The meeting was called to order by Chairman Sally Ann Dillon at 3:30 pm: Committee members present were Craig Tribuzi, Robert Zeitner, Maureen Koss, David Lamott, Peter Crumbine, Kevin Polansky, David Benjamin, Lisa Watson, Lynn Hazlewood, and Steve Schofield.

The chairman addressed the approval process with regards to rules proposals from Thursday's meeting for the benefit of those who were not in attendance.

ACTION ITEM: 1994 Rules Proposals: The committee continued it's discussion of rules proposals with the

following results:

Approved as written:

LD-9

Approved as amended: LD-10, LD-21, LD-28

LD-29

LD-17 was discussed regarding the possibility that the host of a postal event would fail to comply with the USMS Long Distance Contract and it was determined that the committee would have within it's jurisdiction, the ability to award the event to another host.

More subcommittee reports:

Meet Manager's Guide: Craig Tribuzi reported that the guide is not ready but it will be a high priority project for him in 1995. Steve Schofield will assist Craig.

All Star Team: Sally Dillon reported that the project needs new leadership. Kevin Polansky and Marcia Benjamin volunteered.

Postal form standardization: Sally Dillon reminded everyone that samples were distributed on

Long Distance National Championship Banner: Sally Dillon brought in a catalog and explained that money is being budgeted for the banner. Kevin Polansky will design and order the banner.

ACTION ITEM: The bids for the 1996 Long Distance National Championships were discussed and awarded as follows:

1 MILE 2 MILE CABLE 1.5-3 MILE (2 actual) 3.5-5 MILE (3.5 actual) 6+ (10 actual) 1 HOUR POSTAL	Two Harbors Catalina Is. CA	Pacific Masters Virginia Masters Richardson Masters SCAQ/Malibu Polar Bear Club Seal Beach Swim Club Pacific Northwest Masters Crawfish Masters Pacific Masters	July 14 January May-Sept. SeptNov.
6000 YD POSTAL	THE RESIDENCE OF THE PARTY OF THE PARTY.	(and LICMS curcharge) will exceed	

Financial Report: The chairman reported that it appears that our income (awards and USMS surcharge) will exceed our expenses this past year as well as the projected budget for '95.

New Business:

National Championship liason and evaluator: The chairman will continue to be the liason with all

Championship

events and the evaluators will focus on the event itself rather than on the administrative details. Ways to increase income for USMS from Long Distance Events: The committee hopes new proposals will encourage wet suit competitors to participate which will increase participation. Committee members are encouraged to continue to promote Long Distance Swimming in their LMSC's.

Gerry Rodriguez questioned the \$1.00 surcharge because he felt USMS Long Distance provides few services. The Championship hosts. committee assured him that every effort is now being made to work closely with National Evaluation of Bid Form: Lynn Hazlewood is accepting suggestions and has already noted some to continue our ongoing project of improving the bid form.

Reorganization of USMS Rules Part 3: It has been suggested that some reorganization is in order and Peter Crumbine and David Benjamin volunteered to work together in the coming year to streamline our Rules. Steve Schofield informed the committee about the California Kayak Friends, an organization of kayakers who

are willing to paddle for swimming events.

There being no further business, the meeting adjourned at 5:25 pm.

Respectfully submitted,

Sally Ann Dillon, Chairman

UNITED STATES MASTERS SWIMMING LONG DISTANCE COMMITTEE

1994

PROPOSED CHANGES TO LONG DISTANCE SWIMMING RULES

APPROVED BY THE LONG DISTANCE COMMITTEE (SIMPLE MAJORITY TO CARRY)

Submitted by: LD Committee p.63 ORGANIZATION LD-1 301.1 The conduct and organization of Long Distance/Open Water Swimming for Masters shall be governed exclusively by USMS through its Long Distance Committee and LMSCs. Rationale: Housekeeping; long distance events are governed by USMS only if sanctioned. Submitted by: LD Committee p. 64 LD-2 302.2 Long distance events shall consist of individual and/or team competition as follows: Rationale: Housekeeping; can be both. Submitted by: LD Committee EVENTS - Open Water p. 64 302.2.2 LD-3 As surf, beach, tide, temperature, and other physical factors vary, the meet - The Meet Director shall determine the course and type of start for open water events, keeping in mind the safety of the swimmer. The course shall be measured as accurately as possible. The Meet Director shall determine the type of start to be used. Rationale: Unnecessary and over-controlling wording; emphases the safety of starts and course. Submitted by: LD Committee EVENTS - Open Water p. 64 LD-4 302.2.2 As course distances and conditions are different, no records will be maintained; however, meetmanagers are encouraged to keep meet results. Rationale: Records could be kept for some events. The LMSC can govern this if needed. Submitted by: LD Committee p. 65 302.2.6 EVENTS - Team A team event may be contested on a total time/distance or point system basis and may consist of any number of members. Rationale: Unnecessary, obvious. Submitted by: LD Committee p. 66 Title LD-7 303 SAFETY PRECAUTIONS FOR OPEN WATER EVENTS Rationale: Housekeeping; this section does not apply to postal events. Submitted by: LD Committee STARTS - Starting Signal p. 67 LD-8 The starting signal will shall be by gun, horn, whistle, siren, etc., audible and visible to all contestants. by voice, sudible to all contestants. Rationale: Unnecessary and tedious wording; in consideration of the hearing impaired. Submitted by: LD Committee p. 68 304.4 Title LD-9 COSTUME For non National Championship events. Rationale: Not necessary

