

Minutes for the 2000 USMS Convention

Sports Medicine Committee
Friday, October 13, 2000

Action Items

*** A member of Sports Medicine will be represented at the Sports Medicine Committee altitude training camp

*** Subcommittee for establishing the standards for consideration of funding through the Foundation.

*** Subcommittee for selection for grant awards for the Foundation

*** In the process of reviewing manuscripts for publication in SWIM magazine the USMS editor will seek input from the appropriate committees.

Attendance

Number of committee members present: Number of committee members absent:

Total number of delegates attending the meeting:

Minutes

I. Introduction of committee members

II. Old Business

a. Review of articles from last convention

Articles, which are due:

Hypothermia, by Jane Moore is about half done.

Bill Volkening reads off potentials.

Over training article by Doug Huestis. Has already been submitted twice. Will send it to Jim Miller.

Heart rate training, Wayne McCauley and Mike Collins. Mike and Wayne haven't been able to coordinate the article. Needs to discuss with Bill Volkening before the article is written. Wayne will also look at Doug's Over training article.

Pacing for Racing by Doug Huestis. Has it here.

Female Triad by Jane Moore. Hasn't written it yet.

Articles that are waiting for a publication date:

A Tale of Two Swimmers: Diabetes Ed Ames and Jim Miller

Is Your Swimming Giving You a Pain in the Neck by Jessica Seaton?

Two articles not scheduled for publication:

Sudden Death and Swimming by Ed Nessel. Needs to be shortened and redirected. Jim Miller will work on the rewrite with Ed Nessel.

A Demographic Article that doesn't quite fit into *Swim*'s format.

- b. Review of THE SURVEY with input from this past camp
This last camp had no member of the Sports Medicine Committee. We have not yet received the surveys from the camp. These surveys are filled out at the beginning of the camp.
- c. Review of the role of the Sports Medicine Committee at the altitude training camp
Some of our members have applied to go as coaches. This last time no one from our committee was selected. It is in our budget to have someone from our committee go, whether or not they are selected as a coach. This allows us to continue to gather data at the camp.
Next year one camp is certain to happen in February. The second camp is not a certain thing.
- d. The Foundation and assignment of subcommittees to oversee the selection of research projects and delineation of the standards by which funding will be granted for sports medicine-related topics.
 - 1. Subcommittee to delineate the standards for selection of projects for funding (temporary committee):
 - Pat Timmins
 - Doug Huestis
 - Jane Moore
 - 2. Subcommittee for selection for grant awards for the Foundation (will be a standing committee):
 - Doug Huestis
 - Ed Ames
 - Wayne McCauley
 - Pat Timmins
 - Ed Nessels

III. New Business

- a. A definition of the role of the Sports Medicine Committee in overseeing the content of related articles appearing in the national publication.
Original intent of this committee was that we review medical related articles for *SWIM* magazine. Jim Miller was in contact with Bill Volkening about our input. There is a feeling that Sports Medicine committee and *SWIM* magazine need to, and will work closely together in the future. Phil Whitten needs to be in the loop here, so that articles don't appear without Sports Medicine committee input. Manuscript guidelines need to, and will, include the necessity for feedback from the committee.
- b. Review of rules and legislation proposals as they impact sports medicine.
None noted at this time.

- c. Assignment of new articles for publication with active participation from representatives of Executive Committee and the national publication.
It would have been helpful to have had an article on stroke in conjunction with the Stroke for Stroke fundraiser.
- d. Two projects are being considered for research:
 - 1. Parkinson's disease. Ed Ames. University of Miami. A former NIH person. Many people with Parkinson's who are interested in participating in a swimming study. Swimming group and a control group who doesn't swim. Has also lined up one coach. Would like to have a competition aspect. Funding needs have to be clarified.
 - 2. Osteoporosis and swimming. Jim Miller. Are our women at increased risk for osteoporosis because of lack of weight-bearing exercise? We need to include fitness swimmers in this. Has approached Ely Lily. Has sent a letter to Leo Plouffe, MD at Ely Lily. Ely Lily has Evista (a SERM) and a parathyroid hormone compound. Would involve both of these. Will be pursued.
- e. We need to consider how we can help USMS achieve their long-term goals.
- f. Action item: Committee to establish a list of items to help USMS achieve their long-term goals, to be written within one month.

Jessica Seaton