

FITNESS COMMITTEE

The Fitness Committee reconvened at 11:50 am on 14 September 1996.

The question of conducting a survey was discussed. It was decided that the committee members should review the proposed survey questions and provide comments to the committee chair, Joe Tesmer.

The Fitness Award was discussed along with a proposed draft of the Nomination Form. Eligibility requirements for the award were presented. It was decided that the award would be limited to USMS Registered or Affiliated Teams, Clubs or LMSCs. Rob Whitters was assigned the action to smooth out the Fitness Award Nomination Form and provide it to the committee chair for review.

The Wellness Convention and the question of approaching Jane Katz to act as liaison between Masters Swimming and the convention was discussed. Joe Tesmer indicated that he would contact Jane and discuss her possible assistance.

Jean Fox reiterated the need for articles on Fitness for *SWIM* Magazine. It was emphasized that each LMSC needs to be convinced to send in any articles or other information on a timely basis.

Topics for Next Convention

1. The Fitness Committee needs to define the job descriptions of the LMSC Fitness Chairs. Suggestions presented were:

- a. Provide Fitness articles to newsletters
- b. Act as spokesperson for LMSC Fitness Swimmers
- c. Promote all Fitness Events, both in and out of the LMSC

2. The Fitness Committee needs to review the 1997 USMS Rule book, Fitness Section for any changes/updates to be nominated.

3. One Event Registration. The Fitness Committee needs to review the current One Event Registration rules and suggest ways that they can be modified to include Fitness Events. (The current rules only apply to sanctioned events, i.e. clinics and swim meets.)

The meeting was adjourned at 1250, 14 September 1996

v/r
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