



CONN
MASTERS

2021 ANNUAL MEETING

SEPTEMBER 11, 2021

Bank Balance as of 9/10/21: \$54,793.13

Membership as of 9/10/21: 381 members, 6 clubs, 11 workout groups

Membership in 2019-2020: 499 members, 11 clubs, 6 workout groups.

STATE OF THE LMSC

State of the LMSC

Club/ Workout Group Aid

Club/Workout Group Aid: LMSC Board voted to allocate \$15,000.00 for club aid awarded to Clubs/ Workout Groups, payable in one time grants up to \$1500.00 per group for calendar year 2021.

Aid was initially only granted through June 15 to be paid by June 30. Only two workout groups have utilized the aid so far to pay for coaching and pool rental.

As of September 10, 2021 we have had two more workout groups apply for aid.

State of the LMSC

Meet Aid

Meet Aid: The LMSC Board voted to allocate \$5000.00 payable in grants up to \$1000.00 to assist facilities with the costs of running meets for us in the 2021-2022 season.

So far we are in negotiations with 2 facilities for potential meets in the Fall/ Winter 2021.

State of the LMSC

Election 2021

Elections: Per our By-laws every two years our Chairperson (Currently Robert Duguay), Secretary (Currently Sarah King), Treasurer (Currently Barb Baker) and Membership Coordinator (Currently Sian Nimkoff) are up for election.

To run for one of the positions a candidate needs to be the following:

1. A currently registered member of USMS and the Connecticut LMSC.
2. Nominated by 2 currently registered member of USMS and the Connecticut LMSC.

All potential candidates including incumbents will require the nomination of 2 USMS and CT LMSC members.

State of the LMSC

Election 2021

Nomination forms will be mailed out to the membership by September 30, 2021.

Completed nomination forms must be emailed back to the Membership Coordinator by October 31, 2021.

Election will begin in November 2021 and votes will be due by December 1, 2021.

New Board members will take office in January 2022.

New Business

T-Shirts

As part of our registration the LMSC does provide T-shirts and swim caps to our membership.

We are currently looking at new color options for 2021-2022.

Sarah King has been working with Custom ink to mock up our 2021-2022 T-shirts.

We have a choice of colors to chose from and we will order what the membership believes is the best option.

New Business

Officials

USMS has created its own officials certification program.

Previously we've relied on USA Swimming or High School Officials to cover our meets/competitions.

As of September Connecticut has only 4 USMS Certified Officials.

We highly encourage any USA Swimming Officials or High School Officials that are USMS members to take the USMS Certification Test.

Stroke and turn is a 24 question supplement to the USA exam.

The certification is free.

LMSC Acknowledgements

ePostal 1 Hour National Championship

The 2021 ePostal 1hr. National Championship took place from January 1, 2021- March 31, 2021.

Connecticut Placed 8th out of 16 teams in the Small Teams Division.(Teams with fewer than 15 swimmers)

A majority of our swimmers participated through event organized at the Orange Town Pool with AARAC and Orange Masters' Coach, Mike O' Brien.

Connecticut Masters' Swimmer, Ning Wei completed her 1 hour swim in Beijing.

Jeremy Virgil won the men's 40-44 Division swimming 5195 yards.

Melissa Duguay was the highest place CT woman coming in 13th in the women's 30-34 Division. Swimming 3045 yards.

LMSC Acknowledgments

USMS Short Course Yard Championships

USMS Short Course Yard National Championships were held in Greensboro, NC July 21-25, 2021.

Connecticut Masters had 14 swimmers.

Wilton/Westport's Amelia Fox was women's high point with 54 points and was National Champion in the women's 45-49 200 Free.

Wilton/Westport's Tait Michael was National Champion in the women's 55-59 200 Free,

Jeff Sargent and Matt Rossi tied for men's High Point with 24 apiece. Matt was 3rd in the men's 50-54 100 Fly.

Connecticut LMSC finished 7th in the Regional Club Division.

