

<b>Committee Name:</b>	Fitness Education	<b>Session #:</b>	<b>Report #:</b>
<b>Committee Chair:</b>	Marcia Anziano	<b>Vice Chair:</b>	Linda Shoenberger
<b>Minutes recorded by:</b>	<b>Marcia Anziano</b>	<b>Date/time of meeting:</b>	Nov 3,2013

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## Motions Passed:

<b>Number of committee members present: 10</b>	<b>Absent: 5</b>	<b>Number of other delegates present: 1</b>
<b>Committee members present (list all, including chair and vice chair): Marcia Anziano, Andrea Block, Suzi Green, Lisa Hiller, Leslie Scott, Linda Shoenberger, Jodi Smith, Greta VanMeeteren, Robin Walker, Tricia Wallace-Lilleberg, Kyle Deery</b>		

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## Minutes

The meeting was called to order at 6:05 Mountain Standard Time

1. Introductions: All members introduced themselves and told a bit about their background and interests in the committee.
2. Procedures: Procedures for the call, esp. to mention ones name before speaking, were reviewed.
3. Minutes: Marcia has been requesting that someone volunteer to take minutes of the calls. No one is interested in doing this. Later it was suggested that this duty be passed around for each meeting.
4. Fitness Award: The sub-committee to promote the Fitness Award for 2014 has been formed. Linda Shoenberger will lead the sub-committee that consists of Ali Hall, Greta VanMeeteren, and Bob Jennings.
5. Check Off Challenge 2014. Both the Check off Challenge liaison and his shadow left the committee this year. Marcia has been working with MOST, the team to host 2014, to get the ball rolling. The contract has been signed and the design is in the works. Robin Walker has offered to be the primary on this project going forward and is currently shadowing Marcia. In addition, Andrea Block, Linda Shoenberger, and Tricia Lilleberg offered to work with Robin to help promote this event for 2015.
6. Monthly Go the Distance WriteUPs: Suzi Green will continue to do the monthly write ups. In lieu of Robin Walker switching to work on the Check Off Challenge, Leslie Scott has offered to shadow Suzi on this task.
7. Monthly Email Blasts: Ali Hall will continue to do the monthly email blasts. Lisa Hiller has offered to be her shadow. It was mentioned that some Fitness Chairs are not receiving these blasts. The blasts are sent to all alias addresses for LMSC fitness chairs. The LMSC must have their person matched to the alias name. In addition, Ali has been asked to be sure to send the blasts to all on the committee.
8. Brown Bag Lunch: Ideas on how to promote the ideas from the Brown Bag Lunch at convention along with the ideas picked up from the forum chains was discussed. It was generally agreed that no one on the committee follows the forums and felt that in general this was not the way to reach the majority of fitness swimmers. AJ suggested that we make arrangements to be part of Streamlines on a monthly basis. Use the Brown Bag as our logo and when one clicks on it one or more of the ideas that we have in our inventory appears for the swimmers to check out. Marcia agreed to contact Laura Hamel about getting something like this in place.
9. We discussed the use of the forums, as some of the committee members do not use them on a normal basis and find them cumbersome. Once they are working as they did last year, Marcia will send updates both on the forums and via email.

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The meeting was adjourned at 6:45 Mountain Standard Time