

Announcements

CERTIFICATION TABLE HOURS

Wednesday 8am to 5pm – Exhibitor Area
Thursday 7:00-7:30 am – Exhibitor Area
Thursday 7:30-10:00am – Conference Center A
Thursday afternoon – Saturday – come find Debbie

MEET & GREETINGS

NEW DELEGATE ORIENTATION

Thursday 9:15am – 9:45am
Conference Center A

LUNCH WITH NEW DELEGATES

Friday 11:45am – 1:00 pm
Details will be available at the Delegate Orientation

MEET THE CANDIDATES FORUM

Thursday 12:00pm – 1:45pm – Conference Center A
Meet the candidates running for
USMS At Large Board of Director Positions

USMS HOSPITALITY SUITE

The Florida LMSC has graciously agreed to run the USMS Hospitality Suite. The suite will be open beginning Wednesday evening. Breakfast – Thu thru Sun, Lunch - Thu thru Sat, Evening - snacks and beverages. Come socialize with other USMS volunteers in room 4104!

“COMMON INTEREST” BROWN BAG LUNCH

Attention LMSC Fitness, Coaches, Finance and other officers, potential officers or anyone interested in what the responsibilities of an officer are.

Join others for a Brown Bag Lunch on **Saturday in the HOD room Convention Center A**. This will be an informal session where like officers will group together and discuss their positions and responsibilities. We hope to see lots of you there!

WORKOUTS

Thursday, Friday & Saturday morning 6:00am – 7:00am

SWIM

Bolles School Pool
Bus pick up at 5:30 AM (PROMPTLY!) outside the door by the gift shop

DRYLAND

Conference Center B

EVENING ACTIVITIES

WELCOME RECEPTION

Wednesday 7:00pm - 9:00 pm

This theme for this year's welcome reception is Jimmy Buffett/Margaritaville. Come dressed in your straw hats and tropical shirts and compete for the prize for who is the most "Buffeted". This will take place in the Exhibitor Area with cash bar and hors d'oeuvres.

LMSC SOCIAL – Sonny's Barbeque

Hosted by the Florida LMSC
Thursday 7:30pm - 10:00pm
Hospitality Suite – Room 4104

IMSHOF INDUCTION

Friday 6:00pm – 8:30pm
6:00-6:45 pm – Reception (cash bar)
6:45-8:45 pm – Induction Ceremony
River Terrace 3

All USMS delegates are invited (complimentary tickets) to attend the induction of US Masters Swimmers David Guthrie, Tim Shead and Jean Troy

USAS BANQUET

Saturday 7:00pm
Grand Ballroom

Each USAS organization will present their annual awards. USMS presents the **Coach of the Year** Award and the **Ransom Arthur** Award.

HOSPITALITY SUITE HOURS - Room 4104

Wednesday

4:00pm – 6:00pm & 8:30pm – 11:00pm

Thursday

6:30am - 8:00am – breakfast
11:00am – 12:00pm – lunch
2:00pm – 5:00pm & 9:00pm – 11:00pm

Friday

6:30am – 9:00am – breakfast
11:45am – 1:00pm – lunch
8:00pm – 11:00pm

Saturday

6:30am – 9:00am – breakfast
11:30am – 1:00pm – lunch
9:30 pm – 1:00am

Sunday

7:00am – 9:00 am – breakfast

Announcements

ORIENTATIONS

COMMITTEE CHAIRS

Wednesday 6:00 – 7:00 pm

Boardroom 1

If you are a committee chair, Chris Colburn, USMS Secretary, will provide a Committee Chair Orientation on Wednesday pm. This is where you'll pick up your folder. Chris will explain the procedure for producing minutes and also for getting reimbursement. Zone Chairs should also attend this orientation, since they too will be chairing a meeting. Chris will be sending an email with the forms for you to print out or download to you laptop prior to convention.

DELEGATE

Thursday 9:15 – 9:45 am

Conference Center A

Chris Stevenson, VP of Local Operations will provide a "USAS Convention Orientation" at the first House of Delegates (HOD) on Thursday. Chris will introduce several members of the USMS leadership and review valuable information to improve your convention experience.

