

# USMS Convention—Chicago, IL 2009

<b>Committee Name:</b> Coaches	<b>Session #:</b> 1	<b>Report #:</b> 6
<b>Committee Chair:</b> Chris Colburn	<b>Vice Chair:</b> Chuck Burr	
<b>Minutes recorded by:</b> Don Mehl/Chris Colburn	<b>Date/time of meeting:</b> 9/17/2009 11:30am	

Amended by Chris Colburn 9/18/2009 2:40pm per HOD requested and accepted amendments

## Actions Requiring Approval by the HOD:

- 1.

## Motions Passed:

1. MSA to approve of the proposed minimum standard to require a dedicated Coaches Chair on each LMSC Board.
2. MSA to support the USMS recommendation to FINA for Masters swimsuit standards, which are recommended to begin January 1, 2010.
3. MSA to add a line item for the 2010 Coaches' Committee Budget (pending discussion with the Finance Committee) for \$6,000 for Coaches expenses to attend the Masters World Swimming Championships in Sweden.
4. MSA to continue development of a new Masters coaching certification curriculum to be presented at the ASCA Clinic, in Indianapolis, in September 2010.

**Number of committee members present: 10**

**Absent: 9**

**Number of other delegates present: 69**

**Committee members present (list all, including chair and vice chair): Chris Colburn, Dennis Baker, Chris Campbell, Amanda Conk, Doug Garcia, Heather Howland, Laurie Hug, Don Mehl, Ahelee Sue Osborn, Rand Vaillancourt, Michael Heather (ex officio)**

## Minutes

The meeting was called to order at 11:30am

1. Minutes from the Coaches Committee conference call in May were not ratified. They will be re-distributed and discussed during the next conference call.
2. Fitness Education Committee and Community Services—Nadine Day reported on the Check Off Challenge. She asked that we use on-line services to log all swimming distances. Coaches are encouraged to promote this program to their swimmers.
3. LMSC Minimum Standards—Coaches Committee approved the proposed ruling to require a designated Coaches Chair on each LMSC Board. In smaller LMSCs it may be necessary for other officers to serve as Coaches Chair, as a point of contact, so they can receive information from USMS/Coaches Committee for distribution to coaches and/or swimmers in the LMSC.
4. Technical Suits—Coaches Committee voted to support the USMS ruling to comply with FINA swim suit standards, which begin January 1, 2010. Note: this new standard from FINA applies only to meters meets, and has no bearing on short course yards competitions.
5. Coach of the Year—Four Candidates were nominated and the award will be presented at the USAS Banquet on Saturday night, September 19.
6. Kerry O'Brien Coaching Award—Five coaches will be honored this year. They will be recognized during the House of Delegates meeting on Friday, September 18.
7. On Deck Coaching—We had great support from coaches during the year at S/L Course Nationals, SwimFest (a new 2009 addition), and (so far), at the USAS Convention.
8. International Coaching Staff at World Championships—USMS has decided not to send coaches to the World Championships in Sweden. This expense, which was requested in the 2010 budget for international coaching, was cut in order to make up for

the deficit. Many coaches who attended this meeting were outraged that such a constructive and necessary program was suspended for 2010. USMS is the driving force behind Masters swimming world-wide and we owe it to our swimmers and our organization to send coaches to this competition. Feedback from swimmers who have attended previous World Championships has been extremely favorable in regard to coaches who were there to guide and support them. It was also suggested that an “advance person” be sent to the host city in order to study the logistics of lodging, dining, and workout facilities for the swimmers to secure safe and comfortable venues upon their arrival. To help ease the financial burden, it was suggested that each swimmer attending Worlds pay a surcharge to USMS to help defray coaches’ costs.

a. A motion was made, seconded, and approved to add the following line item to the 2010 budget:

**b. \$6,000 for Coaches expenses to attend the Masters World Swimming Championships in Sweden.**

9. On-Line Coaching—This program is now available to members only and has been very well received.
10. Coach contributions to SWIMMER Magazine are always needed and we are always looking for new ideas. If you submit an article and do not receive acknowledgement from the magazine that they have your submittal, contact the editor.
11. Coaches Newsletter—1,800 coaches currently receive this newsletter. If you mark the “Coach” box on your yearly USMS registration form you will receive the on-line newsletter. If you want to receive the newsletter, but did not mark the “Coach” box, contact the National Office through the website.
12. Mentor Clinics—There are grants available for clubs who wish to host a swim/coaches clinic or to help cover costs if your club doesn’t have quite enough money.
13. Masters Coaches Certification Curriculum—ASCA has been working with USMS to develop a coaching certification program for Masters coaches. This will create a training course with Masters-specific content for certification levels 2-5. Level 1 is currently called ASCA Masters School, which also needs to be redesigned. Motion was made, seconded, and approved to continue development of a new Masters coaching certification curriculum to be presented at the ASCA Clinic, in Indianapolis, in September 2010. We need expertise and suggestions from Masters coaches to help with development of this program.
14. 2010 High Performance Swim Camp—Hill Carrow and Nancy Ridout will be resurrecting the extremely popular Masters High Altitude Training Camp (now called High Performance Swim Camp). This training clinic, which originated at the Olympic Training Center in Colorado Springs, will now be taking place in the Raleigh-Durham metroplex. Coaches and swimmers will be selected to attend based on various criteria, yet to be determined.

The meeting was adjourned at 12:47pm

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