

**1998 Coaches Committee Minutes**  
**October 1, 1998**

Attendance

Number of committee members present	13
Number of committee members absent	4
Total number of delegates attending the meeting	40

**Minutes**

- I. Welcome, Introductions and roll call
- II. Reading of Coaches Committee Mission Statement and Objectives
- III. Projects and Programs

A. Communication:

1. National Data Base : A year ago Dave Grilli compiled a list of 420 coaches now on National Data Base. The names were obtained through coaches registration at Nationals, MACA applications and people purchasing manuals. A concern over the omission of the check off portions for coaches on the invoice form for registration was brought up. Dave Grilli will follow up on this with the registration committee.
2. Coaches Committee Quarterly: The Quarterly report is sent to all coaches on the National Data Base. Via email, coaches are asked to respond to three questions. It also includes the general business of the coaches committee. A copy is on the USMS web site. The overall feel from coaches was excellent. A three hole punch format for easy storage was requested.
3. USMS Web site: Many thanks to Jim Matysek for all his assistance. Scott encourages all coaches to use the talk forum for discussions on all subjects. The coach's site includes many areas such as Clinics, MACA, ASCA, Snooper, Books and Videos.

B. Clinics and Camps

1. Mentor Coach and Swimmer Clinics: Three successful Mentor Coaches Clinics have been held to date; Miami, Ohio, Boise, Idaho and Richmond, Virginia. Two clinics are to be held October 25: Long Island, New York and Oakland, California. A lively discussion took place about the direction the clinics should take for coaches' portions. Do we continue to charge coaches to attend the clinic and then ask them to work? Should we focus the coach's part of the clinics on teaching technique or administration? The clinics shall remain the same with each individual clinic host deciding its direction.
2. Nike Clinics: Two successful clinics took place in 1998: New Brunswick, NJ, had 20 swimmers with Jeff Rouse the Olympian as host and Long Beach, California, with 22 swimmers and Olympian Kurt Grote host. On December 13, 1998, Beaverton, Oregon will host a Nike Champions Stroke Clinic. The clinics will expand to eight next year. The committee encourages all to apply.
3. Olympic Training Center Camp: The goal is to develop a relationship with the Olympic training center so we can continue to use their equipment and facility. Six representatives from USMS will oversee the Camp. Attending will be Scott Rabalais, Nancy Ridout, Leslie Laing-Cooper and weight trainer and two coaches to be selected by the coaches committee through applications. Twelve swimmers will be able to attend the Camp. A committee will evaluate the applicants. This should become an annual event.

C. Education Tools:

1. Coaches Manual: About 300 manuals have been sold, with an annual update mailed. Mel Goldstein will look into getting a sponsor to cover the increasing cost of the manual. Doug Huestis and Robert Zeitner will oversee along with Lee Carlson the "revising" of the manual.
2. Video Library: Total rented up from last year. The most popular time to rent seems to be around Championships. 23 video's in the current library.
3. Book Library: Total number of rented books 12, 60 in stock.
4. Ask the Coach: Used to educate the swimmers. Coaches answering question and published in "SWIM".
5. Snooper: This year saw the most activity to date. A net Income \$261.
6. MACA: Discussion will take place @ 12:00pm tomorrow Friday room 241.

D. Coaching Assistance:

On Deck coaching (10 coaches @ SC, 9 coaches @ LC and 18 @ convention) A way to make the coaches more visible on deck would be helpful. (I.e. T shirt, post a sign on deck ect.)

- D. Recognition: Coach of the Year. A mailing going out to all LMSC's on selecting a LMSC coach of the year will take place with the hopes of encouraging more LMSC's to submit an entry for National Coach of the year. Newsletters are another area to reach many members and encourage nominations.

IV. New Business :

Many swimmers would like to have Open water clinics sponsored by the Coaches Committee. Train swimmers and coaches on the safety, technique and special environmental conditions of open water swimming.

The committee approved the addition of two Mentor Coaches "Open Water" Clinics to Budget. With a total cost being \$1,000. One clinic to be held on the West Coast and the other on the East Coast.

- V. Announcements: YMCA Indy Swim Fit Challenge and Warm-Down/Recovery Protocol flyers handed out.

Adjournment

Task for Upcoming Year:

- \* Follow up with registration committee on check off on all forms for coaches.
- \* Oversee selection of 6 Pool mentor coaches clinics and 2 Open water clinics
- \* Oversee the eight Nike Champion Stroke Clinics
- \* Form's two sub- committees to select coaches and swimmers to attend the Olympic Training Center Camp.
- \* Update and redo the Coaches Manual
- \* Create and mail flyer to all LMSC's for Coach of the year.