LMSC Acknowledgements

USMS Short Course Nationals

Connecticut Medalists

Amelia Fox W 45-49 1st 200 Free, 2nd 500 Free 3rd 100 Fly

Tait Michael W 55-59 1st 200 Free, 2nd 50 Free and 100 Free

Rob Duguay M 35-39 3rd 1000 Free

Will Gerard M 25-29 2nd 1650 Free, 3rd 1000 Free

Eric Gordon M 45-49 2nd 200 Fly

Robert Kornfeld M 60-64 3rd 100 Free

Matt Rossi M 50-54 3rd 100 Fly

LMSC Acknowledgements

Quassy Open Water

The Quassy Open Water Swim Festival at Lake Quassapaug in Middlebury, CT took place September 4, 2021. The races included a 3 mile, 1.5 mile and 0.5 mile swim, as well as a five mile challenge category for persons completing all three races.

There were 33 Five mile swimmers among them were five current CT LMSC Swimmers.

Manmi Ono UC05 (unattached), Linda Filar CONN, Rob Duguay CONN, Ben Wyckoff CONN, and our Open Water Chair and the most senior finisher of the 5 mile challenge, Paul Epstein CONN.

Tait Michael was 3rd in the Women's 50-59 3 mile.

Lauren Finnegan won the women's 30-39 1.5 mile. Kelly McPherson was 2nd in the women's 40-49 1.5 mile.

LMSC Acknowledgements

Quassy Open Water

Robert Kornfeld won the men's 60-99 1.5 mile swim with George Hebner right on his heels.

Jeff Sargent won the men's 50-59 1.5 mile and finished 8th overall. Beating Greg Pinchbeck by nearly 6 minutes.

Greg Pinchbeck won the men's 50-59 0.5 mile swim with Ben Wyckoff in 3rd.

Robert Kornfeld made it double gold winning the Men's 60-99 Age Group in the 0.5 mile as well.

Paul Epstein was 3rd in the men's 60-99 0.5 mile.

LMSC Acknowledgements

Service: Sian Nimkoff

After eleven years our Membership Coordinator/ Registrar Sian Nimkoff is stepping down.

We are very appreciative of her years of service and her commitment to our LMSC.

LMSC Acknowledgements

Competition

Sarah Perkins has competed in nearly a dozen postal swims and challenges sponsored by both USMS and other organizations.

She competed in the 2021 ePostal 1 Hour National Championship in W 35-39 Age Group. She finished 20 out of 20 completing 2350 yards.

Sarah King has competed in the ePostal 1 Hour National Championship as well as the ePostal 5k and 10k National Championships and several meets through out the Mid-West. She will be competing at the LCM National Championships in Geneva, OH.

Jerry Burbank competed in the ePostal 1 Hour National Championship, SCY Nationals, The Lake T swim in June, and basically any meet or Open Water race he can find in the New England area.

LMSC Acknowledgements

Competition

Despite the pandemic Jerry has been throwing down Masters' bests and did bring home 8 points from SCY Nationals.

2021 Connecticut LMSC Annual Meeting Recording

Original Transcript Recording:

[https://us02web.zoom.us/rec/play/mXk_YjVXDla0dbhjU6GQzzmiaC6vVE88li4wVZHucmeUusyXSQ=
1sB8iWWEv0ucHDxwzE82Wly3RTwTvK.mi7W8SG0ZVInnQpl?continueMode=true&_x_zm_rtaid=
8QCjKh2ISbCQ4nuDi2u-
IQ.1648507819740.3a0f49f82019e64ebcfc7b011585ae4c&_x_zm_rhtaid=173](https://us02web.zoom.us/rec/play/mXk_YjVXDla0dbhjU6GQzzmiaC6vVE88li4wVZHucmeUusyXSQ=1sB8iWWEv0ucHDxwzE82Wly3RTwTvK.mi7W8SG0ZVInnQpl?continueMode=true&_x_zm_rtaid=8QCjKh2ISbCQ4nuDi2u-IQ.1648507819740.3a0f49f82019e64ebcfc7b011585ae4c&_x_zm_rhtaid=173)

Alternate link for the meeting. The passcode is the same for both meetings.

[Connecticut LMSC Annual Meeting 9-11-2021](#)

Passcode: ?HR?e7db