

New Mexico Masters Swimming  
Annual Meeting  
2 Nov, 2024

Attendees: Caryl Acuna Kay Armstrong (Secretary), Shaun Callis, Emily Clark (incoming Treasurer), Nick Decker, Teddy Decker, Barb Deshler, Rebecca (Bex) Friedberg (Chair), Don Mehl (online), Alex Palacios (new Vice Chair, online), David Patterson, Lyndsay Shand, Jeremiah Stanton, Ben Travelstead

Meeting was called to order at 9:00 MST. Many thanks to Teddy and Nick for hosting!

### Relay Recap

-A Coach's Clinic (held every other year) was held in conjunction with USMS Relay (annual national meeting, virtual)

--Caryl and Alex attended the Coach's Clinic this year.

--Focus was on fitness, mobility, and adaptive swimming

---When working with swimmers who need adaptations, any focus on foundations will benefit all swimmers.

---While many adult swimmers simply want to focus on fitness and mobility, Grown Up Swimming (summer league for adults) is a great way to (re)introduce competition.

---USMS is looking for a Southwest Coordinator for Grown Up Swimming (paid position).

--Coaches who are interested in attending the 2026 Coach's Clinic should contact Bex ([trubatz@aol.com](mailto:trubatz@aol.com))

-Relay

--Bex and Teddy attended.

--Theme was communication – within the club itself, use of social media and websites.

--Anyone interested in attending in future years please contact Bex.

### Budget

-Emily volunteered to take over the Treasurer's position from Barbara.

-NMMS has approximately \$43,000 in the bank.

--Proposed items for 2024:

---Continue providing stipends for sanctioned meets. Currently offer \$100/day for dual-sanctioned meets (USA Swimming and USMS) and \$200/day for USMS only meets.

----Teddy asked if \$200 was an amount that would encourage organizations to host a meet; discussion of typical expenses followed.

----Teddy proposed upping the USMS-only stipend to \$500, approved on voice vote.

---Pay expenses for Relay meeting attendees.

---Reimburse coaches for USMS dues.

----If a coach has registered but not been reimbursed please contact Teddy ([mombodecker@comcast.net](mailto:mombodecker@comcast.net)).

---Financial support for College Club Swimming if opportunity arises.

----Club establishment must be initiated by a student. (There is a coach in Socorro/NM Tech who would be happy to participate if students are interested.)

----NMMS already pays dues for those aged 18-25 years.

----This club category offers meets with other colleges as well as zone and national level meets.

### At Large

-USMS registration – for maximum flexibility, register in USMS under NMMS rather than the individual workout group. This will allow members from across the state to compete as one team at Nationals and other meets.

-Ben gave an overview of his efforts with the Lobos workout group and meet hosting.

--Recently held a meet, 19 swimmers participated. Lessons learned include better advertising and a longer lead time.

--Ben is planning a NM State Championship meet for 22-23 Mar, 2025.

----This is one month before Nationals so will be perfect for logging submission times.

----Has a long to-do list for the next few months: schedule, parking, hotels, and registration. Several meeting attendees offered assistance in establishing Club Assist for registration.

-Taos meet is 23 Nov. Still time to register!

-New workout group is RAAC (Roadrunners of Albuquerque Aquatic Club) at West Mesa.

--Workouts are 5:35-6:35 AM Mon-Fri.

-USMS Meet Officials

--Teddy encourages all to become meet officials

----Stroke training is online, with videos; see USMS website for more information.

----After this can train to become a starter, race coordinator, etc.

----Any completed training will also enhance our support of open water events.

-North Domingo Baca pool.

--Teddy reported the plan is now for an indoor facility (60M pool with 2 bulkheads to allow diving and swimming concurrently, and a separate warmup pool).

--Ground has been broken for the control room, but the project is still \$12M short.

--Recommend all NMMS members continue to push their legislators for support and funding. Please visit <https://www.northdomingobacaquaticcenter.com/> for additional information.

--When contacting legislators, emphasize the need to “keep the plan whole” meaning keep the plan as an indoor facility (with outdoor added later if able). An indoor facility provides the greatest year-round benefit to the local and state swim communities.

--A recommendation was made to start thinking NOW about a meet to be held at the same time as Balloon Fiesta. The Fiesta will be a great draw for swimmers.

Board of Directors – approved on voice vote.

Chair- Rebecca (Bex) Friedberg

Vice Chair- Alex Palacios (new 2024)

Secretary- Kay Armstrong

Treasurer- Emily (new 2024)

Coaches Chair- Annia Palacios (new 2024)

Top Ten- Lyndsay Shand (new)

Sanctions- Roman Anaya

Comms Chair- Lyndsay Shand (new)

**KAA 4 Nov 2024**