

ANNOUNCEMENTS

SWIM WORKOUTS

Thursday and Friday will be pool workouts. Saturday will be open water. Transportation will be provided.

Schedules and more "details" will be available at the certification table when you check in.

AMERICAN RED CROSS CPR TRAINING

Julie Heather and the Safety Education Committee have made arrangements to offer American Red Cross CPR training (with certification) at convention:

**Wednesday, September 10th
12:00-4:00 pm**

The cost is "around" \$20

If you are interested, you must sign up in advance.

Contact Julie at julie@paque.com

SPORTS MEDICINE PRESENTATION

Swimming in the Fountain of Youth
Presented by: Joel Stager, Ph.D

Friday, September 12th
12:15-1:15

Meeting Room – California

See enclosed flyer for more details

ARE YOU BRINGING A LAP TOP?

There will be external power supply in the House of Delegates on Friday and Saturday, but we do not know the amount of convenient outlets. Please bring an extension cord to make sure you can "plug in".

COACHES PRESENTATION

Friday, September 12th
6:15-7:15 PM

Meeting Room - Sunset

SHIPPING PACKAGES?

David Lamott has graciously agreed to receive packages that need to be shipped for convention. Packages must arrive by Tuesday, September 9th.

Please contact David at 619-222-3436 to let him know when you are shipping, how many packages you are shipping and when it/they will arrive.

Ship to:

David Lamott
2425 Palermo Drive
San Diego, CA 92106

Thank you David!!!

WE WILL BE ORGANIZED!!!

Colored tab dividers will be given out at the certification/registration desk this year to assist you with better organizing of your convention packet and meeting minutes.