

Fitness Education Committee – Conference Call – 2011-11-27

Call began at 6:00 M.S.T.

In attendance, Marcia Anziano, Mary Jane Caswell, Randy Crutchfield, Pam Dameron, Suzi Green, Ali Hall, Michael McDonnell, Kay Miller, Leslie Scott, Jody Smith, Dennis Tesch, Greta Van Meeteren, Tricia Wallace, and Kenneth Winterberger.

Marcia discussed the “rules” for the calls. Of most importance is to identify yourself when you call in, and identify yourself prior to making any comments. Try to keep you comments to the topic, and try not to repeat.

Jody Smith spoke briefly on her role, to help and support our committee and to share back to the EC the topics that we are covering.

Marcia discussed the communication hierarchy (as stated in the agenda). She also explained that we are going to have “shadows” for all tasks on the committee.

Go the Distance. Marcia noted that the contract with Nike is up at the end of 2011. No news on anything going forward. This is all handled out of the National Office. Tasks that we perform to support GTD consist of monitoring the Yahoo account. MJ Caswell handles this task, Kay Miller has agreed to be her shadow. Their contact at the National Office is Kyle Deery. The second task is that of providing monthly stories on participants. This task is currently handled by Greta, and Suzi Green has agreed to shadow her. Their contact at the National Office is Ben.

Check Off Challenge: Maryland Masters donated the \$100.00 to the Fitness Committee. The 2012 Challenge will soon be posted on the website. Jon Olsen is the liaison for CoC. Ken Winterberger has agreed to be his shadow. They will be working with Jim Matysek to get this event posted for 2012.

Articles: The second project of the committee is to provide monthly Fitness articles to the website. This is handled by Linda Shoenberger. Issue with this is placement of the articles on the website. Jody will follow up on this. Tricia Wallace has agreed to shadow Linda. Their contact at the National Office is Ben.

Monthly Email Blasts: Ali Hall coordinates the Fitness blasts to all local Fitness chairs, and in their absence, the LMSC chair. This email shares information on what the committee is doing, and also asks for local stories and input to share ideas with other Fitness chairs. Randy Crutchfield and Leslie Scott have agreed to work with Ali on this project.

New Fitness Activity: This was reviewed by Marcia. It needs to be further defined and moved forward. The goal is to have it on line by the end of the first quarter. A subcommittee has been formed to move this project along. The subcommittee consists of Ali Hall, Ken Winterberger, Suzi Green, Dennis Tesch, and Leslie Scott.

Liaison to Coaches (Dennis Tesch): is excited to be part of the committee and the committee is very happy to have this link to coaches. We look forward to a closer working relationship with this committee.

The call was adjourned at 6:37.