At the discretion of the Long Distance Committee, National Championship meets will be LD-11 305.2.1 recognized may be awarded in the following events: Rationale: It is possible that no suitable bid may be offered for a Championship meet. Submitted by: Pacific p. 69 **EVENTS** LD-12 305.2.1 Postal 5 and 10 Kilometer (in a 50 meter pool) Rationale: Adding a 5 kilometer event due to increased popularity of 5,000 meter event. Submitted by: Pacific **EVENTS** LD-13 305.2.1 Postal 6000 3000 Yard (in a 25 yard pool) H. Rationale: The 6000 event has not been popular and 3000 is closer to a normal training distance. Submitted by: LD Committee p. 70 Bids shall be due, in writing, to the Long Distance Chairman, at or before the first Long Distance LD-15 305.3.1 Committee meeting of the annual meeting no later than 30 days prior to the annual meeting. Rationale: Conforms with the rule for pool championships and allows Long Distance Committee time to properly review the bids. Submitted by: Pacific p. 70 SITE SELECTION The following area award system will be followed for the bidding of non-postal Long Distance LD-17 305.3.5 Championships. Area definitions shall be the same as those in Article 104.3.1. Bids will be received up to two years in advance of the year bid. If suitable bids are not received from a qualifying area, bidding shall be opened to all areas. Postal National Championships may be awarded to an organization for two consecutive years and will be awarded without regard to area. Rationale: Allow teams to run postal swims two years in a row. Increase efficiency and quality of postal meets by letting a team build on its experience. Area of the bidder is irrelevant for postal swims. Submitted by: LD Committee p. 70 **CHART** LD-18 305.3.5 Marathon Open Water Rationale: Housekeeping; more appropriate and consistent wording. Submitted by: LD Committee p. 71 A fee of \$3.00 per individual entrant in the meet, to be paid within seven days of the last day of LD-20 305.5.3 acceptance of entries. Upon compliance with the conditions set forth in the Meet Contract, the sum of #2.00 per entrant shall be returned as stipulated in the Contract. Noncompliance with said conditions, as determined by the meet evaluation committee within 30 days of the receipt of the final meet report, shall result in forfeiture of part or all of this amount. A fee of \$1.00 per individual entrant in the meet shall be paid within seven days of the last day acceptance of entries. A performance bond of \$200 shall be paid ten days prior to the start of the event. All or a portion of the \$200 performance bond shall be returned to the sponsoring organization based upon compliance with the conditions set forth in the Meet Contract.

Rationale: Performance bond should be "up front". Compliance is spelled out in the contract.

p. 69

Submitted by: LD Committee

LD-22 305.8 RESULTS p. 72 Submittede by: LD Committee Individual and team results and records (when appropriate) shall be kept and submitted to the Long Distance Committee Chairman tabulated and distributed to the Long Distance Committee Chairman, all participants of the meet and the clubs they represent.

Rationale: Not all events have records. LD Championship results can be easily copied and mailed for a nominal fee (certainly less than 50¢) and would be appreciated by all. Most events mail results to participants and teams already.

LD-23 305.8.1 RESULTS p. 72 Submitted by: LD Committee Results submitted to the committee must include the following information: finish places, times/distances, and each swimmer's full name (as it appears on the USMS registration card), age, sex, verified USMS registration number, LMSC of registry, and club affiliation.

Results shall be organized by sex and age group in order of finish and shall include the name (as it appears on their USMS registration card), official time/distance, age and club affiliation of each participant.

Rationale: Results, as previously described, are rarely produced by computers and the requested information is unnecessary. USMS numbers are required for the All American submissions on a separate form.

LD-24 305.8.2 RESULTS p. 72 Submitted by: LD Committee Results shall also be mailed to the clubs represented at the National Championship Meet and shall include the following information: places, times/distances, swimmer's names, ages, and club affiliations.

Rationale: Not needed with approval of 305.8 and 305.8.1

LD-25 305.10.2 AWARDS p. 72 Submitted by: LD Committee Scoring contestants on at least the first, second, and third place teams shall receive National Championship Meet medals.

National Championship Meet medals, or other appropriate awards, approved by the Long Distance Committee chairman, shall be awarded to the members of at least the first three place winners of team championships in each age group.

