

ALTS Meeting #2 – April 14, 2024

Members present: David, Nadine, Bill B, Jay, Carrie, Mike, Barb, Sue

Agenda:

1. East Coast mentoring project. Nadine reported the group in Vermont was not ready for USMS ALTS program as they were looking at a mix of adults and youth for the LTS project and using ARC curriculum. She encouraged them to get back to us when they progress to teaching only adults.
2. Midwest mission/purpose statement. Sub-committee of Barb, Jay, David and Sue shared the following progress report:

*Our **mission** is to empower adults of all abilities to become educated, confident and proficient swimmers through our US Masters Swimming Adult Learn-to-Swim programs. We strive to create a supportive, inclusive and affordable environment where individuals can overcome their fears, develop essential water safety skills and unlock the joys of swimming for fitness, recreation and personal growth.*

*Our **vision**: every adult has opportunity to learn the necessary skills for success in and around the water.*

Dave motioned we accept this statement of our mission and vision, Carrie & Nadine seconded.

3. West Coast mentoring project. Mike, Erik and Donita will get back to us. (Erik sent email update post-meeting.)
4. Grant report from Jay. Grants have been awarded, totaling \$130,000. 24 states, 25 adults will be impacted. We could use another \$50,000 in funds to impact more. This could be raised by asking LMSCs now (a tough assignment) or continuing to push for more donated items and money raised for the 2024 auction.
5. Florida mentoring project: Barb has communicated with the husband/wife team interested in starting an ALTS program; helping them with sites and logistics.
6. Jay: Golden Goggles will be held November 23, 2024 in Indianapolis. Upcoming position open on the Swimming Foundation Board – talk with Jay if interested. Next bd meeting is at trials, then 3rd week in September.
7. Minnesota ALTS: Carrie Stolar and Tom Moore will be again running an ALTS program for Muslim men and women in the Twin Cities area in May.
8. Thoughts from the group: could we have some video of ALTS programs to show during USA-SF September Bd meeting and USMS Relay in October? This could be great PR for

us. Nadine has recently posted video on the Mahogany Masters/Evolutionary Aquatics FB page - please watch when you have a minute! This is an amazing program, celebrating 10 years of teaching adults to swim.

9. ALTS 2 program beginning in AZ, led by Barb.

10. Assignments/next priority:

- a. Who else has [videos of ALTS classes or programs](#) we could share with USA-SF and Relay? Mike? Mike or Jay or Nadine or anyone who knows William – could one of you contact him to see if he would share some?

In addition:

- b. Erik – any more info on the CA ALTS project you and Donita were helping with?
- c. Any other ALTS programs beginning this summer in which any of the rest of you are leading, teaching, helping?
- d. Anyone off to trials in a few weeks?

11. Possible next meeting dates: June 9, June 23, July 7? In the meantime, please send reports on any ALTS related activities in your pools or under your direction!