

**Committee Name:** Coaches

**Committee Chair:** Scot Bay

**Vice Chair:** Cokie Lepinski

**Minutes recorded by:** Bob Jennings

**Date/Time of meeting** Nov. 13, 8pm

## Motions Passed: None

---

**Number of committee members present:** 17

**Absent:** 2 Number of other delegates present: 0

Committee members present (list all, including chair and vice chair): Scott Bay (Chair), Cokie Lepinski (Vice Chair), Ken Brisbin, Chris Campbell, Brian Cummings, Matthew Edde, Marty Hendrick, Heather Howland, Bob Jennings, Kimberly Lloyd, Katherine Longwell, Sue Nutty, Kerry O'Brien, Dustin Poe, CJ Rushman, Jody Smith (EC), Bill Brenner

## Minutes

The meeting was called to order at 8:00 Eastern Standard Time

1. On Line Coaching: Erin Mathews sent an e-mail stating we have received four applications for online coaching, but we still need applications for expecting mother's workouts.  
There was a discussion whether online coaches needed to be USMS certified coaches. Scott Bay would like the coaches to be certified starting 2015. It is preferred the coaches be certified in 2014 but it is not required.
2. International Coaching: We are currently looking for individuals to coach The FINA World Masters Championships in Montreal in August. There is a fixed stipend. Information about coaching will be in Streamlines, it is on the USMS website and at the USMS office. Decisions will be made by the end of the year.
3. Level 4 update:
  - A special thank you to Cokie Lepinski for revising the Level 4 application.
  - Under Contributions #3, a question was raised about why must the masters meets and open water swims be sanctioned for the individual to receive credit. The answer given was since USMS is certifying the coach the events must be certified.
  - Also under Contributions, there was a discussion about the point values for hosting a Masters meet compared to giving a formal presentation.
  - Under Leadership and Educations, time limits are provided in some areas to ensure coaches receive credit for current accomplishment not something that occurred 20 years ago. If a time limit is not designated, there is unlimited time.
  - The committee was asked to think about an application fee.
  - Five coaches will evaluate the applications.
4. Ken Brisbin needs to be added to the LMSC Communications and Coaches Certification committees. Kimberly Lloyd needs to be added to the High performance Camp committee.
5. Coaches education beyond certification was discussed. The committee would like to develop weekend clinics and/or 1 to 2 hour coaching workshops. Some of the topics could be: stroke techniques, dry land activities, nutrition, and fitness. The success of the program would depend on the needs of the local LMSC's.
6. Katrine Longwell told the committee that there would be a presentation at the next nation convention on nutrition. She wanted to know what questions do swimmers ask their coach about nutrition.
7. April is Learn to Swim month. Scott asked for ideas on how to reach out to local governments to

encourage their support.

8. Scott asked the committee what they thought about recognizing 25 for national records. After a short discussion the committee realized this would be a very complicated issue and would need to shelve the discussion.
  9. Scott will be contacting the heads of each subcommittee shortly so they may begin to work.
- 

The meeting was adjourned at 8:55 Eastern Standard Time

---