

USMS MISSION STATEMENT (PROPOSED)

To promote fitness and health in adults by offering and supporting Masters swimming programs.

USMS GOALS AND OBJECTIVES (REVISED)

A. To encourage and promote improved physical fitness and health in adults.

B. To offer adults the opportunity to participate in a fitness and/or competitive swimming program.

C. To encourage organizations and communities to establish and sponsor Masters swimming programs.

D. To enhance fellowship and camaraderie among Masters swimmers.

E. To stimulate research in the sociology, psychology and & physiology of Masters swimming.

Meeting tomorrow 10:30am-12 noon Hosp. Suite
in addition to the afternoon meeting.