Rationale: Housekeeping; confusing and now conforms with 305.10.1

LD-26 305.10.3 AWARDS. p. 72 Submitted by: LD Committee Trophies may be awarded to individuals and teams at the discretion of the Meet Director.

Rationale: Housekeeping - redundant; covered in 305.10.1 and 305.10.2.

LD-27 306.1.1 ALL-AMERICAN RECOGNITION p. 73 Submitted by: LD Committee

The Meet Director shall submit the names and USMS registration numbers of competitors

achieving All-American status to the Long Distance Committee Chairman in accordance with the

USMS Meet Contract.

Rationale: Clarifies the need for USMS registration numbers.

NEW ITEMS APPROVED BY THE LONG DISTANCE COMMITTEE (SIMPLE MAJORITY TO CARRY)

LD-29 302.2.7 (new; place at end of existing paragraph) p. 66 Submitted by: LD Committee The Meet Director may allow special events in which members of an open water relay team need not be from the same club.

Rationale: Two long running open water relay events (Maui Channel Swim and Trans Tahoe Relay) have always allowed relays to be comprised of unattached and unaffiliated swimmers. We need a rule to protect their sanction.

APPROVED AS AMENDED BY LONG DISTANCE COMMITTEE (SIMPLE MAJORITY TO CARRY)

LD-5 302.2.3 EVENTS - Time/Distance p. 64 Submitted by: LD Committee 2nd paragraph: For each swimmer there shall be a separate lap counter who shall record split every every lap two lengths during the swim.

Rationale: A counter could easily handle more than one swimmer. Some use electronic splits.

LD-10 304.4.3 COSTUME p. 68 Submitted by: LD Committee Wet suits may be allowed at the discretion of the Meet Director. As w Wet suits generally provide a competitive advantage, prizes shall be awarded separately to non wet suit competitors. If awards are given to wet suit competitors they shall be awarded separately from non-wet suit competitors. Any published results or records must clearly indicate which swimmers were wet suits.

Rationale: The Meet Director should be able to determine whether to accept wet suit competitors.

LD-16 305.3.3 SITE SELECTION p. 70 Submitted by: LD Committee Events not awarded at the annual meeting -shall may be awarded by the Long Distance Chairman.

Rationale: An acceptable bid may not be submitted.

LD-19 305.5.2 FINANCIAL p. 71 Submitted by: LD Committee Cost of all National Championship Meet awards (medals and patches) and <u>/or</u> other-supplemental appropriate awards.

Rational: Hosts are allowed to supply their own awards (305.10.1)

- LD-21 305.7.4 RULES OF CONDUCT Costume p. 71 Submitted by: Pacific
 - A. Swimmer's costumes must be non-transparent and conform to the current concept of the appropriate. The Referee shall have the authority to bar offenders from competition until they appear properly costumed. One suit, goggles, ear plugs, and grease will be allowed. The suit shall be of a porous material.
 - B. Swim cap(s), including these made of neoprene, may be premitted. Swim caps shall be defined as head gear conforming to a traditional swim cap design and shall not extend to protect the neck or shoulders.
 - C. Flotation aids and any devices used to maintain body heat are not allowed, except for those listed in Articles 305.7.4A and 305.7.4B. Wet suits or any similar costumes are not allowed.
 - D. Propulsive devices are not permitted.
 - E. Products involving tobacco, alcohol, or pharmaceuticals containing drugs banned under IOC or FINA rules may not be advertised, but the advertiser's name only may be used.
 - A. Costume regulations for National Championship Meets shall be the same as those for non-National Championship events as stated in 304.4. Wet suit competitors shall be excluded for the purposes of sections 305.8 through 306.2

Rationale: Costume rules for National Championships are the same as the rules for non-championship events, with the exception that a swimmer may not wear two suits in a championship event. The prohibition against two suits does not appear to be justified, particularly when existing rules allow a swimmer to wear a neoprene cap in a championship event. Wet suit competitors should not be allowed to receive National Championship Awards and All American status.

LD-28 306.2.1 RECORDS p. 73 Submitted by: Ozark

Individual Nnational records will be maintained in the quarter-mile straightaway events (1-mile and 2-mile events) and time/distance (1-hour, 6000-yard, and 10K postal pool events). Team national records will be maintained in the 1-hour postal event for the 3-person male and female teams and the 4-person mixed teams.

Rationale: The long distance relays conducted by USMS need to be officially recognized and records officially maintained and included in the rule book.

DISAPPROVED BY LONG DISTANCE COMMITTEE (2/3 VOTE TO CARRY)

LD-14 305.2.1 EVENTS p. 69 Submitted by: LD Committee

F Postal One Hour <u>- Ianuary</u>

G Postal 10 Kilometer (in a 50 meter pool) - May through August

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turfice to produce the first or the first of the country of the country of the country of the country of

H Postal 600 Yard (in a 25 yard pool) - September through November