

1999 Sports Medicine Committee Minutes

September 17, 1999

Action Item

*** Strict observance of the Sports Medicine editorial process

Attendance

Number of committee members present: 8 Number of committee members absent 7

Total number of delegates attending the meeting: 39

Minutes

I. Old Business

- A. The medical survey, which will be used at the upcoming Altitude Training Camp, was reviewed and final revisions were made.
- B. Within the last year, the following articles were produced and published in SWIM.
“Swimming and the Lower Back” Jessica Seaton D.C.
“The Use of NSAIDS in Sports Medicine” Ed Nessel, R.Ph., M.S., MPH
“Overtraining? Listen to Your Body” Jane Moore M.D.
“More on NSAIDS” Ed Nessel, R.Ph., M.S., MPH
- C. The following articles have been submitted, but not published:
“Effectively Training the Energy Systems” Doug Heustis, M.S.
“There Is NO Such Thing As a Healthy Tan” Ed Nessel, R.Ph., M.S., MPH
“ Are You Overtrained or Just ‘Under Recovered’”? Doug Huestis, M.S.
- D. The following articles still need to be submitted to SWIM.
“Energy Expenditure Among Masters Swimmers” J.E. Taylor, R. Battista, M.R. Roberts, D.A. Tanner, and J.M. Steiger
“Masters swimmers demographics: Who Are We and Where Are We From? J.M. Steiger et al
“Is Your Swimming Giving You a Pain in the Neck?” Jessica Seaton, D.C.
- E. The following articles that have been promised but not submitted. (expected due dates)
“Heart Rate Training” Wayne McCauley and Mike Collins (1 year)
“Sudden Death in Athletes” Ed Nessel (2 months)
“Hypothemia” Jane Moore (November 1999)
“Diabetes and Swimming” Jane Moore (July 2000)
- F. Articles submitted to ASCA
“The Use of NSAIDS in Sports Medicine” Part 1 & 2 Ed Nessel, R.Ph., M.S., MPH
“Master-A Breed Apart” Jim Miller M.D.
“Even My Eyebrows Hurt” Ed Nessel, R.Ph., M.S., MPH
(printed in AMERICAN SWIMMING Volume 1999 Issue 3)

The committee’s goal is to have articles widely disseminated in national publications.

G. USMS Endowed Fund – Doug Huestis to coordinate approval process with the foundation.

II. New Business

A. The committee strongly recommends that “Official publication of USMS” have the following elements:

1. Observe the editorial process when publishing submitted articles:
 - > Articles submitted to the Sports Medicine Chair two months in advance.
 - > Sports Medicine Chair reviews and makes suggested changes based upon content and length guidelines for approval by author.
 - > Submission to publicizing magazine.
 - > Changes are made by the publication, resubmission to Sports Medicine Chair for approval.
 - > Sports Medicine Chair to receive approval by the author on suggested changes as well as review of graphics.
 - > Resubmission of publication in final form.
2. Publication of articles on a regular basis.
3. Direction of length, format, and due dates by the publication editor.
4. Enhanced graphic support and review of the graphic presentation for approval prior to publication.

B. The committee will discuss the remainder of the Strategic Action Plan in the upcoming months via email.

C. AARP and Modern Maturity are other publications that the committee should consider for the submission of sports medicine articles with questions remaining under research regarding Fitness Swimmer.

D. The committee briefly discuss the possibility of submitting articles to the Internet website by Dr. C. Everett Koop. This is a monetary project for this individual. Although this would provide good exposure for USMS, is it something that we want to become involved in? It was voted against as an ongoing project.

E. New articles to consider for publication:
“Pacing for Racing” Doug Heustis, M.S.
“The Female Triad” Jane Moore M.D.

Adjournment at 12:05pm.

Tasks for Upcoming Year:

- * More routine publication of articles observing the editorial review process
- * Completion of the format for the survey
- * Development of the application review process for the funding of projects by the foundation that affect the arena of Sports Medicine.
- * Development of projects within the committee appropriate for funding.
- * Development of the physical medicine side of the survey