

Committee Name:	Long Distance	Session #:	1	Report #:	1
Committee Chair:	Donn Livoni	Vice Chair:	Ali Hall		
Minutes recorded by:	Phyllis Quinn	Date/time of meeting:	3/27/2016		

Actions Requiring Approval by the HOD:

1. None

Motions Passed:

1. 2/28/16 Minutes
2. Approve all those rule items not pulled by the LDC and approved by the Open Water Committee.

Number of committee members present: 10 **Absent:2** **Number of other delegates present: 5**

Committee members present (list all, including chair and vice chair): Donn Livoni, Chair, Ali Hall, VC, Jim Davidson, Phyllis Quinn, Laurie Hug, Mike Fanelli, James Biles, Greta van Meeteren, Allison Ware, Colleen Discroll. **Absent:** Jill Wright and Melinda Greig-Walker. **Ex-Officio present:** Bob Bruce, Elaine Howley, Chris McGiffin, Bill Roach and Tracy Grilli.

MINUTES

Long Distance Committee

Call in information

Sunday, March 27, 2016 - 8:00pm – 9:30pm EDT

Toll Number (**FREE to USMS**) 530 881-1212 or 518 530-1840 or 701 801-1220

Toll Free (charged to USMS): 855-212-0212

Meeting ID: 397-249-317

Host PIN:7956

The meeting was called to order at 8:01 PM ET

1. Welcome and roll call
2. Approval of 2/28 meeting minutes -- **M/S/A as presented**
3. Reports from the chair (Donn) **The one hour paperwork is almost complete. There was a request that the LDC co-chair a Peer-to –Peer Conference call with the Championship committee to discuss the bidding process for National Championships. This would cover E-Postals, Open Water National Championships and Pool National Championships. The committee agreed that this is a good idea and should be developed. Additional comments should be sent to Donn or Ali. Vice chair (Ali) gave a background on this proposal that was proposed in the LMSC development committee. Vice president (Chris). Report on Water Temperature Rule Change. See next item.**
4. Update on FINA water temp rules –**Chris USMS has hired a new CEO, Dawson Hughes, he starts March 28. IT at the National office is working on being able to upload results for the E-Postal events. At the Winter meeting the BOD voted in favor of USMS being consistent with FINA and USA Swimming on the new updates to water temperature rules. On Monday, 3/21, the BOD MSA'd the following amendment language for 302.2.2 Water Conditions:**

–302.2.2 Water Conditions

A Water Temperature

(1) A swim shall not begin if the water temperature is less than 16 degrees Celsius (60.8 degrees Fahrenheit).

(2) A swim shall not begin if the water temperature is between 16 degrees and 18 degrees Celsius

(60.9 and 64.4 degrees Fahrenheit), unless heat-retaining swimwear and bathing cap are worn by all swimmers.

(3) For a swim with the water temperature between 18 and 20 degrees Celsius (64.5 and 68 degrees Fahrenheit), heat-retaining swimwear is optional.

(4) For a swim with the water temperature above 20 degrees Celsius (68 degrees Fahrenheit), heat-retaining swimwear is prohibited.

(5) A swim shall not begin if the water temperature exceeds 29.4 degrees Celsius (85 degrees Fahrenheit).

B Water Quality—If water quality meets the standards of the local testing authority, the water quality will be deemed acceptable.

Rationale: FINA has passed a rule that sets new water temperature-based swimmer requirements effective September 2016. The new rule is based upon recently published cold water research by the University of Portsmouth, Department of Sport and Exercise Science. It is expected that USA Swimming will adopt these same rules. The USMS BOD supports this change to be consistent with the decision of these governing bodies. Celsius is mentioned first to be consistent with Part 1 (see 107.6).

Chris is submitting this amendment on behalf of the BOD to the LDC for their consideration. Please let me know if there are any questions.

There was a brief discussion on what statistics are available as to the number of events that may be effected by this rule change and if open water practices fall under this rule change. The next step is that this will be taken up in the Open Water Committee's next meeting, and then it will come back to the LDC committee. If approved, it will be included in the rule changes for the House of Delegates to consider at Convention.