NEW BOARD MEMBER – USMS GOVERNANCE/LEADERSHIP PRESENTATION

Friday 1:00pm – 2:15 pm

City Terrace 5

Dr. Jim Miller, USMS Past President will provide a "New Board Member Orientation" to new members of the USMS Board on Friday. This orientation includes information on your responsibilities as a member of the USMS Board of Directors. This meeting is also open to those who are interested in serving as an officer in the future.

EDUCATION

COACHES CERTIFICATION

The USMS Coaches Committee and Education Services have developed four levels of Masters coach certification. Full details with course outlines and on how Masters coach certification works are available at <http://www.usms.org/content/coachcert>.

USMS will be offering Level 3 certification at the start of convention at an off-site location:

Wednesday, September 17th

Level 3 Certification 9:00am – 3:00pm

Courtyard Marriott Jacksonville - Butler Blvd.
4670 Lenoir Ave South,
Jacksonville, FL 32216

Online registration only. Registration closes at midnight pacific time on September 16, 2014 or when the course enrollment fills - Level 3 (25).

Fees: \$225 for Level 3 Course (recognized coaches receive a \$10 discount).

Registration: <https://www.clubassistant.com/club/clinics/reserve.cfm?c=1758&cid=60591>

For more information contact Marianne Groenings mgroenings@usms.org

Announcements

RISK MANAGEMENT WORKSHOP

Friday 9:30am – 10:30am – City Terrace 8

Anna Lea Matysek, USMS Membership Director presents an overview of the USMS insurance coverage and answer any questions you may have.

LMSC WORKSHOPS

Adult Learn to Swim Program: A New Paradigm of Volunteerism – Bill Meier

Friday 9:30am – 10:30am – City Terrace 10

In this workshop, New England LMSC Chair Bill Meier will share how the New England LMSC organized the April Adult Learn-to-Swim initiative, to attract more than 100 brand new volunteers, who gave of their time to teach other adults to learn-to-swim. Bill will share the planning process including when they started planning, how they communicated with clubs/workout groups, and what training was provided to volunteers

Managing a Budget – Tom Boak & Harry Greenfield

Friday 1:00pm – 2:15pm - City Terrace 10

This workshop chaired by Tom Boak and Harry Greenfield will focus on the steps of creating a budget for an LMSC, the qualities of an effective budget, how to get started, estimating the dates and the amounts of revenue generated, then presenting the budget. This would be a good workshop for Treasurers and LMSC Chairs.

Bring Your Own Bylaws and Major Governing Documents (BYOB and MGD) – Hugh Moore & Paige Buehler

Friday 1:00pm – 2:15pm - City Terrace 8

As the title requests, participants are asked to bring their LMSC bylaws and any policies or other governing documents to participate in a peer review to find weaknesses, elements worth sharing and creative approaches to structure and process.

Peer-To-Peer Live – Dan Cox

Saturday 10:30 – 11:30am – Conference Center A

Everything you ever wanted to know about your LMSC but were afraid to ask! Here's your chance to ask someone who holds a similar position as you to find out how they would handle an issue or problem. Ho to do it...? With Brainwriting! Learn a technique similar to brainstorming and trigger sessions, the difference being instead of verbally "brainstorming", participants record ideas individually in writing. This small breakout group format will give participants the opportunity to pose at least one question or problem faced within their LMSC. At the end of the session, all the responses will go back to the original owner to be read, reviewed and discussed.

SPORTS MEDICINE PRESENTATION – NUTRITION FOR ATHLETES

Thursday 5:30pm – 6:30pm – Conference Center A

A panel presentation with Alicia Kendig, Sport Dietitian with the US Olympic Committee and Dr Jim Miller. Committee member and sports nutritionist Sally Berry will introduce and moderate the panel.

OPEN WATER WORKSHOP – OPEN WATER ESSENTIALS FOR SWIMMERS

Friday 1:00pm – 2:15pm – Conference Center A

Personal Safety, Starting and Finishing, Navigation, Escorted Swim Planning, Feeding