chair read the committee mission and purpose as found in Section 507.1.15 of the rulebook. "The Sports Medicine and Science Committee shall educate members and the public on topics of sports medicine and science. The committee shall stimulate and encourage research pertaining to Masters swimming. The committee shall consist of the committee chair and sufficient members to execute the committee function."

Suggestions for additions to this included respond to queries, review research proposals, and support research.

The request from a researcher for access to member demographic data to compare with death registry information was again reviewed. The articles relating to swimming in chlorinated water and bladder cancer were reviewed and discussed. Concerns included lack of cause and effect explanation; one article initially implied huge risk from swimming but later said there was no difference from drinking chlorinated water; how results would be applied to increase understanding; and how results would be used and publicized. Jane Moore will draft a letter to the researcher asking for a detailed proposal. Sally and Hannah will review.

A heart attack and stroke awareness campaign will be difficult because of the many variations in problems. We should try for a positive spin – if something happens, you are better off since you are in good shape from swimming. We should consider promoting AEDs in all facilities and medication adherence.

Concerns about accuracy of articles discussed. Getting good articles is not a problem. Keeping them up-to-date is harder. There is no follow-up to review articles for continued accuracy. Perhaps a disclaimer should be posted to the effect that information in articles was correct and current at the time the article was posted but because medical knowledge and procedures change frequently, the information is not guaranteed to be current later.

Currently, not all relevant articles are linked to Sports Medicine and this committee has reviewed not all of them. Some contain information that is promoting a particular product but the articles are not labeled as advertising. We recommend that the Executive Committee consider a policy regarding labeling articles that recommend specific products as advertising so it is clear that the author is promoting a product.

The USMS contracted videographer will record the Sports Medicine and Science lectures at national championship meets and convention.

The Championship Committee did not want to require a room for lectures at the championship facility in case no such room exists. They will include the request for a room in the bid packet and in the Meet Director's Guide. We need to know far in advance if a room will be available in order to make arrangements for a speaker. Using an outdoor area near the pool would be difficult; acoustics and AV arrangements would not be good.

Coordinators for 2011 lectures:

Short Course Nationals, Mesa – Hannah Caldas

Long Course Nationals, Auburn – Sally Guthrie

Convention, Jacksonville – Jane Moore

Agenda items for next meeting: approval of June 2010 minutes. Chair will distribute before next meeting.

Next conference call will be Monday, January 10, 2011; 7 pm EST.

Call-in number 877-652-8925. Code 2011.

Call adjourned at 8:00 pm EST.

Jane Moore

Chair