5. Rules and Legislative Proposals – Bob and Donn discussed a request from a event director to limit his event to “traditional” swim wear. Bob and Donn drafted a response that this is legal within the frame work of the current rules, as long as the requirement is clearly stated in the race entry information. This would not be allowed in a National Championship event. Bob began the Rule proposal by asking for any more rules to be pulled for discussion. There were no other “pulls”. Bob then asked for a motion to approve all the rules approved by the Open Water Committee and not “pulled” for discussion by the LDC. **MSA to approve all those items not pulled by the LDC and approved by the Open Water Committee.** The committee discussed the rules that were pulled until time ran out. Bob Bruce will update the list of rules for the LDC to consider after the next Open Water committee meeting.
6. Update -- LDC Goals — 2016
 - Increase total participation in 2016 ePostal NCs by 10% over 2015, identifying specific strategies that correlate to success
 - Receive, for 2018, a minimum of 1 qualified, in-area, bid per event, and at least 1 West two-event festival bid.
 - Explore possibilities for collaborative strategies with other USMS stakeholders for increasing LDNC participation, such as 2-4 LDC members reaching out to 2 different committees such as Coaches', Fitness and/or Governance Committees
 - Explore continuing development of a 3-5 year pool of unselected, qualified bidders; this would allow a bidder to reconfirm interest, capacity, leadership and commitment while by-passing the detailed bid process for a period of years.
7. Working groups – reports (please send your report to all)

- a. Rules/Legislation – Bob lead; Donn
- b. PARA –Greta, Lead: (Patches & Awards – James & Melinda; All-Americans (AA) - Men – Michael; (AA) Women - Greta; (AA) Relays - Phyllis & Allison; Records - Jill & Michael, All-Stars – Laurie & ???; Postal Series – James & Laurie) Checker, Jim
 The PARA subcommittee is awaiting the results of the one hour ePostal Championships. Nothing to report yet for the 3,000 and 6,000 ePostal Championships.
- c. Club Assistant - Colleen & Phyllis
- d. Safety – Bill Roach, lead; Bob, Jim SAFETY: 29 open water events have been sanctioned for 2016. 4 events are pending.
- e. Documents – James, lead; Donn, Phyllis
- f. 2018 NC Selection – Ali, lead; Jim, Colleen, Phyllis, & Allison
- g. Communications — Ali, Lead, Laurie
- h. NC Oversight - Donn, lead; James, Ali, Bob (ePostals)

Below is a list of the 2016 LD NC events and the liaisons assigned.

I would like each lead liaison to give a brief written report on the status of their event (sent to the full committee prior to the conference call -- THURSDAY). LIAISONS—PLEASE CHECK YOUR EMAIL EARLY AND OFTEN FOR MESSAGES. Please remember to date all the documents you submit with the correct event year and be specific on what the document is.

- Indy Aquatic Masters, Indianapolis, IN 2-mile cable 6/18
 - o Liaison: Bob Bruce backup: Michael Fanelli
- Rogue Valley Masters, Applegate Lake, OR 10K (6.2 miles) 7/16
 - o Liaison: Bob Bruce backup: Jim Davidson
 - o Alas, the event director is out of the country for work (it's a rough life), so I cannot update progress. Based on our last conversation, the event host plans to move the event locally to Lake of the Woods. of course, the host has not applied for sanction yet, although the preliminary info and safety plan look great.
- o Kingdom Swim NEKOWSA, Newport, VT 10 miles 7/30
 - o Liaison: Ali Hall backup: Laurie Hug
 - o The 10-mile OWNC in Newport, VT currently has 27 entrants.
- Lake Lure Olympiad, Lake Lure, NC 1 mile 8/12
 - o Liaison: Donn Livoni backup: Allison Ware
- o Lake Lure Olympiad, Lake Lure, NC 5K (3.1 miles) 8/13
 - o Liaison: Donn Livoni backup: Allison Ware
 - o There are 14 swimmers entered for both races and 6 swimmers entered for the 5K only and 1 swimmer entered for the 1-mile only. Everything else is moving on schedule.
- Sierra Nevada Masters, Donner Lake, CA 2.7 mile 8/13
 - Liaison: Phyllis Quinn backup: Melinda Greig-Walker
 - The Donner Lake, Middle Distance OWNC event has been sanctioned. I have requested a draft of the Paper entry form.
- OHeP: Tamalpais Masters, San Rafeal, CA
 - o Liaison: James Biles lead; backup: Jill Wright & Jim Davidson All results completed and posted with exception of club results which have been submitted for posting. Results, AA's and records sent to PARA subcommittee this morning.
- 5,000M/10,000M ePostal: Western Hills Athletic Club/South Texas
- Liaison: Colleen Driscoll lead; backup: Melinda Grieg-Walker
- 3,000/6,000 ePostal: Sawtooth Masters
 - o Liaison: Greta van Meeteren, lead; backup: Laurie Hug & Allison Ware
 - o Contract has been signed. Waiting for draft entry.

Other business for the good of the order

The meeting was adjourned at: 6:00 PM ET

Next Call –Sunday, April 24 with times of 8 PM ET, 7 PM CT, 6 PM MT, 5 PM PT & 4 PM AT.